

TEXAS
2022 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	26.3	19.6 - 34.3	119	35.6	28.6 - 43.3	170	22.2	13.5 - 34.2	36	30.4	25.8 - 35.4	325
b. 1 course	51.7	41.9 - 61.3	119	42.7	36.3 - 49.3	170	58.5	45.2 - 70.6	36	48.0	42.8 - 53.2	325
c. 2 courses	13.3	8.3 - 20.6	119	14.2	10.2 - 19.3	170	11.0	4.3 - 25.4	36	13.5	10.4 - 17.3	325
d. 3 courses	1.8	0.5 - 6.5	119	5.2	3.0 - 8.8	170	0.0	†	36	3.3	2.0 - 5.4	325
e. 4 or more courses	7.0	3.6 - 13.2	119	2.4	0.9 - 5.9	170	8.3	2.7 - 22.6	36	4.9	3.0 - 7.8	325

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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1N. Percentage of schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
22.1	15.6 - 30.3	119	21.7	16.5 - 28.0	170	19.3	9.3 - 35.9	36	21.6	17.6 - 26.2	325

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Grade 6	§	§	§	31.6	24.1 - 40.1	128	33.2	16.3 - 55.8	21	31.8	24.8 - 39.7	149
b. Grade 7	§	§	§	31.5	24.7 - 39.1	143	30.7	15.7 - 51.3	26	31.3	25.0 - 38.4	169
c. Grade 8	§	§	§	42.4	34.3 - 51.0	143	44.4	31.4 - 58.3	27	42.8	35.6 - 50.3	170
d. Grade 9	54.2	45.4 - 62.7	89	-	-	3	39.4	22.4 - 59.4	23	50.9	43.1 - 58.7	115
e. Grade 10	51.3	41.9 - 60.7	96	§	§	§	18.7	7.4 - 39.6	22	45.6	37.5 - 53.9	118
f. Grade 11	50.3	40.8 - 59.8	94	§	§	§	18.7	7.4 - 39.6	22	44.6	36.5 - 53.1	116
g. Grade 12	49.8	40.1 - 59.5	95	§	§	§	19.6	7.8 - 41.3	21	44.6	36.2 - 53.3	116

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Goals, objectives, and expected outcomes for health education	92.5	85.5 - 96.3	94	92.3	86.3 - 95.7	128	92.6	75.1 - 98.1	27	92.4	88.5 - 95.0	249
b. A chart describing the annual scope and sequence of instruction for health education	81.1	72.4 - 87.5	94	78.9	70.8 - 85.2	128	85.2	65.6 - 94.6	27	80.5	75.1 - 84.9	249
c. Plans for how to assess student performance in health education	82.1	74.0 - 88.1	94	78.3	70.8 - 84.3	128	85.2	66.5 - 94.4	27	80.6	75.6 - 84.8	249
d. A written health education curriculum	82.3	74.3 - 88.1	94	78.5	71.0 - 84.5	128	88.9	70.4 - 96.4	27	81.2	76.3 - 85.3	249
e. Written instructional competencies for health education teachers (i.e., the essential knowledge and skills teachers need to be effective educators)	87.6	79.7 - 92.7	94	85.4	78.3 - 90.5	128	88.9	71.3 - 96.3	27	86.7	82.0 - 90.3	249

*Among schools that teach health education. Respondents that answered "NA" are excluded.
N = Unweighted number of observations

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4. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	80.9	73.2 - 86.7	111	72.1	65.7 - 77.8	181	86.7	75.0 - 93.4	30	76.8	72.3 - 80.7	322
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	81.4	73.7 - 87.2	110	71.2	64.3 - 77.2	181	83.4	69.5 - 91.7	30	76.1	71.5 - 80.2	321
c. Accessing valid information and products and services to enhance health	81.4	73.7 - 87.2	110	63.5	56.4 - 70.0	181	76.7	63.7 - 86.1	30	71.4	66.6 - 75.7	321
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	83.1	75.2 - 88.8	110	71.1	64.0 - 77.2	181	80.0	69.3 - 87.7	30	76.4	71.6 - 80.5	321
e. Using decision-making skills to enhance health	84.0	76.4 - 89.6	110	74.4	67.7 - 80.0	180	80.0	69.3 - 87.7	30	78.5	74.0 - 82.4	320
f. Using goal-setting skills to enhance health	83.1	75.2 - 88.8	110	71.6	64.8 - 77.6	181	80.0	69.3 - 87.7	30	76.7	72.0 - 80.7	321
g. Practicing health-enhancing behaviors to avoid or reduce risks	83.1	75.2 - 88.8	110	73.4	66.9 - 79.1	181	83.4	75.6 - 89.0	30	77.9	73.5 - 81.8	321
h. Advocating for personal, family, and community health	80.5	73.3 - 86.2	110	71.8	65.1 - 77.7	181	80.0	64.5 - 89.9	30	75.8	71.3 - 79.9	321

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5. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	73.4	63.1 - 81.7	78	78.7	71.2 - 84.7	112	-	-	18	77.5	71.8 - 82.3	208
b. A written health education curriculum that includes objectives and content addressing sexual health education	75.8	66.8 - 82.9	78	77.9	70.5 - 83.9	112	-	-	18	77.5	72.2 - 82.1	208
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	64.0	53.7 - 73.1	78	71.0	63.0 - 77.8	112	-	-	18	66.8	60.8 - 72.3	208
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	73.4	62.9 - 81.9	78	73.7	65.4 - 80.6	112	-	-	18	73.9	67.9 - 79.2	208
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	73.4	63.3 - 81.6	78	78.5	70.1 - 85.0	112	-	-	18	76.9	70.9 - 81.9	208
f. Methods to assess student knowledge and skills related to sexual health education	69.5	59.8 - 77.7	78	73.1	64.7 - 80.2	112	-	-	18	72.1	66.1 - 77.3	208

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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6. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
76.4	67.9 - 83.2	112	71.4	63.6 - 78.1	167	80.7	71.2 - 87.6	31	74.3	69.2 - 78.8	310

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	88.4	81.4 - 92.9	118	80.0	73.7 - 85.0	173	90.3	74.0 - 96.9	31	84.3	80.2 - 87.7	322
b. Asthma	57.7	48.9 - 65.9	119	47.1	39.7 - 54.7	181	63.2	48.7 - 75.7	33	52.8	47.5 - 58.1	333
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	80.4	73.8 - 85.6	119	66.0	58.6 - 72.7	182	81.9	67.7 - 90.7	33	73.1	68.4 - 77.3	334
d. Epilepsy or seizure disorder	55.3	46.7 - 63.7	119	38.3	31.9 - 45.2	181	66.8	53.6 - 77.8	33	47.7	42.8 - 52.7	333
e. Food allergies	69.9	62.0 - 76.8	119	51.3	43.8 - 58.7	181	81.9	72.2 - 88.7	33	61.5	56.5 - 66.3	333
f. Foodborne illness prevention	70.2	62.7 - 76.7	119	46.4	39.5 - 53.4	181	77.7	61.6 - 88.3	32	58.6	53.8 - 63.2	332
g. Human immunodeficiency virus (HIV) prevention	73.1	64.8 - 80.0	114	54.0	46.9 - 61.0	164	73.5	54.1 - 86.7	30	63.5	58.4 - 68.3	308
h. Human sexuality	63.7	54.9 - 71.7	114	49.1	41.8 - 56.5	166	66.9	53.6 - 77.9	30	56.6	51.4 - 61.7	310
i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)	83.6	77.1 - 88.6	119	72.0	65.1 - 78.0	182	90.6	74.8 - 96.9	32	78.3	73.9 - 82.2	333
j. Injury prevention and safety	81.2	73.8 - 86.8	119	72.7	65.8 - 78.7	182	87.5	70.8 - 95.3	32	77.4	72.8 - 81.5	333
k. Mental and emotional health	92.1	85.9 - 95.8	112	85.2	78.6 - 90.0	161	96.6	80.5 - 99.5	29	89.1	85.1 - 92.1	302
l. Nutrition and dietary behavior	89.1	82.1 - 93.6	108	84.7	77.8 - 89.7	152	89.7	72.2 - 96.7	29	87.0	82.6 - 90.4	289

