

### Physical Therapist Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of physical therapists (PTs) in Texas. In 2020, there were 16,561 actively licensed PTs in Texas.

- This number represented a 19.0% increase since 2015 and a 57.7% increase since 2010.
- Relative to population growth, the size of the PT workforce has improved by 25.8% over the past 10 years.

Despite these improvements, Texas continues to have fewer PTs per capita than the national average.

Figure 1. Total PTs

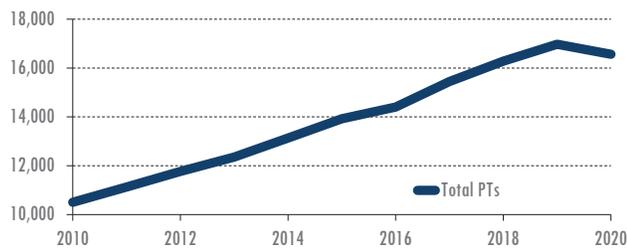
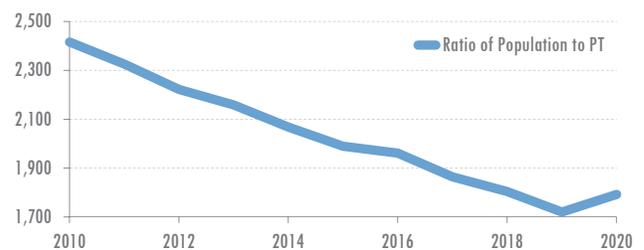


Figure 2. Ratio of Population to PT



### Geographic Distribution of Physical Therapists

Figure 3. Ratio of Texas Population to PT by County

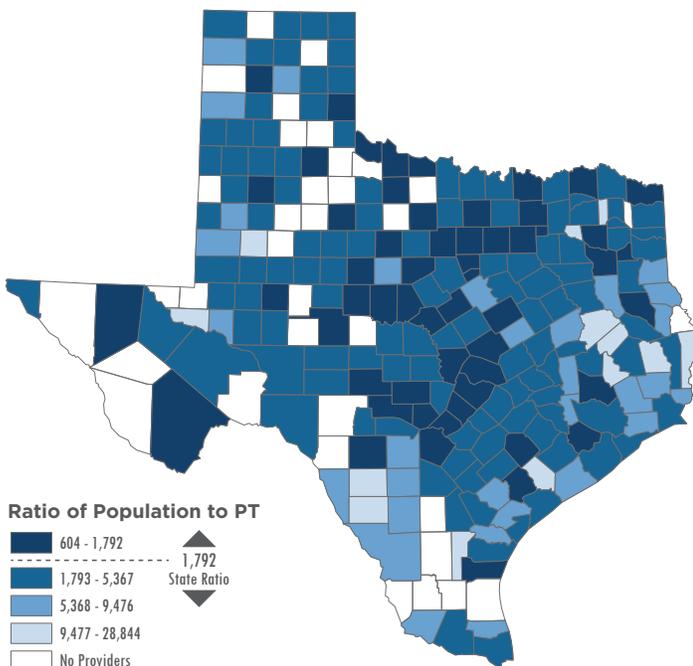


Table 1. Ratio of Texas Population to PT by Geographic Designation

Geographic Designation	Ratio of Population to PT
Metropolitan	1,718
Non-metropolitan	2,832
Border	3,127
Non-border	1,715
Texas	1,792

PTs were not evenly distributed throughout the state.

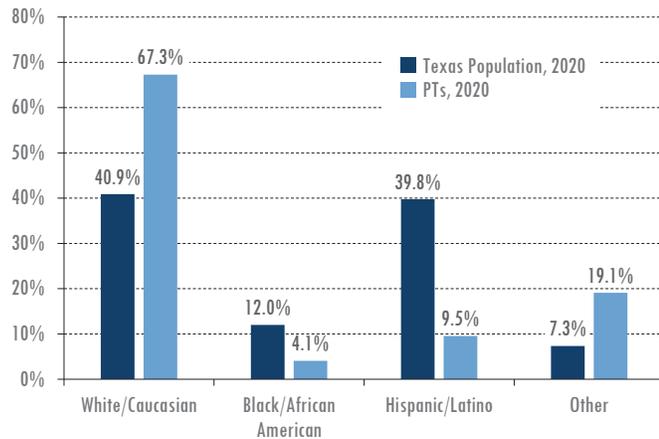
- Per capita, metropolitan counties had 1.6 times as many PTs as non-metropolitan counties.
- Per capita, non-border counties had 1.8 times as many PTs as border counties.

# Demographics of Physical Therapists

## Race/Ethnicity of PTs

Black/African American and Hispanic/Latino PTs were underrepresented when compared to the Texas population.<sup>1</sup>

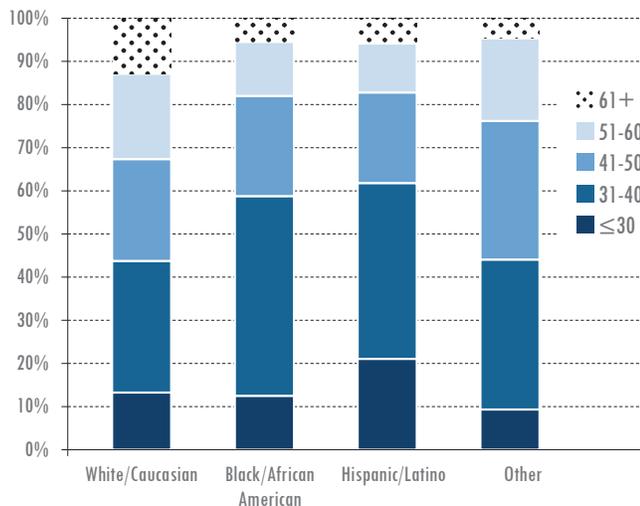
Figure 4. Race/Ethnicity of Texas Population and PTs



## Age Distribution of PTs by Race/Ethnicity

- 12.9% of white/Caucasian PTs were 61 years of age or over, while 43.7% were aged 40 years or under.
- 23.2% of black/African American PTs were between 41 and 50 years of age, and 58.8% were aged 40 years or under.
- 17.2% of Hispanic/Latino PTs were 51 years of age or over, and 61.8% were aged 40 years or under.

Figure 5. Age Distribution of PTs by Race/Ethnicity



## Gender of PTs

- In 2020, 68.5% of PTs were female and 31.5% were male.<sup>2</sup>
- Among PTs aged 40 years or under, 69.3% were female and 30.7% were male.

## Age Distribution of PTs by Gender

Within 10 years, 18.3% of the current Texas PT workforce will be over the age of 65.<sup>3</sup>

- 4.5% of active PTs in Texas were over 65 years of age in 2020.
- Among PTs over 55 years of age, males comprised 29.4% of the PT workforce.

Table 2. Age Distribution of PTs by Gender

Age Group	Female	Male	Total
≤30	1,545	631	2,176
31-35	1,988	990	2,978
36-40	1,751	718	2,469
41-45	1,522	742	2,264
46-50	1,206	658	1,864
51-55	1,186	576	1,762
56-60	934	381	1,315
61-65	694	276	970
>65	511	232	743
<b>Total</b>	<b>11,337</b>	<b>5,204</b>	<b>16,541</b>

<sup>1</sup> Race/ethnicity data were available for 16,560 of 16,561 PTs.

<sup>2</sup> Gender data were available for 16,541 of 16,561 PTs.

<sup>3</sup> The earliest retirement age for social security is 62.

