



TEXAS
Health and Human
Services

**Texas Department of State
Health Services**

Implementation of Senate Bill 25

Presentation to the Senate Committee on Health and Human Services

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Senate Bill 25 Overview

Authored by Sen. Kolkhorst | Sponsor: Rep. Hull

- ▶ **Food Product Labeling Rules:** Adopted by DSHS with enforcement by the Attorney General
- ▶ **Texas Nutrition Advisory Committee:** Appointed by Governor and administratively supported by DSHS
- ▶ **Education Requirements:** Developed or adopted by applicable state agencies, the State Board of Education, and public and higher education entities



Food Product Labeling Rules

Rules Adoption Process:

- ▶ Adopted in the Texas Register on February 23, 2026

Rules Scope:

- ▶ Includes warning labeling requirements related to food containing artificial colors, additives, or certain banned chemicals
- ▶ Applies to product labels developed or copyrighted on or after January 1, 2027

Current Status:

- ▶ Subject to ongoing litigation (U.S. District Court – Western District of Texas – 6:25-cv-00566)



Texas Nutrition Advisory Committee (TNAC)

Seven members appointed by the Governor, including at least:

- ▶ One expert in metabolic health, culinary medicine, lifestyle medicine, or integrative medicine;
- ▶ One licensed physician certified in functional medicine;
- ▶ One member representing the Texas Department of Agriculture;
- ▶ One member representing a rural community;
- ▶ One member representing an urban community; and
- ▶ One pediatrician specializing in metabolic health.



TNAC Roster

Name	City	Membership Category	Term Expires
Jaclyn Lewis Albin, MD – <i>Chair</i>	Bedford	Pediatrician specializing in metabolic health	9/1/2029
Ann M. Shippy, MD – <i>Vice Chair</i>	Austin	Licensed physician certified in functional medicine	9/1/2027
Padmaja Patel, MD	Midland	Expert in metabolic health, culinary medicine, lifestyle medicine, or integrative medicine	9/1/2029
Sidney “Sid” C. Miller	Stephenville	Texas Department of Agriculture representative	9/1/2027
Natalie Bachynsky, PhD	Lovelady	Rural community member	9/1/2027
Cheryl Sew Hoy	Austin	Urban community member	9/1/2029
Kathleen Davis, PhD	Denton	General member	9/1/2029



TNAC Duties

- Examine the impact of nutrition on human health and examine the connection between ultra-processed foods, including foods containing artificial color and food additives, and the prevalence of chronic diseases and other chronic health issues;
- Provide an independent review of scientific studies analyzing the effects of ultra-processed foods on human health;
- Provide education on the effects of ultra-processed foods on human health; and
- Develop and maintain dietary and nutritional guidelines based on the consensus of available scientific studies and information concerning diet and nutrition.



TNAC Annual Report – due September 1st

Required Contents:

- ▶ A summary of scientific studies regarding the impact of nutrition and ultraprocessed foods on human health;
- ▶ Nutritional guidelines incorporating any new scientific findings; and
- ▶ Any other recommendations the advisory committee considers appropriate based on new scientific studies.



TNAC – Annual Report Status

Committee Work:

- ▶ Full committee meetings held: January, March, April 2026
- ▶ Workgroups established and meetings are ongoing

Workgroups Established to:

- ▶ Identify literature and define ultra-processed food
- ▶ Refine research questions for potential rapid systematic reviews
- ▶ Define who can help with broader systematic research



TNAC Report – Next Steps

- ▶ Report research and drafting in progress
- ▶ Frequent workgroup and full committee meetings scheduled for this spring and summer
- ▶ Upcoming meetings:
 - ◇ June 25, 2026
 - ◇ July 14, 2026
 - ◇ August 19, 2026



Education Requirements: Impact of TNAC Report/Guidelines

Beginning with the 2027-2028 School Year:

- ▶ State Board of Education to update essential knowledge and skills for health curriculum for grades K-8
- ▶ School districts and charter schools to update nutrition and wellness elective courses for high schools
- ▶ Higher education institutions to expand nutrition education offerings and requirements, including for undergraduate medical and health care service-related majors and graduate medical education

By December 31, 2026 or January 1, 2027:

- ▶ Texas Medical Board, Texas Board of Nursing, and the Texas Commission on Licensing and Regulation to update licensing and continuing education requirements





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