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7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
m. Physical activity and fitness	95.6	90.1 - 98.1	112	94.9	90.7 - 97.3	169	96.9	82.1 - 99.5	32	95.4	92.6 - 97.1	313
n. Pregnancy prevention	67.4	59.0 - 74.8	113	48.5	41.8 - 55.2	164	76.8	57.3 - 89.1	30	58.7	53.8 - 63.5	307
o. Sexually transmitted disease (STD) prevention	72.4	64.0 - 79.4	114	55.5	48.2 - 62.6	165	73.5	53.3 - 87.1	30	64.0	58.8 - 68.9	309
p. Sleep health (e.g., how much sleep students need, good sleeping habits)	71.2	64.0 - 77.4	119	63.0	55.7 - 69.7	181	75.0	58.2 - 86.7	32	67.3	62.5 - 71.8	332
q. Suicide prevention	84.4	77.2 - 89.6	120	71.0	63.7 - 77.3	181	84.4	71.5 - 92.1	32	77.5	72.8 - 81.6	333
r. Tobacco-use prevention or cessation	85.9	78.6 - 91.0	117	79.8	73.2 - 85.1	166	87.5	70.8 - 95.3	32	83.0	78.6 - 86.7	315
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)	92.3	86.2 - 95.9	115	87.8	81.8 - 92.1	165	93.6	78.2 - 98.4	31	90.2	86.5 - 93.0	311

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Identifying tobacco products and the harmful substances they contain	75.5	67.0 - 82.4	118	67.2	59.6 - 73.9	170	84.4	67.5 - 93.4	32	72.2	67.1 - 76.9	320
b. Identifying short- and long-term health consequences of tobacco product use	77.7	69.4 - 84.3	117	67.7	60.0 - 74.5	171	84.4	67.5 - 93.4	32	73.3	68.1 - 77.9	320
c. Identifying social, economic, and cosmetic consequences of tobacco product use	70.8	61.8 - 78.4	116	60.0	52.4 - 67.1	172	75.1	59.0 - 86.4	32	65.7	60.4 - 70.7	320
d. Understanding the addictive nature of nicotine	76.1	68.0 - 82.7	117	62.4	55.2 - 69.1	172	75.1	59.0 - 86.4	32	69.1	64.1 - 73.6	321
e. Effects of nicotine on the adolescent brain	71.5	62.7 - 79.0	116	59.4	52.3 - 66.0	172	75.1	59.0 - 86.4	32	65.7	60.6 - 70.5	320
f. Effects of tobacco product use on athletic performance	64.5	55.5 - 72.6	116	61.8	54.6 - 68.6	172	81.3	67.6 - 90.1	32	64.8	59.6 - 69.7	320
g. Effects of second-hand smoke and benefits of a smoke-free environment	73.4	64.9 - 80.5	116	63.1	55.6 - 70.1	171	68.9	51.1 - 82.4	32	67.7	62.5 - 72.6	319
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	72.7	64.0 - 80.0	117	63.9	56.3 - 70.9	171	75.1	56.1 - 87.7	32	68.5	63.1 - 73.4	320
i. Identifying reasons why students do and do not use tobacco products	72.6	63.9 - 79.8	116	62.7	55.2 - 69.7	171	77.5	62.1 - 87.8	31	68.1	62.9 - 72.9	318
j. Making accurate assessments of how many peers use tobacco products	64.1	55.6 - 71.9	117	48.0	40.9 - 55.2	173	67.8	55.5 - 78.0	31	56.3	51.2 - 61.2	321

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8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	73.5	65.3 - 80.4	116	62.5	55.0 - 69.5	172	71.0	56.7 - 82.1	31	67.7	62.6 - 72.4	319
l. Using goal-setting and decision-making skills related to not using tobacco products	69.9	61.1 - 77.3	115	60.3	52.4 - 67.6	171	64.6	51.0 - 76.2	31	64.4	59.1 - 69.4	317
m. Finding valid information and services related to tobacco-use prevention and cessation	68.4	59.7 - 75.9	116	58.9	51.0 - 66.4	170	64.2	54.0 - 73.2	31	63.2	57.8 - 68.2	317
n. Supporting others who abstain from or want to quit using tobacco products	71.7	62.9 - 79.1	116	55.7	48.0 - 63.1	171	64.1	50.2 - 75.9	31	62.8	57.5 - 67.8	318
o. Identifying harmful effects of tobacco product use on fetal development	72.6	64.3 - 79.6	116	51.9	44.1 - 59.6	172	77.5	62.1 - 87.9	31	62.5	57.2 - 67.5	319
p. Relationship between using tobacco products and alcohol or other drugs	75.1	66.8 - 82.0	116	60.1	52.4 - 67.3	173	80.8	62.6 - 91.3	31	68.0	62.8 - 72.8	320
q. How addiction to tobacco products can be treated	72.4	63.5 - 79.7	116	56.5	48.7 - 63.9	174	69.1	53.8 - 81.2	29	63.9	58.5 - 68.9	319
r. Understanding school policies and community laws related to the sale and use of tobacco products	71.1	62.2 - 78.7	117	61.4	53.7 - 68.6	170	77.5	58.7 - 89.3	31	66.9	61.4 - 71.9	318
s. Benefits of tobacco product cessation programs	58.0	48.5 - 66.9	117	46.1	38.9 - 53.4	174	57.7	44.6 - 69.8	31	51.9	46.5 - 57.2	322

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8N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
47.6	38.6 - 56.7	117	36.9	30.2 - 44.1	174	49.7	34.1 - 65.4	30	42.3	37.1 - 47.7	321

*Responses to question 8 a through s all are "yes."
 N = Unweighted number of observations

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9. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Cigarettes	72.4	64.0 - 79.5	120	68.0	60.7 - 74.5	180	78.2	63.2 - 88.2	32	70.7	65.7 - 75.3	332
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	74.2	66.1 - 81.0	120	65.6	58.2 - 72.4	180	68.9	53.6 - 80.9	32	69.3	64.2 - 73.9	332
c. Cigars, little cigars, or cigarillos	63.4	54.4 - 71.6	120	54.9	48.3 - 61.3	178	72.0	54.9 - 84.4	32	59.9	54.8 - 64.8	330
d. Pipes	60.2	50.9 - 68.9	120	52.4	45.6 - 59.1	179	65.8	49.7 - 79.0	32	56.8	51.5 - 61.9	331
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	74.2	66.2 - 80.9	120	71.3	64.2 - 77.4	180	81.3	67.6 - 90.1	32	73.4	68.6 - 77.7	332

