

DSHS GRAND ROUNDS

Spending Time in Nature: A Key Component to a Healthy Childhood

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In the fall of 2021 Texas Children in Nature Network received a grant from DSHS to create connections between the health and nature communities to work towards nature being a health strategy. Our big audacious goal is for time in nature to be viewed as a key component of a healthy childhood. Learn why time in nature is so important to a healthy childhood, how the program came about, creation of benchmarks, hiring staff, and lessons learned.

WHEN

Wednesday, January 25, 2023

11:00 am – 12:30 pm

WHERE

GoToWebinar & K-100

Objectives:

- Demonstrate the importance of time in nature for a healthy childhood
- Discuss Texas Children in Nature Network's work with the Health and Nature Liaison program
- Explain how to participate with Texas Children in Nature Network and our three health and nature liaisons

1.50 Continuing Education Credits/Contact Hours Available for the Following:

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Advanced Training for Texas Master Naturalists



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