In 2021, the Texas Youth Risk Behavior Survey asked two questions related to the coronavirus disease (COVID-19) pandemic. High school students reported their experiences during the pandemic, including both experiences that occurred in the past or at the time the student took the survey.

In 2021, 3 in 10 Texas high school students reported that their parent or other adult in their home lost their job during the COVID-19 pandemic.

Overall, 1 in 3 Texas high school students reported that their mental health was not good most of the time or always during the COVID-19 pandemic.

Of those students who reported such a job loss, 41% reported their mental health was not good most of the time or always, compared to 29% of students who did not report a job loss.

Female students were twice as likely to report that their mental health was not good most of the time or always during the COVID-19 pandemic compared to males (44% and 22%, respectively).

Source: Texas Youth Health Risk Behavior Surveillance System
For more information about the Texas Youth Risk Behavior Survey, visit: dshs.texas.gov/chs/yrbs/default.shtm

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