

Texas Department of State Health Services

PROPER THAWING:

- Under Running water at a water temperature of 70°F or below; with sufficient water velocity to agitate and float off loose particles in an overflow; and for a period of time that does not allow thawed portions of ready-to-eat food to rise above 41°F,
- As part of a cooking process if the food that is frozen is thawed in a microwave oven and immediately transferred to conventional cooking equipment, with no interruption in the process,
- Using any procedure if a portion of frozen ready-to-eat food is thawed and prepared for immediate service in response to an individual consumer's order,
- Food shall be thawed under refrigeration that maintains the food temperature at 41°F or less,
- Thawed as part of a cooking process if the food that is frozen is cooked.

Proper Thawing



Frozen Time/Temperature controlled for Safety Food (TCS) that is slacked to moderate the temperature shall be held under refrigeration that maintains the food temperature at 41°F or less

Reduced Oxygen Packaged Fish

Has to be removed from package before thawing or immediately upon completion of thawing process.

REMEMBER: If it states "keep frozen" then keep it frozen until you cook it!

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