

DIRECT TO CONSUMER TELEMEDICINE  
AT THE KIND CLINIC

THE KIND CLINIC IS IN AUSTIN TEXAS AND  
IS A SEXUAL HEALTH CLINIC THAT FOCUSES  
ON THE FOLLOWING

- 1) Patients seeking PrEP treatment to prevent an HIV infection
- 2) Patients seeking STI screening and treatment
- 3) Patients seeking PEP treatment to a potential HIV exposure
- 4) Patients seeking medical care for the treatment of HIV
- 5) Patients seeking medical care for Gender Care issues

## PATIENTS SEEN AT THE KIND CLINIC ARE FROM

- 1) Austin and Central Texas
- 2) Rio Grande Valley
- 3) East Texas
- 4) West Texas
- 5) Dallas and Houston

## TELEMEDICINE OR E-VISITS ARE OFFERED TO PATIENTS THAT

- 1) Have to travel long distances to get to the clinic
- 2) Are in need of a short follow up visit
- 3) Patients that are willing to do an E-Visit thus freeing up an appointment slot at the clinic for a patient that needs to be seen in person

THE CURRENT PLATFORM USED AT THE KIND CLINIC IS “NEXT PATIENT” AND UPON DISCHARGE FOR THEIR OFFICE VISIT THE PATIENT IS GIVEN;

- 1) Instructions on how to download the Next Patient App
- 2) The log in instructions to the Next Patient App
- 3) An appointment date and time
- 4) One week before their E-Visit they receive an e-mail reminder for their appointment, and a lab slip e-mailed to them to go and have their lab's drawn one week before their E-Visit

## VISITS ARE SCHEDULED EVERY 30 MINUTES

- 1) This is to give enough time to adequately complete the visit and to deal with “Technical Difficulties”.
- 2) After the visit is completed a follow up visit is made and the patient is expected to be seen at the KIND Clinic. The follow ups are usually scheduled every 2-4 months

## TELEMEDICINE E-VISITS WORK BEST FOR:

- 1) PrEP follow up visits to review medications, side effects, STI counseling/risk reduction and to review labs.
- 2) Transgender Care follow up, to review labs, STI counseling, emotional support and mental health issues
- 3) HIV Care to review labs, ROS, medication review and adherence counseling, STI counseling and risk reduction issues.

## E- VISITS SHOULD BE A MEANS BY WHICH

- 1) Continuity of Medical Care is enhanced
- 2) Allows you to get to know the patient better
- 3) Reduces patient inconvenience and wasted time traveling
- 4) Minimizes or eliminates the medical cost to the patient