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10. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	71.3	63.2 - 78.2	118	59.4	51.9 - 66.4	175	62.6	43.7 - 78.4	32	64.3	59.1 - 69.2	325
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	75.3	67.2 - 81.9	117	66.3	58.6 - 73.3	175	75.0	59.0 - 86.3	32	70.7	65.5 - 75.4	324
c. Situations that lead to the use of alcohol and other drugs	75.5	67.2 - 82.3	118	65.3	57.7 - 72.1	178	83.9	66.5 - 93.2	31	71.0	65.9 - 75.7	327
d. Alcohol and other drug use as an unhealthy way to manage weight	65.3	56.9 - 72.8	118	50.2	42.8 - 57.5	176	68.8	53.6 - 80.8	32	57.9	52.8 - 62.9	326
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	75.0	66.5 - 82.0	117	64.0	56.4 - 70.9	177	81.3	63.6 - 91.5	32	70.0	64.8 - 74.7	326
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	72.9	64.1 - 80.2	118	64.5	56.7 - 71.6	174	71.9	55.0 - 84.3	32	68.5	63.2 - 73.4	324
g. Supporting others who abstain from or want to quit using alcohol and other drugs	71.6	63.1 - 78.8	117	60.0	52.1 - 67.4	174	68.8	53.6 - 80.8	32	65.4	60.1 - 70.4	323
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	76.9	68.7 - 83.4	117	65.2	57.4 - 72.3	175	78.2	63.2 - 88.2	32	71.0	65.9 - 75.7	324
i. How to persuade and support others to be alcohol and other drug free	73.8	65.5 - 80.7	118	61.1	53.0 - 68.7	175	71.9	57.9 - 82.7	32	67.1	61.8 - 72.1	325

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	57.0	49.4 - 64.3	128	-	-	18	56.8	49.5 - 63.9	146
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	54.5	46.9 - 61.9	127	-	-	18	54.7	47.3 - 61.8	145
c. The benefits of being sexually abstinent	§	§	§	57.3	49.7 - 64.6	125	-	-	17	57.5	50.2 - 64.5	142
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	47.5	39.7 - 55.5	130	-	-	18	48.6	41.1 - 56.1	148
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	55.8	48.2 - 63.1	124	-	-	18	55.0	47.6 - 62.2	142
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	50.5	42.7 - 58.3	127	-	-	18	50.4	42.9 - 57.9	145
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	51.1	43.1 - 59.0	127	-	-	18	51.7	44.2 - 59.2	145
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	47.9	40.3 - 55.6	127	-	-	18	49.6	42.4 - 57.0	145
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	33.5	26.7 - 41.1	130	-	-	18	32.8	26.4 - 39.9	148

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. The importance of using condoms consistently and correctly	§	§	§	34.4	27.6 - 41.9	130	-	-	18	33.5	27.1 - 40.7	148
k. How to obtain condoms	§	§	§	24.8	19.2 - 31.5	131	-	-	18	25.2	19.7 - 31.8	149
l. How to correctly use a condom	§	§	§	23.5	17.8 - 30.3	128	-	-	18	23.3	17.8 - 29.9	146
m. Methods of contraception other than condoms	§	§	§	32.4	25.9 - 39.6	129	-	-	18	31.8	25.5 - 38.7	147
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	30.9	24.4 - 38.3	131	-	-	18	30.6	24.3 - 37.6	149
o. How to create and sustain healthy and respectful relationships	§	§	§	58.9	50.9 - 66.4	122	-	-	17	59.6	52.1 - 66.7	139
p. The importance of limiting the number of sexual partners	§	§	§	43.7	36.4 - 51.3	130	-	-	18	44.6	37.6 - 51.8	148
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	43.7	36.3 - 51.4	127	-	-	18	46.0	38.8 - 53.3	145
r. How to communicate sexual consent between partners	§	§	§	39.9	32.9 - 47.3	129	-	-	18	40.5	33.8 - 47.6	147
s. Recognizing and responding to sexual victimization and violence	§	§	§	48.4	40.8 - 56.0	124	-	-	18	47.9	40.5 - 55.3	142

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
t. Diversity of sexual orientations and gender identities	§	§	§	34.0	27.2 - 41.6	129	-	-	18	33.2	26.9 - 40.3	147
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	39.4	32.4 - 46.9	126	-	-	18	40.1	33.3 - 47.2	144
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	50.5	43.5 - 57.5	125	-	-	18	51.2	44.4 - 58.0	143

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. How HIV and other STDs are transmitted	70.3	59.7 - 79.0	75	-	-	3	-	-	14	67.4	58.1 - 75.5	92
b. Health consequences of HIV, other STDs, and pregnancy	71.2	60.7 - 79.7	74	-	-	3	-	-	14	68.1	58.9 - 76.1	91
c. The benefits of being sexually abstinent	70.8	59.9 - 79.7	73	-	-	3	-	-	14	67.7	58.3 - 76.0	90
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	69.7	60.0 - 78.0	74	-	-	3	-	-	14	66.9	58.2 - 74.6	91
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	70.4	59.5 - 79.3	72	-	-	3	-	-	14	67.4	57.9 - 75.6	89
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	67.8	57.2 - 76.9	75	-	-	3	-	-	14	65.4	56.0 - 73.6	92
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	66.0	54.8 - 75.7	74	-	-	3	-	-	14	63.8	54.0 - 72.6	91
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	68.4	57.9 - 77.3	73	-	-	3	-	-	14	65.8	56.6 - 74.0	90
i. Efficacy of condoms, that is, how well condoms work and do not work	56.3	45.4 - 66.5	74	-	-	3	-	-	14	55.8	46.2 - 65.0	91

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. The importance of using condoms consistently and correctly	54.3	43.8 - 64.4	73	-	-	3	-	-	14	53.1	43.8 - 62.2	90
k. How to obtain condoms	42.1	32.4 - 52.4	73	-	-	3	-	-	14	42.0	33.3 - 51.2	90
l. How to correctly use a condom	37.7	28.0 - 48.4	73	-	-	3	-	-	14	37.4	28.6 - 47.1	90
m. Methods of contraception other than condoms	53.8	43.0 - 64.2	74	-	-	3	-	-	14	52.7	43.2 - 62.0	91
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	56.6	45.7 - 67.0	72	-	-	3	-	-	14	54.0	44.4 - 63.3	89
o. How to create and sustain healthy and respectful relationships	71.8	61.0 - 80.6	72	-	-	3	-	-	13	70.3	60.6 - 78.5	88
p. The importance of limiting the number of sexual partners	64.0	52.6 - 74.0	73	-	-	3	-	-	14	62.2	52.2 - 71.2	90
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	65.5	55.1 - 74.5	73	-	-	3	-	-	14	63.4	54.2 - 71.7	90
r. How to communicate sexual consent between partners	55.4	44.2 - 66.1	74	-	-	3	-	-	14	54.1	44.2 - 63.6	91
s. Recognizing and responding to sexual victimization and violence	63.7	52.8 - 73.4	75	-	-	3	-	-	13	62.6	52.8 - 71.5	91

