

Cliff of Good Health

Presented By: Christopher Allen, MBA

Health Equity Coordinator

UT-Austin/DSHS

The Cliff Analogy

<https://www.youtube.com/watch?v=to7Yrl50iHI>

Social Determinants of Health

are the conditions in which people are born, grow, live, work and age

Figure 1
Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	Quality of care
Medical bills	Playgrounds	Higher education		Stress	
Support	Walkability				
	Zip code / geography				

Health Outcomes
Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

Social Determinants of Equity

Systems of power that determine the range of social contexts and the distribution of populations into those social contexts:

- Economic system
- Racism
- Homophobia
- "isms"

Social determinants of HEALTH answers the question - "Why do we see this distribution of behavior"

Social determinants of EQUITY answers the question - "Why do we see this distribution of contexts?"

Determinants of health

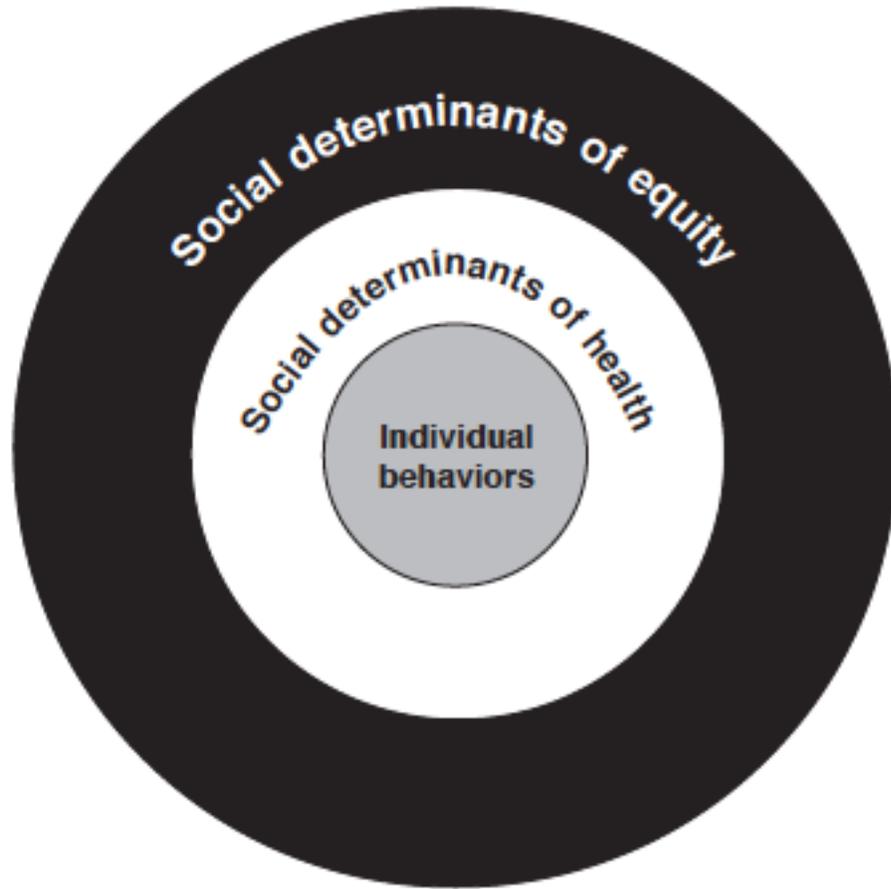


Figure 4. Determinants of health, including individual behaviors, the contexts in which the behaviors arise (social determinants of health), and the forces which create the range of contexts and differentially distribute populations into the contexts (social determinants of equity). We need to address all three levels of these determinants of health in order to improve health outcomes and eliminate health disparities.

Why is this important for you?

Individual vs
Systemic

Seeing the
whole person

Understanding
context

Informed
approach



▶ Discussion

Contact Me

- ▶ Christopher Allen, MBA
- ▶ callen22@utexas.edu
- ▶ 512.710.9287