

Psychiatrist Growth Trends

This fact sheet is an overview of the trends, distribution, and demographics of psychiatrists in Texas. In 2020, there were 2,361 actively licensed psychiatrists in Texas.

- This number represented a 15.1% increase since 2010 and a 40.0% increase since 2010.
- Relative to population growth, the size of the psychiatrist workforce has improved by 16.4% over the past 10 years.

Despite these improvements, Texas still had fewer psychiatrists per capita than the national average, and the majority of the state was federally designated as a health professional shortage area for mental health.

Figure 1. Total Psychiatrists

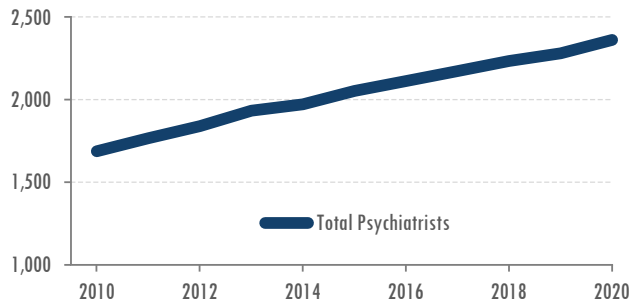
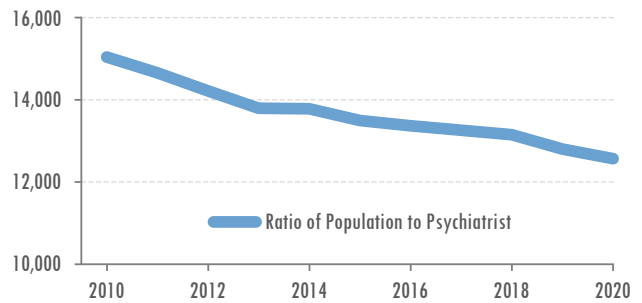


Figure 2. Ratio of Population to Psychiatrist



Geographic Distribution of Psychiatrists

Figure 3. Ratio of Texas Population to Psychiatrist by County

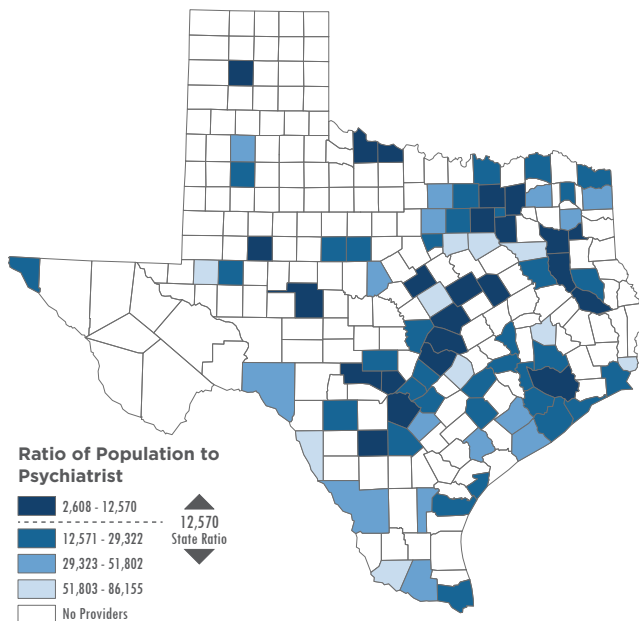


Table 1. Ratio of Texas Population to Psychiatrist by Geographic Designation

Geographic Designation	Ratio of Population to Psychiatrist
Metropolitan	11,716
Non-metropolitan	33,171
Border	27,302
Non-border	11,891
Texas	12,570

Psychiatrists were not evenly distributed throughout the state.

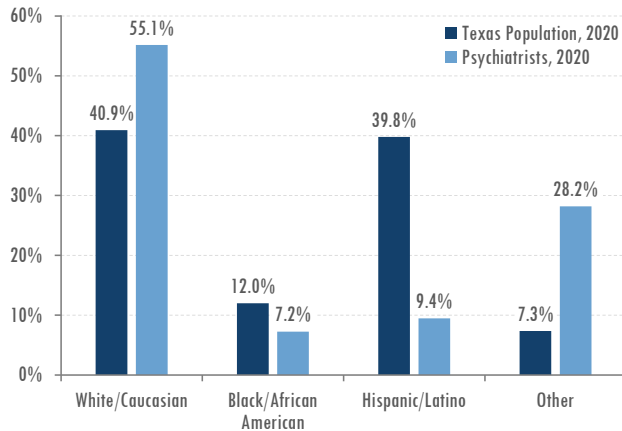
- Per capita, metropolitan counties had 2.8 times as many psychiatrists as non-metropolitan counties.
- Per capita, non-border counties had 2.3 times as many psychiatrists as border counties.

Demographics of Psychiatrists

Race/Ethnicity of Psychiatrists

Black/African American and Hispanic/Latino psychiatrists were underrepresented when compared to the Texas population.