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
t. Diversity of sexual orientations and gender identities	48.3	37.1 - 59.6	72	-	-	3	-	-	14	48.1	38.3 - 58.1	89
u. How gender roles and stereotypes affect goals, decision making, and relationships	57.3	46.0 - 67.9	73	-	-	3	-	-	14	56.6	46.7 - 66.1	90
v. The relationship between alcohol and other drug use and sexual risk behaviors	70.6	60.2 - 79.2	72	-	-	3	-	-	14	67.5	58.4 - 75.5	89

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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11N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	18.5	13.7 - 24.4	130	-	-	18	19.0	14.2 - 24.9	148

*Responses to question 11 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
26.6	18.1 - 37.3	73	-	-	3	-	-	14	28.2	20.2 - 37.9	90

*Responses to question 11 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	54.6	47.0 - 62.0	132	-	-	18	54.0	46.7 - 61.2	150
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	54.7	47.5 - 61.7	132	-	-	18	54.8	47.7 - 61.7	150
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	44.6	37.3 - 52.1	132	-	-	18	44.6	37.6 - 51.9	150
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	52.5	45.3 - 59.6	132	-	-	18	52.2	45.2 - 59.1	150
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	54.6	46.9 - 62.0	132	-	-	18	55.4	48.0 - 62.5	150
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	57.4	49.5 - 64.8	132	-	-	18	57.8	50.5 - 64.9	150
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	51.4	43.6 - 59.2	132	-	-	18	50.5	43.0 - 58.0	150

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	67.2	56.2 - 76.6	74	-	-	2	-	-	15	66.8	57.3 - 75.1	91
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	69.5	58.6 - 78.5	73	-	-	2	-	-	15	67.6	58.1 - 75.9	90
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	64.9	54.9 - 73.8	74	-	-	2	-	-	15	65.0	56.1 - 72.9	91
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	70.1	59.4 - 79.0	74	-	-	2	-	-	15	68.2	58.7 - 76.4	91
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	70.1	59.8 - 78.7	74	-	-	2	-	-	15	69.2	60.3 - 77.0	91
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	69.9	58.9 - 79.0	74	-	-	2	-	-	15	70.1	60.3 - 78.4	91
g. Influence and support others to avoid or reduce sexual risk behaviors	68.9	58.0 - 78.1	74	-	-	2	-	-	15	67.2	57.6 - 75.6	91

- Results are suppressed due to insufficient number of respondents in subgroup.
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13. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	56.9	48.0 - 65.4	114	47.1	40.1 - 54.2	176	53.6	35.4 - 70.9	30	51.5	46.2 - 56.8	320
b. Analyzing the influence of family, peers, culture, media, or technology on sexual health	59.9	51.6 - 67.7	115	45.6	38.8 - 52.6	177	56.8	39.3 - 72.8	30	52.2	47.1 - 57.2	322
c. Accessing valid sexual health information, products, and services	53.0	44.7 - 61.1	115	36.7	30.3 - 43.6	174	53.5	37.4 - 68.9	30	44.6	39.7 - 49.6	319

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14. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Encouraged use of gender-neutral pronouns such as "they/them" during instruction to recognize gender diversity among students	46.0	35.3 - 57.1	68	28.5	22.4 - 35.5	111	-	-	17	35.6	30.0 - 41.7	196
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex or gender relationships (e.g., family, peer, or romantic)	43.4	32.2 - 55.2	68	26.6	20.8 - 33.4	111	-	-	17	33.6	28.0 - 39.8	196
c. Encouraged students to respect others' sexual and gender identities	71.9	61.0 - 80.8	69	54.7	46.4 - 62.8	111	-	-	17	62.7	56.4 - 68.5	197
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	43.2	32.6 - 54.3	68	24.2	18.4 - 31.1	111	-	-	17	32.3	26.8 - 38.2	196
e. Identified additional LGBT resources available in the community or online	38.5	28.1 - 50.0	68	23.2	17.7 - 29.8	111	-	-	17	29.4	24.1 - 35.4	196

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	78.9	72.3 - 84.3	105	80.3	72.9 - 86.0	149	81.5	61.9 - 92.3	27	79.9	75.2 - 83.8	281
b. Benefits of drinking plenty of water	79.9	73.7 - 85.0	105	80.9	73.7 - 86.5	148	81.5	61.9 - 92.3	27	80.6	76.0 - 84.4	280
c. Benefits of eating breakfast every day	77.1	70.1 - 82.9	105	78.4	71.2 - 84.2	150	81.5	61.9 - 92.3	27	78.2	73.5 - 82.3	282
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, healthy eating patterns)	76.4	69.3 - 82.3	106	72.2	64.4 - 78.8	159	67.9	51.9 - 80.6	28	73.4	68.4 - 77.8	293
e. Using food labels	72.9	65.1 - 79.6	107	72.8	64.9 - 79.5	158	75.1	58.0 - 86.7	28	73.1	67.9 - 77.7	293
f. Differentiating between nutritious and non-nutritious beverages	73.2	65.5 - 79.8	108	72.7	64.8 - 79.4	158	81.5	61.9 - 92.3	27	73.7	68.5 - 78.3	293
g. Balancing food intake and physical activity	77.4	70.4 - 83.1	106	79.1	71.9 - 84.7	150	84.6	65.3 - 94.2	26	78.9	74.2 - 82.9	282
h. Eating more fruits, vegetables, and whole grain products	78.2	71.4 - 83.7	105	74.2	66.6 - 80.5	157	77.0	60.4 - 88.0	26	76.0	71.2 - 80.2	288
i. Choosing a variety of options within each food group	76.4	69.1 - 82.3	106	73.4	65.8 - 79.7	159	77.0	56.0 - 89.8	26	74.9	69.9 - 79.3	291
j. Choosing nutrient-dense foods and beverages that reflect personal preferences, culture, and budget	73.5	66.3 - 79.6	106	68.8	60.9 - 75.8	161	74.1	56.7 - 86.2	27	71.1	66.0 - 75.7	294
k. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	76.5	69.3 - 82.4	106	70.0	62.2 - 76.8	161	67.9	53.0 - 79.9	28	72.3	67.3 - 76.8	295

