In 2021, nearly 22% of Texas high school students seriously considered attempting suicide in the previous 12 months, presenting a significant increase over the past decade.

In 2020, lead health education teachers in 70% of Texas secondary schools received recent professional development on suicide prevention. This was higher than the national percentage of 63%.

In 2020, 77% of Texas secondary schools taught suicide prevention in a required course. This was lower than the national percentage of 82%.

In 2021, nearly 1 in 3 Texas high school students reported that their mental health was not good most of the time or always in the 30 days before the 2021 survey.

In 2021, 15% of female Texas high school students attempted suicide in the prior 12 months, compared to 9% of their male peers.

Source: Texas Youth Health Risk Behavior Surveillance System and Texas School Health Profiles
For more information about the Texas Youth Risk Behavior Survey, visit: dshs.texas.gov/chs/yrbs/default.shtm
For more information about the Texas School Health Profiles, visit: dshs.texas.gov/chs/tshp/default.aspx

Please call or text the Suicide & Crisis Lifeline at 988 or chat 988lifeline.org if you or someone you know is struggling with suicidal thoughts or is in crisis.