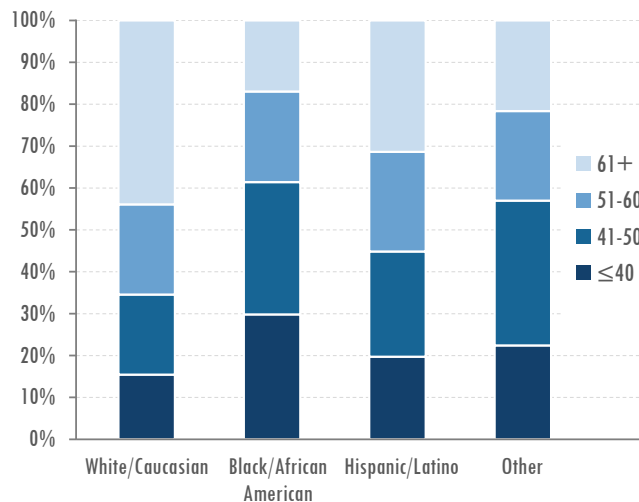
Figure 4. Race/Ethnicity of Texas Population and Psychiatrists



Age Distribution of Psychiatrists by Race/Ethnicity

- 43.9% of white/Caucasian psychiatrists were 61 years of age or over, while 15.4% were aged 40 years or under.
- 31.6% of black/African American psychiatrists were between 41 and 50 years of age, and 29.8% were aged 40 years or under.
- 31.4% of Hispanic/Latino psychiatrists were 61 years of age or over, while 19.7% were aged 40 years or under.

Figure 5. Age Distribution of Psychiatrists by Race/Ethnicity



Gender of Psychiatrists

- In 2020, 44.6% of psychiatrists were female and 55.4% were male.¹
- In 2010, 37.5% were female and 62.5% were male.
- Among psychiatrists aged 40 years or under in 2020, 56.9% were female and 43.1% were male.

Age Distribution of Psychiatrists by Gender

Within 10 years, 45.9% of the current Texas psychiatrist workforce will be over 65 years of age.²

- 24.2% of active psychiatrists in Texas were over 65 years of age in 2020.
- 21.8% were between the ages of 56 and 65.
- Among psychiatrists over 55 years of age, males comprised 66.1% of the psychiatrist workforce.

Table 2. Age Distribution of Psychiatrists by Gender

Age Group	Female	Male	Total
≤30	7	2	9
31-35	81	60	141
36-40	165	130	295
41-45	177	143	320
46-50	145	124	269
51-55	109	133	242
56-60	127	142	269
61-65	89	156	245
>65	152	418	570
Total	1,052	1,308	2,360

¹ Gender data were available for 2,360 of 2,361 psychiatrists.

² The earliest retirement age for social security is 62.



Education and Employment Characteristics of Psychiatrists

Training of Psychiatrists

Figure 6. Country of Medical School of Psychiatrists

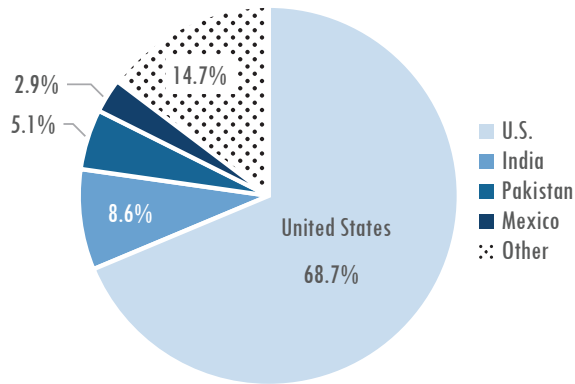


Figure 7. State of Medical School of Psychiatrists³

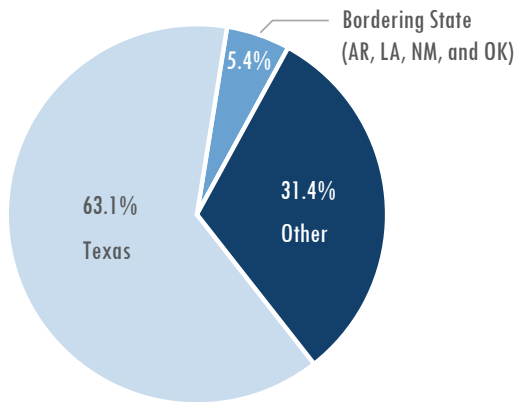
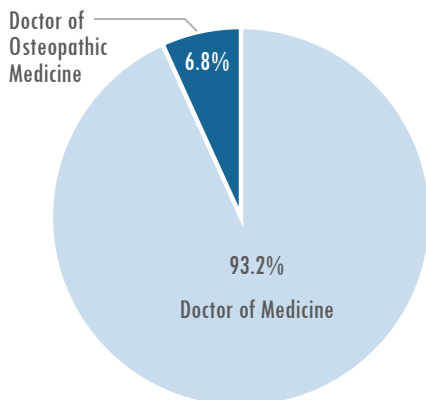


Figure 8. Degree Type of Psychiatrists

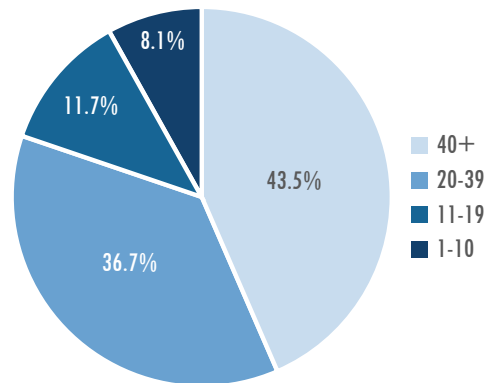


Practice Characteristics of Psychiatrists

Table 3. Primary Practice Setting of Psychiatrists

Setting	Number of Psychiatrists
Solo	932
Hospital Based	496
Direct Medical Care	343
Partnership or Group	243
Medical School Faculty	78
Health Maintenance Organization	5
Research	1
Other	248
Total	2,346⁴

Figure 9. Primary Practice Hours of Psychiatrists⁵



³ Among psychiatrists indicating attendance at a medical school in the United States.

⁴ Primary practice setting data were available for 2,346 of 2,361 psychiatrists.

⁵ Primary practice hours data were available for 2,270 of 2,361 psychiatrists.