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15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
l. Choosing foods, snacks, and beverages that are low in added sugars	76.5	69.3 - 82.4	106	72.9	65.1 - 79.6	160	74.1	56.7 - 86.2	27	74.4	69.4 - 78.9	293
m. Choosing foods and snacks that are low in sodium	73.7	65.9 - 80.3	107	68.2	60.5 - 75.0	162	70.4	54.8 - 82.4	27	70.5	65.4 - 75.2	296
n. Eating a variety of foods that are high in calcium	72.8	65.3 - 79.3	107	65.1	57.6 - 72.0	162	71.5	53.6 - 84.5	28	68.7	63.7 - 73.4	297
o. Eating a variety of foods that are high in iron	72.8	65.3 - 79.3	107	62.8	55.2 - 69.8	162	71.5	53.6 - 84.5	28	67.5	62.4 - 72.2	297
p. Food safety	73.2	65.1 - 79.9	105	67.8	60.4 - 74.3	162	66.8	47.4 - 81.8	27	69.7	64.6 - 74.4	294
q. Preparing healthy meals and snacks	72.8	64.9 - 79.5	107	71.7	63.5 - 78.6	159	70.4	52.6 - 83.6	27	72.0	66.7 - 76.8	293
r. Risks of unhealthy weight control practices	75.5	68.2 - 81.5	106	67.7	59.7 - 74.9	161	74.1	56.7 - 86.2	27	71.3	66.2 - 76.0	294
s. Accepting body size differences	74.6	66.8 - 81.1	107	70.3	62.5 - 77.0	161	71.5	54.3 - 84.1	28	72.1	66.9 - 76.7	296
t. Signs, symptoms, and treatment for eating disorders	72.7	65.0 - 79.3	106	65.3	57.4 - 72.4	164	74.1	56.7 - 86.2	27	68.9	63.7 - 73.7	297
u. Relationship between diet and chronic diseases	71.3	63.7 - 77.8	105	65.9	58.2 - 72.9	164	74.1	56.7 - 86.2	27	68.7	63.6 - 73.4	296
v. Finding valid information about nutrition (e.g., differentiating between advertising and factual information)	72.4	64.8 - 78.9	106	67.8	60.0 - 74.7	161	74.1	56.7 - 86.2	27	70.2	65.0 - 74.8	294
w. Food production, including how food is grown, harvested, processed, packaged, and transported	65.8	58.1 - 72.7	108	58.6	51.0 - 65.9	160	64.4	48.3 - 77.8	28	62.0	56.9 - 66.9	296

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15N. Percentage of schools that taught all 23 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
56.8	48.4 - 64.8	109	51.0	43.7 - 58.3	164	58.8	41.4 - 74.2	29	54.0	48.8 - 59.2	302

*Responses to question 15 a through w all are "yes."
 N = Unweighted number of observations

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16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	84.0	77.0 - 89.2	109	83.5	77.3 - 88.2	168	96.3	79.2 - 99.4	27	84.8	80.7 - 88.2	304
b. Mental and social benefits of physical activity	86.6	80.2 - 91.2	108	85.2	79.2 - 89.8	167	96.3	79.2 - 99.4	27	86.8	82.8 - 89.9	302
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	83.0	75.8 - 88.5	109	84.7	78.9 - 89.1	170	92.6	75.2 - 98.1	27	84.7	80.7 - 88.1	306
d. Phases of a workout (i.e., warm-up, workout, and cool down)	83.9	76.4 - 89.3	109	82.7	76.9 - 87.3	168	96.2	78.4 - 99.4	26	84.4	80.2 - 87.8	303
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	82.1	74.6 - 87.7	109	83.1	76.7 - 88.0	170	96.3	79.2 - 99.4	27	83.9	79.6 - 87.4	306
f. Decreasing sedentary activities (e.g., television viewing, using video games)	85.7	79.1 - 90.5	108	82.7	76.2 - 87.8	168	92.6	75.2 - 98.1	27	84.8	80.6 - 88.2	303
g. Preventing injury during physical activity	82.8	75.4 - 88.3	108	84.5	78.2 - 89.2	168	96.3	79.2 - 99.4	27	84.9	80.6 - 88.3	303
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	79.9	71.4 - 86.4	109	79.8	73.2 - 85.2	169	85.2	66.7 - 94.3	27	80.3	75.6 - 84.4	305
i. Dangers of using performance-enhancing drugs (e.g., steroids)	79.2	71.2 - 85.5	109	75.7	68.8 - 81.4	167	85.3	65.9 - 94.6	27	77.9	73.1 - 82.1	303

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16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
j. Increasing daily physical activity	84.9	77.5 - 90.1	109	87.0	81.3 - 91.1	166	96.2	78.4 - 99.4	26	87.0	82.9 - 90.2	301
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	85.6	78.9 - 90.5	108	85.4	79.4 - 89.9	168	96.3	79.2 - 99.4	27	86.5	82.5 - 89.6	303
l. Using safety equipment for specific physical activities	80.8	72.9 - 86.8	108	82.6	76.4 - 87.4	171	92.6	75.2 - 98.1	27	82.8	78.4 - 86.5	306
m. Benefits of drinking water before, during, and after physical activity	86.7	79.8 - 91.5	109	86.3	80.5 - 90.6	169	96.3	79.2 - 99.4	27	87.4	83.4 - 90.5	305

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16N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
72.4	64.2 - 79.3	108	68.1	61.0 - 74.5	170	74.2	61.3 - 84.0	27	70.3	65.4 - 74.8	305

*Responses to question 16 a through m all are "yes."
 N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Identifying and labeling emotions	74.9	66.2 - 82.0	109	74.9	67.9 - 80.9	163	80.8	67.3 - 89.6	26	75.4	70.4 - 79.8	298
b. How to express feelings in a healthy way	82.4	75.3 - 87.8	108	77.3	70.0 - 83.3	162	80.8	61.6 - 91.7	26	79.6	74.9 - 83.7	296
c. The importance of engaging in activities that are mentally and emotionally healthy	83.1	76.0 - 88.5	107	78.9	72.2 - 84.3	160	84.6	66.4 - 93.9	26	81.1	76.6 - 84.9	293
d. How to manage interpersonal conflict in healthy ways	81.3	73.7 - 87.0	107	80.6	74.0 - 85.9	158	80.8	61.6 - 91.7	26	80.9	76.3 - 84.8	291
e. How to prevent and manage emotional stress and anxiety in healthy ways	80.5	72.9 - 86.3	108	78.1	70.7 - 84.0	160	80.8	67.3 - 89.6	26	79.3	74.5 - 83.3	294
f. How to use self-control and impulse control strategies to promote health (e.g., goal setting and tracking, breathing techniques)	79.6	71.8 - 85.7	108	77.1	70.0 - 82.9	160	80.8	67.3 - 89.6	26	78.4	73.7 - 82.5	294
g. How to get help for troublesome thoughts, feelings, or actions for oneself and others	79.8	72.1 - 85.7	109	78.1	71.1 - 83.7	162	80.8	67.3 - 89.6	26	79.0	74.3 - 83.0	297
h. Value of individual differences (e.g., culture, ethnicity, ability)	78.9	71.2 - 85.1	109	74.3	67.1 - 80.4	163	84.6	72.5 - 92.0	26	77.1	72.2 - 81.2	298
i. How to establish and maintain healthy relationships	79.7	71.9 - 85.7	109	78.4	71.3 - 84.2	161	88.5	70.4 - 96.1	26	79.8	75.0 - 83.9	296
j. Importance of habits (e.g., exercise, healthy eating, meditation, mindfulness) that promote mental well-being	82.1	74.7 - 87.7	107	80.1	73.1 - 85.6	160	92.0	73.4 - 98.0	25	81.9	77.3 - 85.8	292

