

# DSHS GRAND ROUNDS

## Interdisciplinary Obesity Prevention, Treatment and Management

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This presentation will provide participants with a greater understanding of the epidemiologic history, challenges around public health measures aimed at prevention, expected outcomes for treatment options, and the role of an interdisciplinary team-based approach to care of patients impacted by our ongoing obesity epidemic.

### WHEN

**Wednesday, August 20, 2025  
11:00am – 12:30pm**

### WHERE

**GoToWebinar**

#### Objectives:

- Describe data detailing the trend of obesity-related disease at local, regional, state, and national levels.
- Discuss the risks, benefits, and anticipated outcomes from lifestyle, pharmaceutical, and surgical interventions to assist patients impacted by obesity.
- Identify evidence-based best practices among metabolic and bariatric surgical systems that facilitate improved health for patients in the short, intermediate, and long terms.

See page 2 for Continuing Education Information



**TEXAS**  
Health and Human  
Services

Texas Department of State  
Health Services

*[dshs.Texas.gov/grandrounds](https://dshs.Texas.gov/grandrounds)*

# The DSHS Continuing Education Program is providing credits and contact hours for this activity, as indicated below:

- **Continuing Medical Education:**

The Texas Department of State Health Services Continuing Education Program is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas Department of State Health Services Continuing Education Program designates this live activity for a maximum of 1.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **Nursing Continuing Professional Development:**

The Texas Department of State Health Services Continuing Education Program is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 contact hours of Nursing Continuing Professional Development.

- **Certified Health Education Specialists:**

Sponsored by the Texas Department of State Health Services Continuing Education Program, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 1.50 total Category I contact education contact hours. Maximum advanced-level continuing education contact hours available are NA. Continuing Competency credits available are NA.

- **Certified in Public Health:**

The Texas Department of State Health Services Continuing Education Program was awarded multi-activity provider status by the National Board of Public Health Examiners to award Certified in Public Health continuing education credits.

Up to 1.50 CPH Recertification Credits may be earned at this activity.

- **Licensed Marriage and Family Therapists:**

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 contact hours for Licensed Marriage and Family Therapists.

- **Licensed Professional Counselors:**

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 contact hours for Licensed Professional Counselors.

- **Licensed Psychologists:**

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 contact hours for Licensed Psychologists.

- **Social Workers:**

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 contact hours for Social Workers.

- **Certificate of Attendance:**

The Texas Department of State Health Services Continuing Education Program has designated a maximum of 1.50 hours for attendance.

