

### Occupational Therapist Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of occupational therapists (OTs) in Texas. In 2020, there were 9,470 actively licensed OTs in Texas.

- This number represented a 14.0% increase since 2015 and a 46.9% increase since 2010.
- Relative to population growth, the size of the OT workforce has improved by 20.4% over the past 10 years.

Despite these improvements, Texas had fewer OTs per capita than the national average.

Figure 1. Total OTs

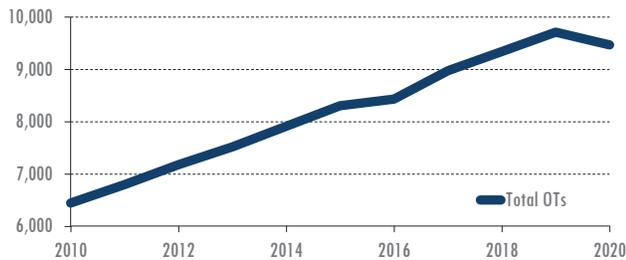
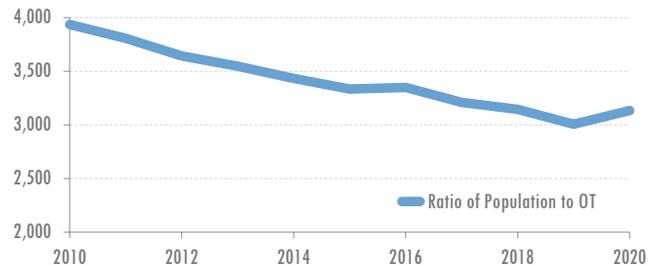


Figure 2. Ratio of Population to OT



### Geographic Distribution of Occupational Therapists

Figure 3. Ratio of Texas Population to OT by County

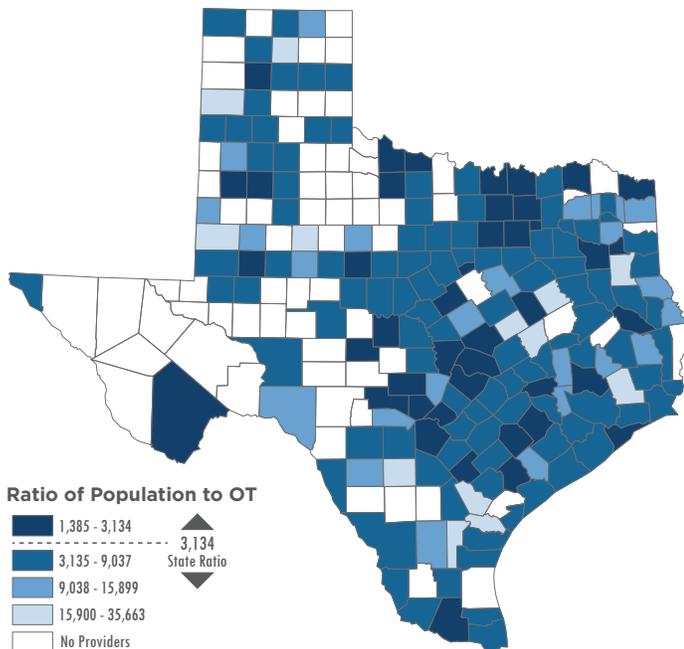


Table 1. Ratio of Texas Population to OT by Geographic Designation

Geographic Designation	Ratio of Population to OT
Metropolitan	2,977
Non-metropolitan	5,680
Border	3,712
Non-border	3,083
Texas	3,134

OTs were not evenly distributed throughout the state.

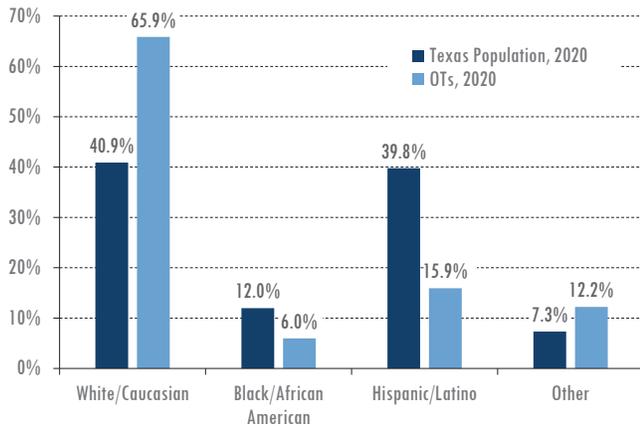
- Per capita, metropolitan counties had 1.9 times as many OTs as non-metropolitan counties.
- Per capita, non-border counties had 1.2 times as many OTs as border counties.

# Demographics of Occupational Therapists

## Race/Ethnicity of OTs

Black/African American and Hispanic/Latino OTs were underrepresented when compared to the Texas population.<sup>1</sup>

**Figure 4. Race/Ethnicity of Texas Population and OTs**

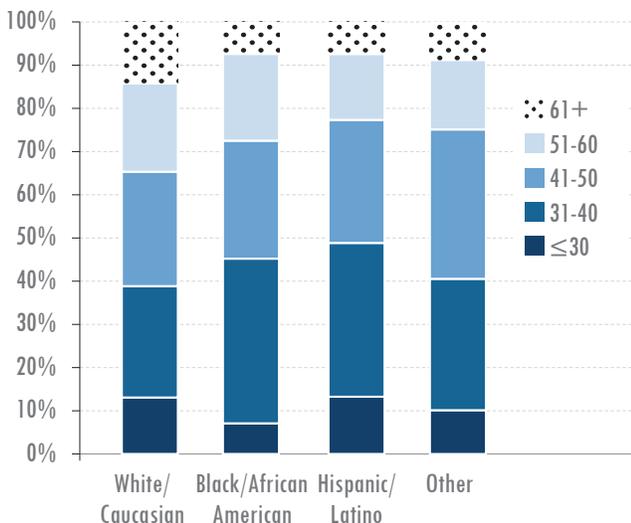


<sup>1</sup> Race/ethnicity data were available for 9,432 of 9,470 OTs.

## Age Distribution of OTs by Race/Ethnicity

- 14.3% of white/Caucasian OTs were 61 years of age or over, while 38.8% were aged 40 years or under.
- 27.3% of black/African American OTs were between 41 and 50 years of age, and 45.2% were aged 40 years or under.
- 22.7% of Hispanic/Latino OTs were 51 years of age or over, and 48.8% were aged 40 years or under.

**Figure 5. Age Distribution of OTs by Race/Ethnicity**



## Gender of OTs

- In 2020, 88.0% of OTs were female and 12.0% were male.<sup>2</sup>
- Among OTs aged 40 years or under, 89.8% were female and 10.2% were male.

## Age Distribution of OTs by Gender

Within 10 years, 20.4% of the current Texas OT workforce will be over the age of 65.<sup>3</sup>

- 5.2% of active OTs in Texas were over 65 years of age in 2020.
- Among OTs over 55 years of age, males comprised 12.2% of the OT workforce.

**Table 2. Age Distribution of OTs by Gender**

Age Group	Female	Male	Total
≤30	1,090	74	1,164
31-35	1,308	168	1,476
36-40	1,071	153	1,224
41-45	1,138	177	1,315
46-50	1,137	176	1,313
51-55	876	153	1,029
56-60	673	105	778
61-65	573	83	656
>65	448	48	496
<b>Total</b>	<b>8,314</b>	<b>1,137</b>	<b>9,451</b>

<sup>2</sup> Gender data were available for 9,451 of 9,470 OTs.

<sup>3</sup> The earliest retirement age for social security is 62.