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18. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Building empathy (e.g., identification with and understanding of another person’s feelings)	78.3	70.6 - 84.3	110	79.2	72.5 - 84.7	165	77.1	61.5 - 87.6	26	78.6	74.0 - 82.6	301
b. Perspective taking (e.g., taking another person’s point of view)	77.9	70.0 - 84.2	109	76.3	69.2 - 82.2	166	77.1	61.5 - 87.6	26	77.0	72.1 - 81.2	301
c. Strategies for being a positive bystander (e.g., safely de-escalating, preventing, or stopping bullying and harassment)	76.3	68.2 - 82.8	110	74.4	67.2 - 80.4	165	77.1	61.5 - 87.6	26	75.4	70.4 - 79.7	301
d. Describing how stigma, bias, and prejudice can lead to stereotypes, discrimination, and violence	68.4	59.7 - 75.9	111	65.2	57.9 - 71.8	170	74.2	57.8 - 85.8	27	67.2	62.0 - 72.0	308
e. Identifying the signs and symptoms of when someone may be thinking of hurting themselves	74.7	66.5 - 81.5	110	70.4	63.3 - 76.6	169	74.2	57.8 - 85.8	27	72.4	67.5 - 76.9	306
f. Getting help to prevent or stop violence (including inappropriate touching, harassment, abuse, bullying, hazing, fighting, and hate crimes)	74.6	66.2 - 81.5	110	78.9	71.8 - 84.6	164	81.6	66.3 - 90.9	27	77.4	72.5 - 81.7	301
g. Getting help for self or others who are in danger of hurting themselves	75.6	67.5 - 82.2	110	78.3	71.5 - 83.9	165	74.2	57.8 - 85.8	27	76.9	72.1 - 81.1	302

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19. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	66.2	58.0 - 73.4	114	58.6	51.4 - 65.5	178	60.9	40.7 - 77.9	28	61.7	56.5 - 66.7	320
b. Asthma	50.9	43.1 - 58.7	113	43.4	36.1 - 51.0	178	42.6	24.8 - 62.5	28	46.2	41.0 - 51.5	319
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	61.3	53.6 - 68.5	114	51.0	44.1 - 57.9	179	49.7	30.0 - 69.5	28	54.8	49.8 - 59.8	321
d. Food allergies	59.6	51.4 - 67.2	112	50.1	42.6 - 57.7	177	60.3	39.2 - 78.2	28	54.6	49.2 - 60.0	317
e. HIV, other STD, or pregnancy prevention	53.4	45.4 - 61.3	114	38.4	31.9 - 45.4	176	28.9	15.9 - 46.6	28	43.4	38.5 - 48.4	318
f. Nutrition and healthy eating	64.3	56.1 - 71.8	113	56.8	49.6 - 63.7	178	64.4	44.7 - 80.1	28	60.3	55.1 - 65.3	319
g. Physical activity	65.5	57.2 - 72.9	114	61.4	54.3 - 68.1	179	67.9	51.2 - 81.1	28	63.6	58.5 - 68.4	321
h. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	71.5	63.1 - 78.7	114	64.0	57.0 - 70.4	178	75.1	53.8 - 88.6	28	67.9	62.8 - 72.6	320
i. Tobacco-use prevention or cessation	67.6	59.8 - 74.6	113	55.0	47.8 - 62.1	177	57.3	38.7 - 74.0	28	60.1	54.9 - 65.0	318

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20. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
41.3	32.8 - 50.4	112	36.8	30.3 - 43.8	177	50.2	34.4 - 65.9	28	39.7	34.7 - 45.0	317

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21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	46.8	39.0 - 54.8	115	55.0	48.2 - 61.6	179	50.2	35.7 - 64.7	28	51.4	46.5 - 56.3	322
b. Asthma	46.1	37.3 - 55.0	114	53.8	46.9 - 60.6	179	49.6	36.6 - 62.7	28	50.5	45.4 - 55.6	321
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	50.2	41.7 - 58.6	115	51.9	45.1 - 58.6	177	49.6	35.1 - 64.1	28	51.0	46.0 - 56.0	320
d. Epilepsy or seizure disorder	61.8	53.1 - 69.8	114	60.7	54.5 - 66.6	178	57.3	44.2 - 69.5	28	60.8	56.0 - 65.4	320
e. Food allergies	54.5	46.1 - 62.6	113	62.2	55.9 - 68.1	178	53.3	38.8 - 67.2	28	58.5	53.7 - 63.1	319
f. Foodborne illness prevention	48.7	40.3 - 57.1	115	47.3	40.4 - 54.3	176	42.6	27.9 - 58.7	28	47.4	42.4 - 52.5	319
g. Human immunodeficiency virus (HIV) prevention	40.5	32.9 - 48.6	115	40.7	33.9 - 47.8	177	32.0	18.9 - 48.7	28	39.8	35.0 - 44.9	320
h. Human sexuality	45.3	36.5 - 54.4	114	33.9	27.3 - 41.1	176	31.9	19.5 - 47.5	28	38.1	33.0 - 43.5	318
i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)	65.6	56.6 - 73.6	115	70.3	63.4 - 76.5	179	74.5	60.5 - 84.8	28	68.9	63.8 - 73.6	322
j. Injury prevention and safety	65.5	56.7 - 73.4	115	65.9	58.7 - 72.4	178	78.6	63.2 - 88.7	28	66.9	61.7 - 71.7	321
k. Mental and emotional health	74.3	65.3 - 81.7	115	74.7	68.4 - 80.1	177	67.5	49.4 - 81.5	28	73.9	69.0 - 78.3	320
l. Nutrition and dietary behavior	45.2	36.9 - 53.7	115	48.7	41.8 - 55.7	178	46.2	33.6 - 59.2	28	47.1	42.1 - 52.2	321
m. Physical activity and fitness	55.5	46.8 - 63.9	115	58.7	51.7 - 65.4	178	60.8	47.1 - 73.0	28	57.7	52.6 - 62.6	321

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21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
n. Pregnancy prevention	37.3	30.0 - 45.2	115	27.7	22.0 - 34.3	177	31.9	19.5 - 47.5	28	31.8	27.4 - 36.5	320
o. Sexually transmitted disease (STD) prevention	38.1	30.7 - 46.0	115	30.9	25.2 - 37.2	177	39.0	25.9 - 54.0	28	34.4	30.0 - 39.0	320
p. Sleep health (e.g., how much sleep students need, good sleeping habits)	37.8	30.0 - 46.2	115	34.0	27.8 - 40.9	177	49.6	32.8 - 66.5	28	36.9	32.1 - 41.9	320
q. Suicide prevention	72.6	63.6 - 80.1	115	69.0	62.4 - 74.9	178	71.6	57.4 - 82.4	28	70.6	65.7 - 75.1	321
r. Tobacco-use prevention or cessation	46.8	38.5 - 55.4	115	43.9	37.7 - 50.4	177	56.8	47.6 - 65.5	28	46.2	41.5 - 51.0	320
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)	68.4	59.8 - 76.0	115	70.4	63.6 - 76.4	177	60.3	48.9 - 70.8	28	68.8	63.9 - 73.3	320

