

What is the Texas YRBS?

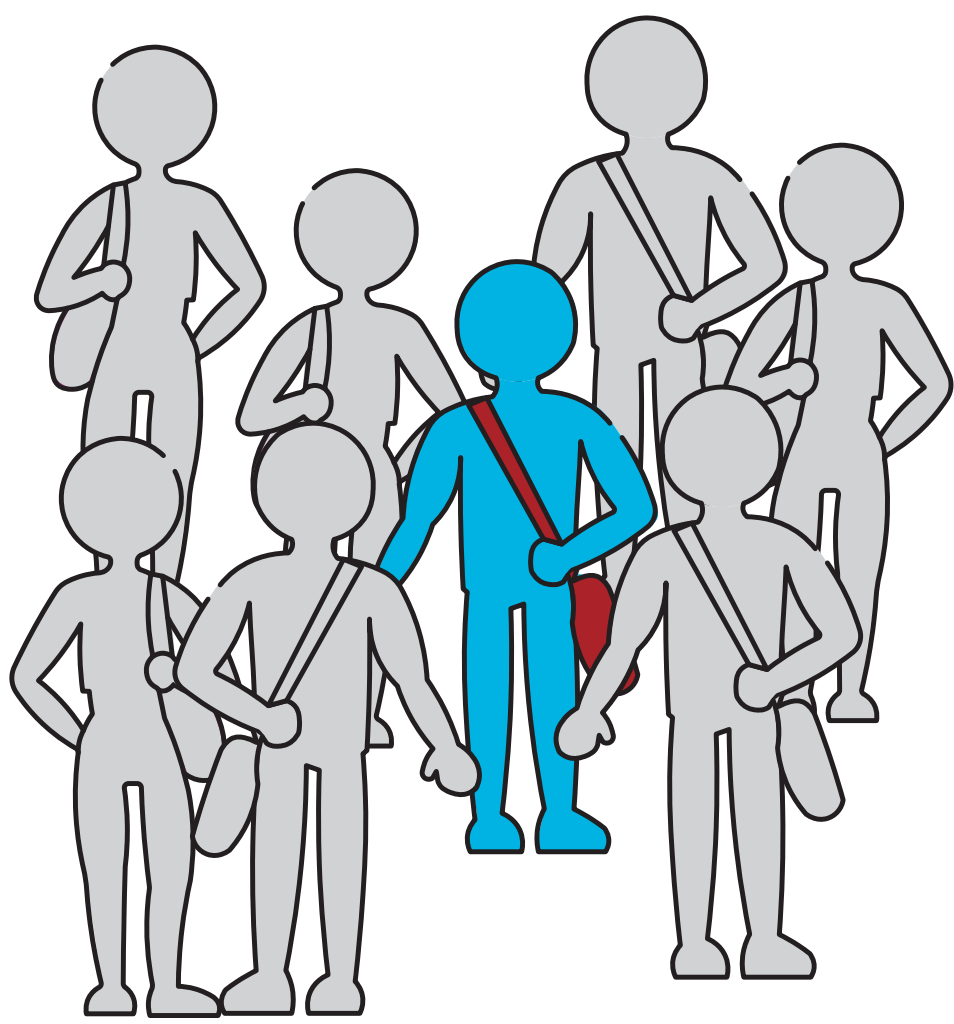
Youth Risk Behavior Survey

The Texas YRBS is a biennial survey of students in randomly selected public and charter high schools that monitors behaviors contributing to the leading causes of death and disability in youth and adulthood.



Survey results help set health goals and track progress towards meeting them. They are also an important tool for making policies and programs that promote health.

