## COVID-19 Vaccines are Safe and Help Protect You and Your Baby

Pregnant people are more likely to have severe COVID-19 illness and complications.

Doctors, the CDC and DSHS recommend COVID-19 vaccines for people who are:



**Pregnant** 



**Breastfeeding** 



Trying to get pregnant now or in the future

There is no evidence of miscarriages, stillbirths, or preterm births linked to COVID-19 vaccines.

Vaccinated people, pregnant or breastfeeding vaccinated people give their babies antibodies that can help protect against COVID-19.





