

Suspected Drug Poisoning Emergency Department (ED) Visits in Texas, January 2026

In January 2026, suspected drug poisoning ED visits in Texas increased by 9.2% compared to January 2025.

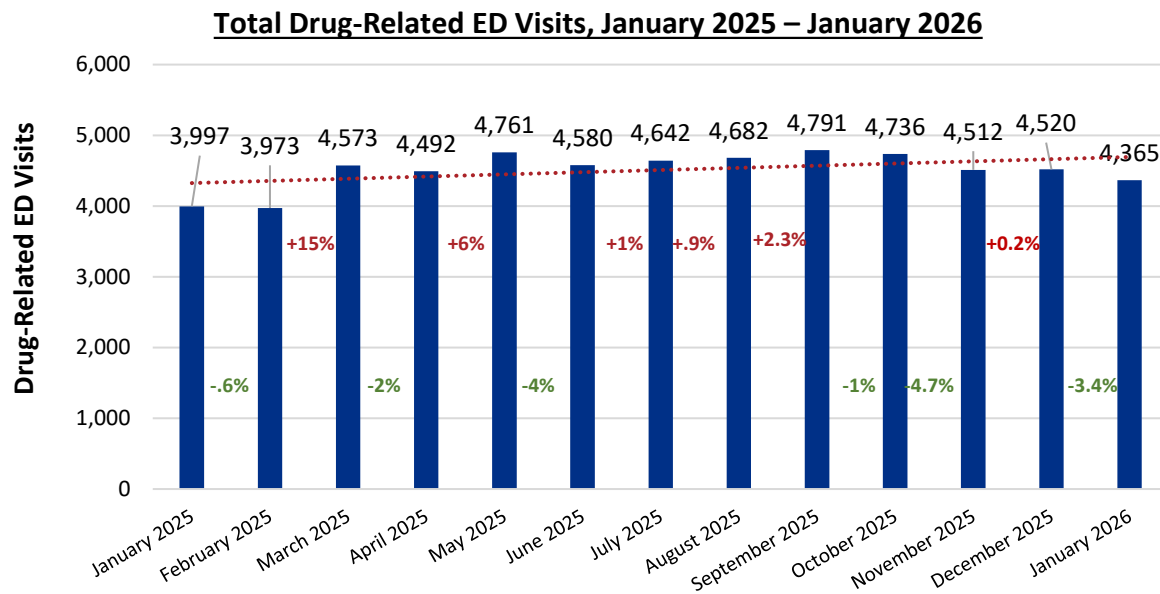
4,365

In January 2026

3,997

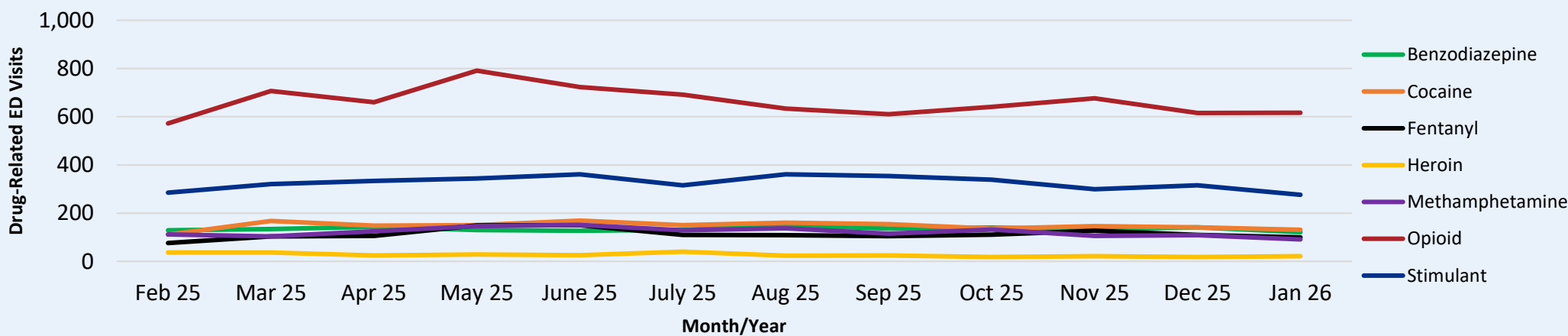
In January 2025

All data collected using the National Syndromic Surveillance Program (NSSP) Electronic Surveillance System of the Early Notification of Community Based Epidemics (ESSENCE) which tracks real time trends from participating Texas hospitals and free-standing emergency and urgent care facilities.



*The "+" and "-" indicate the increase or decrease of the ED visits compared to the previous month. Data prepared by Injury Prevention Unit Epidemiologists using NSSP ESSENCE data, January 2026.