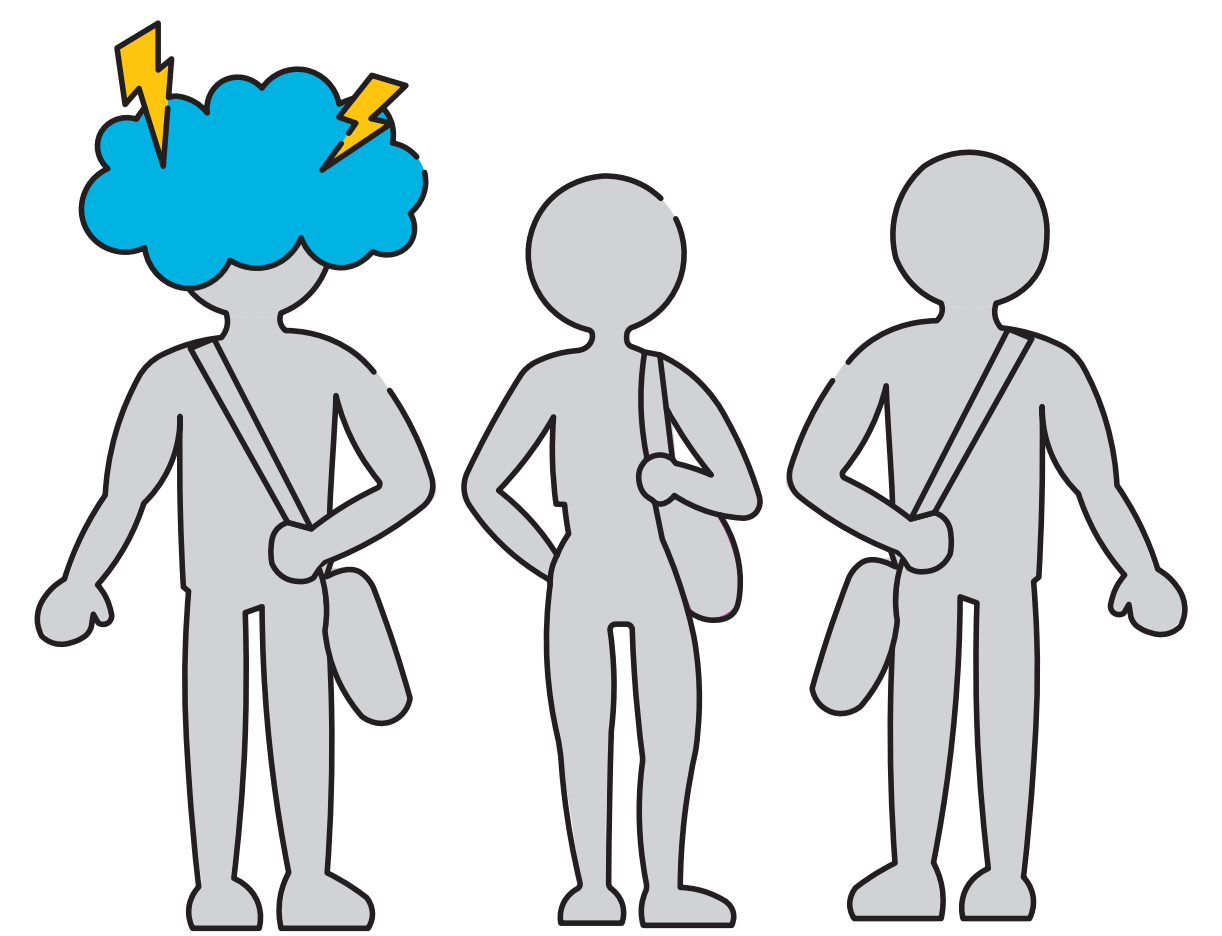
Results from the 2021 survey include:



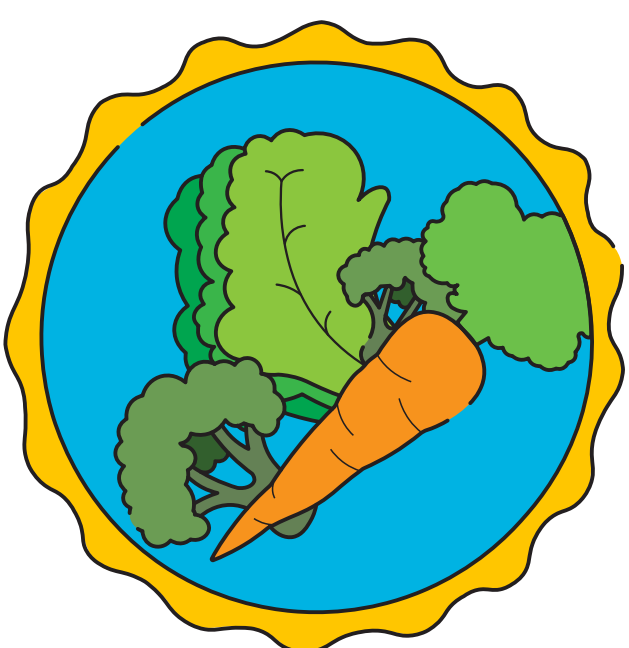
More than 1 in 8 students did not go to school due to **feeling unsafe** at or on their way to school