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	74.4	65.5 - 81.6	115	68.3	61.6 - 74.4	178	68.0	52.2 - 80.5	28	70.6	65.6 - 75.2	321
b. Teaching students of various racial/ethnic and cultural backgrounds	65.6	57.0 - 73.3	115	63.8	57.0 - 70.2	177	46.7	32.6 - 61.4	28	63.0	58.0 - 67.8	320
c. Teaching English language learners (ELL)	67.9	59.7 - 75.1	115	63.9	57.2 - 70.1	177	63.1	46.7 - 76.9	27	65.4	60.5 - 70.0	319
d. How to support lesbian, gay, bisexual, and transgender students (e.g., bystander intervention skills, implementing safe spaces, use of inclusive language, providing students with information about LGBT resources within the school)	41.3	33.5 - 49.6	113	30.4	24.6 - 36.8	177	28.3	17.3 - 42.5	28	34.4	29.9 - 39.1	318
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	73.5	65.2 - 80.5	115	60.6	53.6 - 67.2	177	53.8	37.8 - 69.0	28	65.0	60.0 - 69.7	320
f. Encouraging family or community involvement	61.0	51.9 - 69.5	114	59.9	52.9 - 66.6	177	64.5	46.6 - 79.2	28	60.8	55.5 - 65.8	319
g. Teaching skills for behavior change	62.7	53.8 - 70.8	115	59.4	52.9 - 65.7	177	57.4	40.8 - 72.5	28	60.5	55.5 - 65.4	320
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	72.2	64.2 - 79.0	115	67.6	61.0 - 73.6	177	68.0	56.3 - 77.8	28	69.4	64.8 - 73.7	320
i. Assessing student performance in health education	55.6	46.0 - 64.7	114	49.4	42.0 - 56.9	177	43.2	27.1 - 60.9	28	51.2	45.6 - 56.8	319

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23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	43.8	34.5 - 53.6	115	33.5	27.0 - 40.5	177	36.0	24.1 - 49.9	28	37.7	32.6 - 43.1	320
b. Creating a comfortable and safe learning environment for students receiving sexual health education	42.1	32.8 - 52.0	115	34.9	28.5 - 42.0	176	39.5	26.1 - 54.7	28	38.1	32.9 - 43.6	319
c. Connecting students to on-site or community-based sexual health services	34.7	26.4 - 44.1	115	23.7	17.8 - 30.9	175	29.0	15.8 - 47.1	28	28.5	23.7 - 33.8	318
d. Using a variety of effective instructional strategies to deliver sexual health education	39.9	31.2 - 49.4	115	29.2	22.8 - 36.6	176	36.1	24.3 - 49.9	28	34.0	29.0 - 39.4	319
e. Building student skills in HIV, other STD, and pregnancy prevention	36.8	28.0 - 46.5	115	25.9	19.8 - 33.1	176	36.1	24.3 - 49.9	28	31.0	26.1 - 36.4	319
f. Assessing student knowledge and skills in sexual health education	40.0	31.0 - 49.7	115	26.7	20.7 - 33.7	175	37.4	24.9 - 51.9	27	32.8	27.9 - 38.2	317
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	42.6	33.9 - 51.8	115	31.3	25.3 - 38.1	176	43.1	30.7 - 56.5	28	36.8	31.9 - 41.9	319
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	37.4	29.1 - 46.6	115	28.6	22.4 - 35.6	176	39.7	26.3 - 54.8	28	33.0	28.2 - 38.2	319
i. Engaging parents in sexual health education	30.6	22.7 - 39.8	114	25.7	19.9 - 32.6	176	21.8	9.8 - 41.7	28	27.3	22.6 - 32.5	318
j. Delivering virtual or eLearning sexual health education instruction	26.1	18.9 - 34.8	114	23.6	18.1 - 30.2	176	21.8	9.8 - 41.7	28	24.4	20.1 - 29.3	318

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24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	76.7	68.3 - 83.5	114	60.5	53.0 - 67.5	178	60.3	39.6 - 77.9	28	66.7	61.4 - 71.7	320
b. Asthma	58.8	49.8 - 67.2	114	51.4	44.4 - 58.4	175	56.8	39.1 - 72.9	28	54.8	49.5 - 60.0	317
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	70.9	61.9 - 78.4	114	61.2	54.4 - 67.5	176	56.8	40.1 - 72.0	28	64.5	59.4 - 69.3	318
d. Epilepsy or seizure disorder	58.8	50.6 - 66.6	114	58.7	51.5 - 65.6	177	56.8	39.1 - 72.9	28	58.6	53.4 - 63.6	319
e. Food allergies	54.8	46.1 - 63.1	114	55.9	48.7 - 62.8	176	56.7	38.9 - 72.9	28	55.5	50.3 - 60.7	318
f. Foodborne illness prevention	55.7	46.7 - 64.3	114	50.8	43.9 - 57.6	174	46.2	30.0 - 63.2	28	52.3	47.0 - 57.4	316
g. Human immunodeficiency virus (HIV) prevention	58.3	49.5 - 66.7	113	47.1	40.4 - 53.8	177	42.7	26.0 - 61.2	28	51.0	45.9 - 56.1	318
h. Human sexuality	67.2	58.0 - 75.3	113	51.6	44.6 - 58.6	174	46.2	28.1 - 65.4	28	57.2	51.8 - 62.4	315
i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)	63.8	55.1 - 71.7	114	51.3	44.2 - 58.4	175	53.3	34.9 - 70.8	28	56.3	51.1 - 61.5	317
j. Injury prevention and safety	65.2	56.7 - 72.8	114	58.2	51.0 - 65.0	175	56.9	39.1 - 73.0	28	60.8	55.6 - 65.7	317
k. Mental and emotional health	76.9	68.5 - 83.5	114	71.3	64.7 - 77.1	176	63.9	42.7 - 80.8	28	72.8	67.9 - 77.3	318
l. Nutrition and dietary behavior	70.6	61.8 - 78.1	114	60.4	53.1 - 67.2	176	49.7	32.4 - 67.1	26	63.5	58.2 - 68.5	316
m. Physical activity and fitness	64.9	56.3 - 72.6	113	61.8	55.6 - 67.7	176	53.2	37.2 - 68.6	28	62.2	57.4 - 66.8	317

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24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
n. Pregnancy prevention	60.3	52.1 - 67.9	113	47.3	40.3 - 54.3	174	53.3	36.1 - 69.7	28	52.8	47.8 - 57.9	315
o. Sexually transmitted disease (STD) prevention	64.5	55.2 - 72.8	113	47.3	40.1 - 54.6	175	46.2	28.1 - 65.4	28	53.8	48.4 - 59.2	316
p. Sleep health (e.g., how much sleep students need, good sleep habits)	67.8	58.8 - 75.6	114	57.7	50.8 - 64.3	174	62.5	44.1 - 77.9	27	62.0	56.8 - 67.0	315
q. Suicide prevention	76.0	67.7 - 82.8	114	69.4	62.4 - 75.6	177	60.3	38.7 - 78.5	28	71.1	66.0 - 75.8	319
r. Tobacco-use prevention or cessation	64.0	55.2 - 71.9	113	57.4	49.7 - 64.7	175	53.3	35.1 - 70.7	28	59.6	54.1 - 64.8	316
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)	76.7	68.4 - 83.4	114	69.6	62.5 - 76.0	177	56.9	37.8 - 74.1	28	71.2	66.1 - 75.9	319