Drug-Related ED Visits by Drug Type, February 2025 – January 2026




Data prepared by Injury Prevention Unit Epidemiologists using NSSP ESSENCE data, January 2026.

Comparison of Drug-Related ED Visits, December 2025 and January 2026

In January 2026, **methamphetamine-related ED visits decreased by 16.5%** when compared to methamphetamine-related ED visits in December 2025.



In January 2026, **heroin-related ED visits increased 16.7%** when compared to heroin-related ED visits in December 2025.

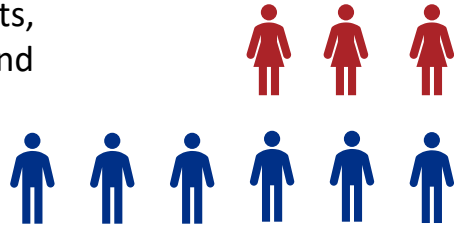
Drug Type	December 2025	January 2026	Percent change
All Drugs	4,520	4,365	-3.4% 
Opioids	615	616	+0.2% 
Heroin	18	21	+16.7% 
Fentanyl	110	99	-10.0% 
Stimulant	315	276	-12.4% 
Cocaine	141	131	-7.1% 
Methamphetamine	109	91	-16.5% 
Benzodiazepine	141	121	-14.2% 

Demographics: Drug-Related ED Visits in Texas

January 2026

Opioid and Stimulant-Related ED Visits by Sex

In **opioid-related** ED visits, **38% involved females** and **62% involved males**.

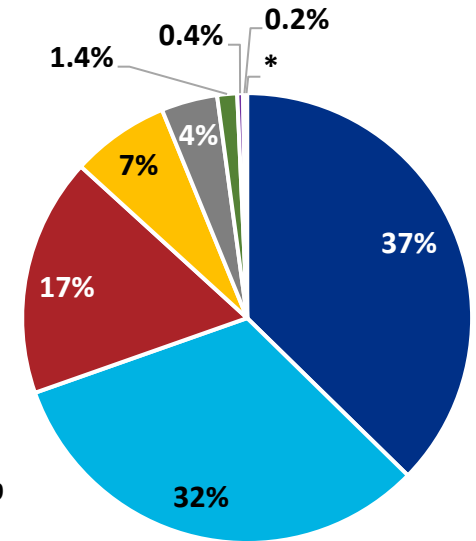


In **stimulant-related** ED visits, however, **29% involved females** and **71% involved males**.



All Drug-Related ED Visits by Race/Ethnicity

- White → 1,627
- Hispanic → 1,409
- Black → 736
- Unknown Race or Ethnicity → 315
- Other Race → 185
- Asian → 62
- Multiple Race → 18
- American Indian or Alaska Native → 9
- Native Hawaiian or Other Pacific Islander → *

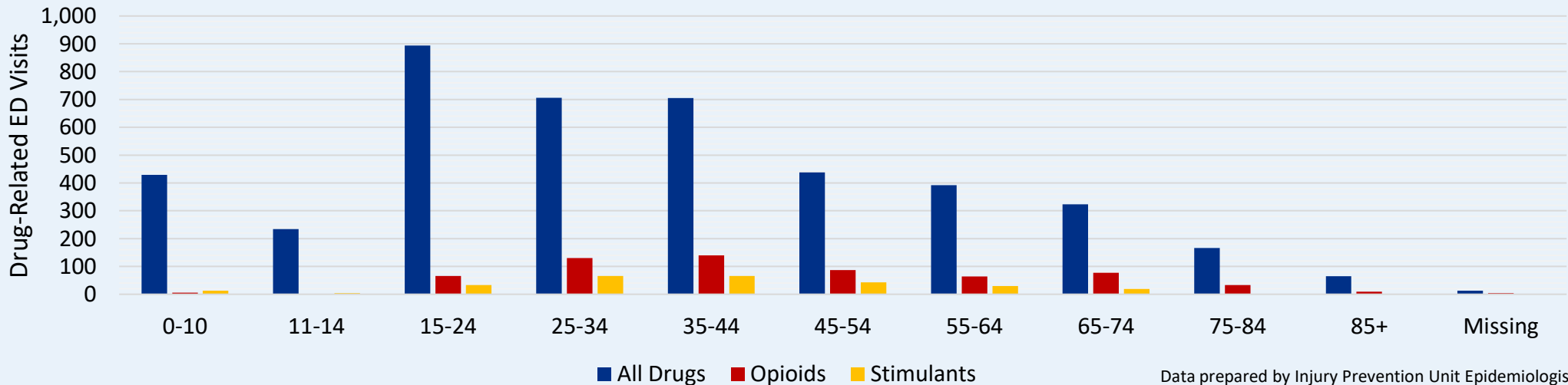


* = Counts less than five were suppressed to protect patient confidentiality.

