

Internship Title: Maternal Mental Health in Rural Communities			
Internship Location: In-Person/Virtual		Preceptor Name and Title: Jasmine Barnes, MPH, CHES – Program Specialist II	
Brief Description			
The project intends to measure and address the maternal mental health issues present in rural counties surrounding Houston/Harris County within Public Health Region 6/5S. Through 1) assessing the prevalence and risk factors of maternal mental health issues in the rural counties, 2) evaluating the existing maternal mental health resource available, 3) creating community awareness of maternal mental health concerns in Public Health Region 6/5s			
Approximate Total Weekly Hours: 15 – 20	Paid: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	DSHS Division: RLHO	Program: Community Health Services – Maternal and Child Health

Disciplines of Public Health

<input type="checkbox"/> Biostatistics/Data Analytics	<input checked="" type="checkbox"/> Epidemiology	<input checked="" type="checkbox"/> Health Promotion
<input checked="" type="checkbox"/> Health Communication	<input checked="" type="checkbox"/> Program Planning	<input type="checkbox"/> Health Administration
<input type="checkbox"/> Environmental Health	<input checked="" type="checkbox"/> Research	<input checked="" type="checkbox"/> Program Evaluation
<input type="checkbox"/> Policy Analysis and Development	<input type="checkbox"/> Other: Click or tap here to enter text.	

Internship Details

Intern Activities
<ul style="list-style-type: none"> • Research and compile data on existing maternal mental health resources and services available in the target rural areas • Develop a Logic Model for the program initiative • Investigate the potential use of telehealth solutions to provide remote mental health support to rural mothers. • Establish and nurture partnerships with local healthcare providers, community organizations, and stakeholders to enhance maternal mental health services. • Create survey for providers about available resources in their area to produce resources guide for future surveys. • Conduct surveys and interviews to assess the prevalence and risk factors of maternal mental health issues in rural counties.
Intern Deliverables

- Comprehensive reports on the prevalence and risk factors of maternal mental health issues in rural counties
- Compilation of maternal mental health resources and services in the rural area
- Develop Logic Model for the initiative
- Create Provider surveys for maternal mental health resources available in rural counties.

As part of an end-of-semester celebration of the interns, the intern will give a brief PowerPoint or poster presentation of their project and experience to an audience of DSHS staff and university partners.

Applicant Qualifications

Required	Skill
	<input checked="" type="checkbox"/> Microsoft Office: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Word <input checked="" type="checkbox"/> Excel <input checked="" type="checkbox"/> PowerPoint
	<input type="checkbox"/> Statistical Analysis applications (SPSS, STATA, etc.)
	<input type="checkbox"/> Tableau or similar applications
	<input type="checkbox"/> Other software applications
	Academic Level Master in Public Health Student
	Any other skills required (soft or technical) Effective communication, Critical Thinking Skills
Preferred	Skill
	<input checked="" type="checkbox"/> Microsoft Office: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Word <input checked="" type="checkbox"/> Excel <input checked="" type="checkbox"/> PowerPoint
	<input type="checkbox"/> Statistical Analysis applications (SPSS, STATA, etc.)
	<input type="checkbox"/> Tableau or similar applications
	<input type="checkbox"/> Other software applications Click or tap here to enter text.
	Academic Level Master of Public Health student
	Any other skills required (soft or technical) Efficient communicator, Cultural competency of rural communities

Application Instructions

Qualified and interested applicants must submit the following items to the contact below:

<input checked="" type="checkbox"/> Application	<input checked="" type="checkbox"/> Letter of Interest	<input type="checkbox"/> Two letters of recommendation
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		Instructions: Letters from current or former supervisor or faculty members (in lieu of reference checks).
<input checked="" type="checkbox"/> Resume	<input type="checkbox"/> Writing Sample	<input type="checkbox"/> Other documents: Click or tap here to enter text.

Contact Information

Contact Name and Information	Name: Craig Gilden Credentials: MEd Title: Education Coordinator Email: internships@dshs.texas.gov
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