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	72.7	64.4 - 79.7	113	65.8	59.5 - 71.6	175	66.3	44.8 - 82.6	27	68.5	63.7 - 73.0	315
b. Teaching students of various racial/ethnic and cultural backgrounds	73.3	64.5 - 80.6	113	60.9	54.3 - 67.2	173	66.3	47.6 - 80.9	27	66.2	61.2 - 70.9	313
c. Teaching English language learners (ELL)	57.9	49.7 - 65.7	113	55.5	48.8 - 62.0	174	53.6	34.5 - 71.7	26	56.3	51.3 - 61.2	313
d. How to support lesbian, gay, bisexual, and transgender students (e.g., bystander intervention skills, implementing safe spaces, use of inclusive language, providing students with information about LGBT resources within the school)	69.4	60.7 - 76.9	112	54.3	47.9 - 60.6	174	44.2	25.4 - 64.8	27	59.2	54.2 - 64.1	313
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	65.2	55.8 - 73.5	113	54.7	47.6 - 61.6	174	51.5	33.7 - 68.9	27	58.5	53.1 - 63.7	314
f. Encouraging family or community involvement	72.2	64.5 - 78.8	113	62.3	55.9 - 68.2	174	70.0	51.2 - 83.8	27	66.8	62.2 - 71.1	314
g. Teaching skills for behavior change	76.7	68.4 - 83.3	113	64.8	57.7 - 71.2	173	73.6	52.3 - 87.6	27	70.2	65.1 - 74.8	313
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	67.4	58.0 - 75.5	113	60.6	54.2 - 66.6	174	62.6	40.7 - 80.3	27	63.4	58.2 - 68.3	314
i. Assessing student performance in health education	64.3	55.1 - 72.6	113	53.6	47.3 - 59.9	174	66.3	48.9 - 80.1	27	58.9	53.8 - 63.8	314

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	64.6	56.1 - 72.3	114	45.2	38.8 - 51.8	174	40.7	23.4 - 60.6	27	52.4	47.4 - 57.3	315
b. Creating a comfortable and safe learning environment for students receiving sexual health education	68.0	59.3 - 75.7	114	48.8	41.9 - 55.7	174	53.6	34.5 - 71.7	26	56.7	51.5 - 61.8	314
c. Connecting students to on-site or community-based sexual health services	59.3	50.2 - 67.9	114	48.2	41.7 - 54.8	174	55.2	35.6 - 73.3	27	53.2	47.9 - 58.3	315
d. Using a variety of effective instructional strategies to deliver sexual health education	67.8	58.4 - 75.9	113	49.9	43.0 - 56.7	174	53.6	34.5 - 71.7	26	57.2	51.8 - 62.3	313
e. Building student skills in HIV, other STD, and pregnancy prevention	67.9	58.8 - 75.9	113	46.5	39.8 - 53.4	174	59.0	38.9 - 76.4	27	55.9	50.7 - 61.1	314
f. Assessing student knowledge and skills in sexual health education	65.9	56.9 - 73.9	113	46.5	40.0 - 53.2	174	59.0	41.6 - 74.3	27	55.1	50.1 - 60.1	314
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	67.9	59.4 - 75.3	113	50.3	43.9 - 56.8	174	55.3	34.7 - 74.1	27	57.6	52.6 - 62.5	314
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	70.8	61.8 - 78.3	113	49.4	43.1 - 55.8	174	55.2	35.6 - 73.3	27	58.2	53.2 - 63.1	314
i. Engaging parents in sexual health education	63.9	55.5 - 71.6	112	46.4	39.8 - 53.1	174	51.6	33.8 - 69.0	27	53.6	48.6 - 58.6	313
j. Delivering virtual or eLearning sexual health education instruction	56.6	47.5 - 65.2	113	45.5	39.2 - 51.9	174	45.9	26.1 - 67.1	26	49.8	44.7 - 55.0	313

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27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Health and physical education combined	20.8	14.4 - 29.0	113	18.8	13.7 - 25.2	174	22.8	10.4 - 43.0	26	19.9	15.9 - 24.6	313
b. Health education	12.0	7.1 - 19.5	113	7.1	4.1 - 11.9	174	8.3	2.2 - 26.3	26	9.1	6.4 - 12.9	313
c. Physical education	7.9	4.2 - 14.3	113	16.3	11.8 - 22.1	174	11.5	3.9 - 29.6	26	12.6	9.5 - 16.5	313
d. Other education degree	3.7	1.5 - 9.1	113	5.7	3.1 - 10.1	174	0.0	†	26	4.4	2.7 - 7.2	313
e. Kinesiology, exercise science, or exercise physiology	15.8	10.8 - 22.6	113	12.5	8.7 - 17.6	174	7.6	1.9 - 25.5	26	13.4	10.4 - 17.1	313
f. Home economics or family and consumer science	0.0	†	113	1.2	0.3 - 4.4	174	3.8	0.6 - 21.6	26	1.0	0.3 - 2.8	313
g. Biology or other science	4.3	1.8 - 9.5	113	3.9	1.9 - 7.7	174	7.7	2.0 - 25.7	26	4.3	2.6 - 7.1	313
h. Nursing	25.7	19.9 - 32.5	113	28.2	22.8 - 34.2	174	22.9	10.2 - 43.9	26	26.8	22.8 - 31.1	313
i. Counseling	1.0	0.1 - 5.9	113	1.6	0.6 - 4.7	174	0.0	†	26	1.2	0.5 - 3.1	313
j. Public health	1.8	0.5 - 6.4	113	0.0	†	174	3.8	0.6 - 21.6	26	1.0	0.3 - 2.9	313
k. Nutrition	0.0	†	113	0.0	†	174	0.0	†	26	0.0	†	313
l. Other	7.1	3.6 - 13.4	113	4.7	2.5 - 8.9	174	11.5	3.9 - 29.6	26	6.2	4.1 - 9.4	313

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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28. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
68.1	60.0 - 75.3	114	54.6	47.6 - 61.4	177	59.4	43.8 - 73.4	27	60.2	55.2 - 65.0	318

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29. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	22.4	15.8 - 30.7	111	21.2	15.8 - 27.9	164	15.3	5.9 - 34.5	26	21.2	17.0 - 26.0	301
b. 2 to 5 years	19.3	13.7 - 26.6	111	28.7	22.6 - 35.6	164	27.4	14.4 - 45.8	26	24.8	20.7 - 29.5	301
c. 6 to 9 years	8.7	4.8 - 15.3	111	11.0	7.3 - 16.2	164	19.1	7.9 - 39.2	26	10.8	7.9 - 14.6	301
d. 10 to 14 years	12.1	7.2 - 19.7	111	15.5	10.8 - 21.7	164	11.4	3.8 - 29.4	26	13.8	10.4 - 18.1	301
e. 15 years or more	37.5	29.0 - 46.9	111	23.7	18.2 - 30.3	164	26.7	12.8 - 47.7	26	29.4	24.7 - 34.7	301