# Texas Overdose Data to Action (TODA) Program

#### Drug poisoning is every Texan's problem.

Texas is experiencing a drug poisoning epidemic as **drug poisonings increased more than 75% between 2018 and 2022.** The drug poisoning death rate was 15.4 deaths per 100,000 residents in 2022. This is almost **double** the 2018 rate of 8.9 deaths per 100,000 residents.<sup>1</sup>



"Overdose" and "drug poisoning" are sometimes used interchangeably.
"Overdose" implies the intent to consume a potentially lethal amount of a drug.
"Drug poisoning" includes other factors, such as unintended fentanyl consumption or lethal drug interactions, and combats stigma in the current crisis.

#### **TODA's Mission**

TODA\* works to **help every Texan GAIN** a **better, safer future** by gathering and analyzing information to support data-informed care for people who are at risk of drug poisonings and reducing drug poisoning deaths, injuries, and related harms.

## **Gather** • Analyze • Inform • Network

**GATHER** statewide morbidity and mortality data from sources such as death certificates, hospitals, emergency departments, syndromic surveillance, and medical examiner/justice of the peace records.

**ANALYZE** drug poisoning data to identify distribution and determinants for drug poisonings and emerging drug threats.

**INFORM** prevention programming, decision makers, and the public about the nature of drug poisoning in Texas.

**NETWORK** with state and local organizations to support data-informed care and empower communities to fight against drug poisonings.

\*TODA is part of the Centers for Disease Control and Prevention (CDC) Overdose Data to Action in States grant.





### The Cost to Texans

#### **Economic Cost of Drug Poisoning**

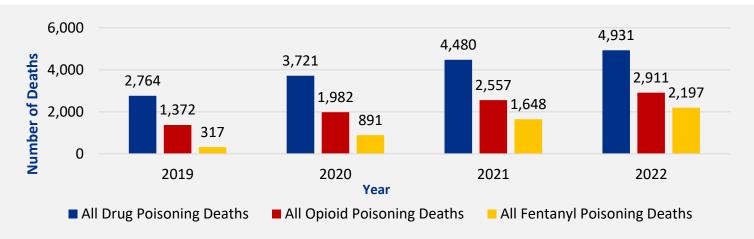
In 2022, CDC estimated **total economic costs** for unintentional and undetermined fatal drug poisoning to be **\$58.83 billion** for Texas. **Much of the economic burden is from the value of life lost due to fatal drug poisoning.<sup>2</sup>** 

#### Number of Texans Suspected to be People Who Use Drugs

In 2021-2022, **1.76 million Texans aged 12 or older – 7.2% of the population – met the applicable diagnostic criteria for having a drug use disorder in the past year.** 461,000 people were classified as having an opioid use disorder.<sup>3</sup>

#### **Fatal Drug Poisonings by Drug Type**

In 2019, **fentanyl poisoning deaths accounted for 11.5%** of all fatal drug poisonings. By 2022, the percentage of fentanyl poisoning deaths out of all drug poisoning deaths **increased to 44.6%**.<sup>4</sup>



#### **Sources**

- <sup>1</sup> **DSHS Texas Health Data:** <u>healthdata.dshs.texas.gov/dashboard</u>/drugs-and-alcohol/drug-related-deaths
- <sup>2</sup> CDC Web-based Inquiry Statistics Query and Reporting System (WISQARS): wisqars.cdc.gov/cost
- <sup>3</sup> Substance Abuse and Mental Health Services Administration (SAHMSA) National Survey on Drug Use and Health (NSDUH) State Data Releases: <a href="mailto:samhsa.gov/data/nsduh/state-reports">samhsa.gov/data/nsduh/state-reports</a>
- <sup>4</sup> **DSHS Texas Health Data:** <u>healthdata.dshs.texas.gov/dashboard/drugs-and-alcohol/fentanyl-trends</u>

Scan the QR code for additional provider and community resources.



Submit questions to TODA@dshs.texas.gov.