About half of students **played on at least one sports team**



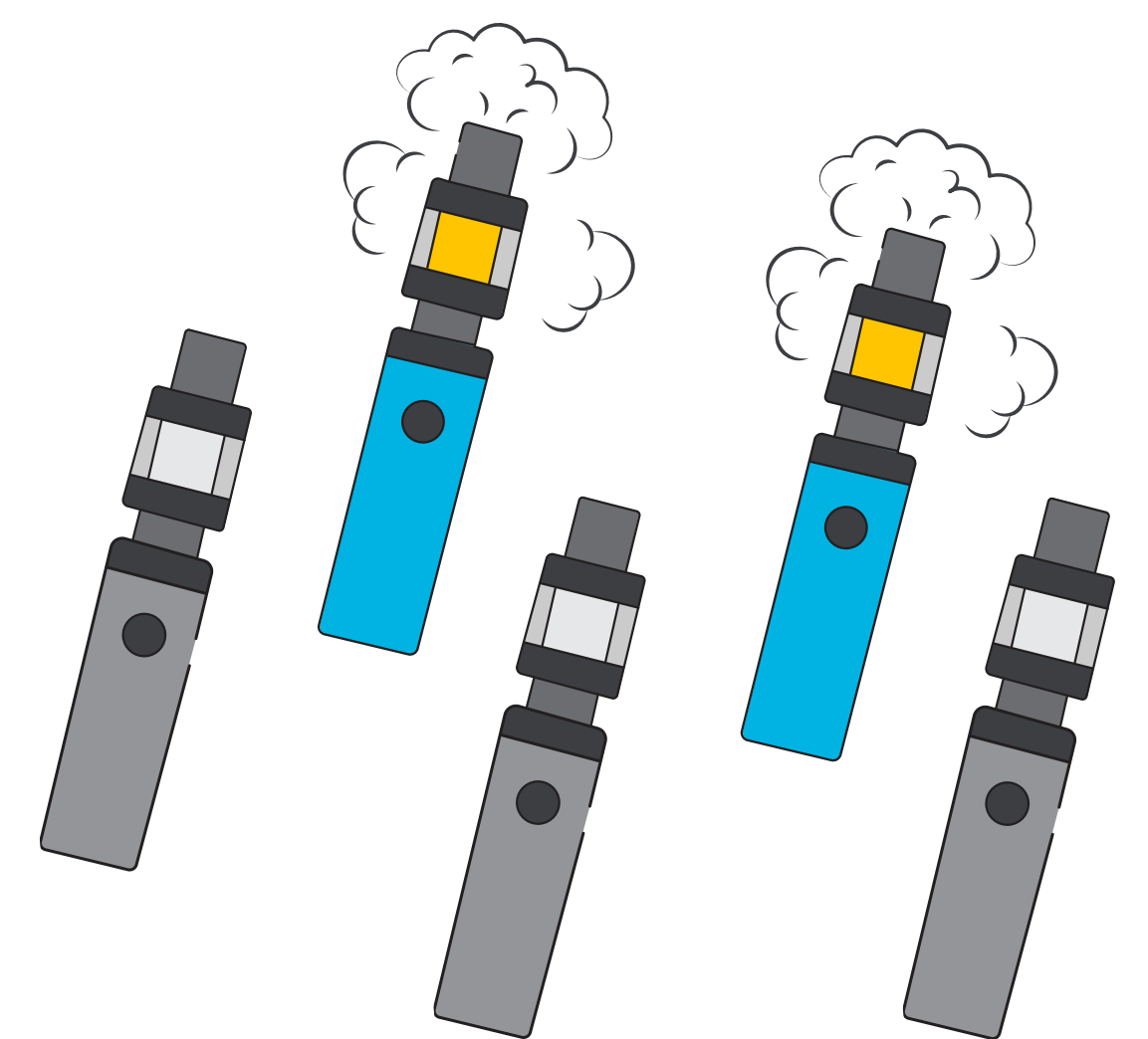
Nearly 1 in 3 students reported their **mental health was not good** most of the time or always



Less than half of students **ate vegetables daily**



Nearly 1 in 8 students were **electronically bullied**



2 in 5 students have **tried electronic vaping products**