Race and ethnicity percentages do not equal 100% due to rounding.

Data prepared by Injury Prevention Unit Epidemiologists using NSSP ESSENCE data, January 2026.

Drug-Related ED Visits by Age Group

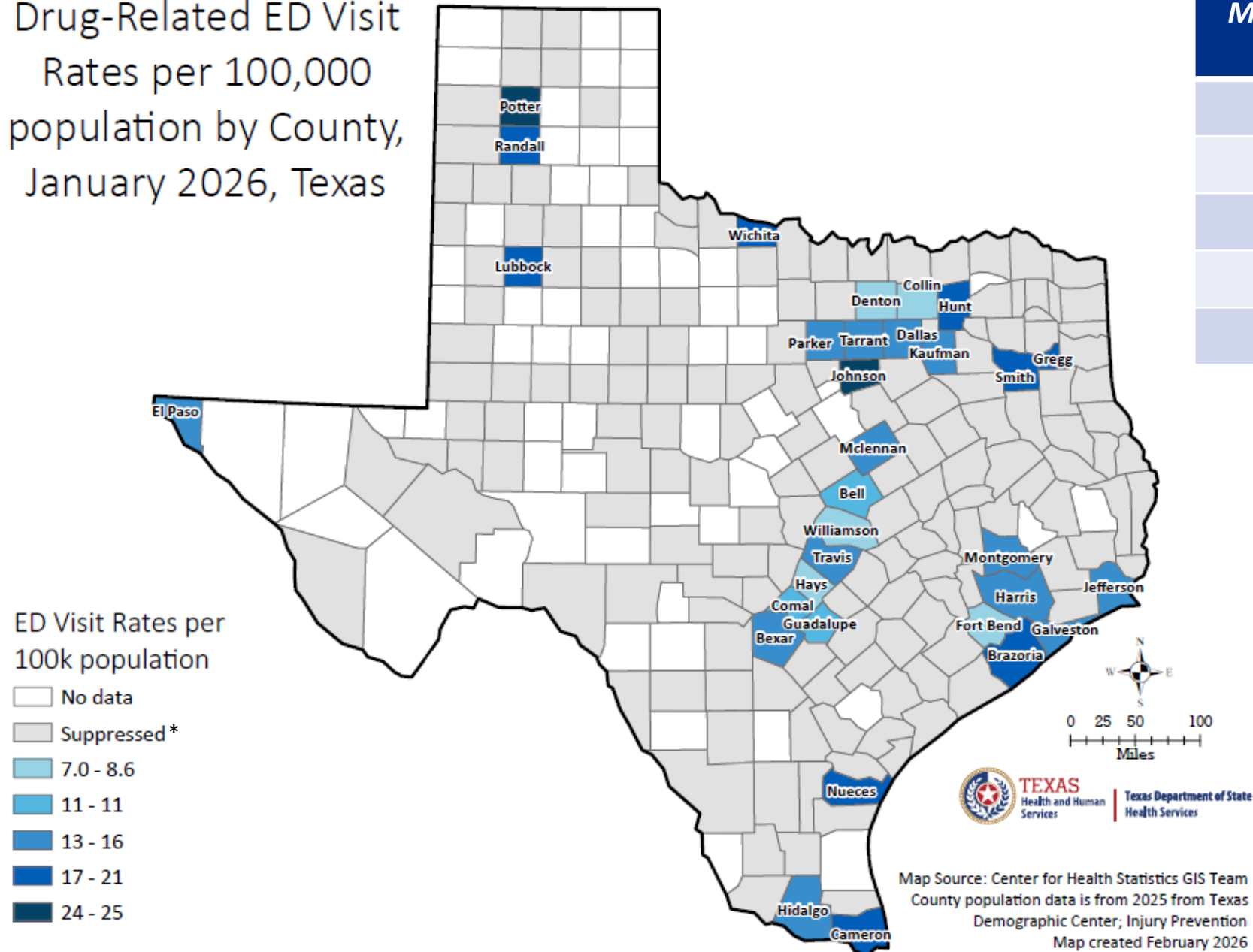


Data prepared by Injury Prevention Unit Epidemiologists using NSSP ESSENCE data, January 2026.

County Map: Drug-Related ED Visits in Texas

January 2026

Drug-Related ED Visit Rates per 100,000 population by County, January 2026, Texas



Most Impacted Counties

Potter
Johnson
Cameron
Lubbock
Randall

*Rates where the numerator is 1-20 are suppressed because rates based on small numbers are unreliable.