



Quitline FAX Referral Form

Fax Number: 1-800-483-3114

PROVIDER INFORMATION:

Fax Sent Date: ____/____/____

Clinic Name: _____

Health Care Provider: _____

Contact Name: _____

I am a HIPAA-Covered Entity (Please check one) Yes No I Don't Know

Fax: (____) _____ - _____ Phone (____) _____ - _____

Comments: _____

PATIENT INFORMATION: Gender: male / female Pregnant? Y N

Patient Name: _____ DOB: ____/____/____

Address: _____ City: _____ Zip: _____

Primary #:(____) _____ - _____ Type: HM WK CELL OTHER

Secondary #:(____) _____ - _____ Type: HM WK CELL OTHER

Language Preference (check one): English Spanish Other - _____

Tobacco Type (check ALL that apply): Cigarettes Smokeless Tobacco Cigar Pipe

____ I am ready to quit tobacco and request the Quitline contact me to help me with my quit plan.
(Initial)

____ I DO NOT give my permission to the Quitline to leave a message when contacting me.
(Initial)

Patient Signature: _____ Date: ____/____/____

The Quitline will call you. Please check the BEST 3-hour time frame for them to reach you. NOTE: The Quitline is open 7 days a week; call attempts over a weekend may be made at times other than during this 3-hour time frame.

6am - 9am 9am - 12pm 12pm - 3pm 3pm - 6pm 6pm - 9pm

Within this 3-hour time frame, please contact me at (check one): Primary Secondary

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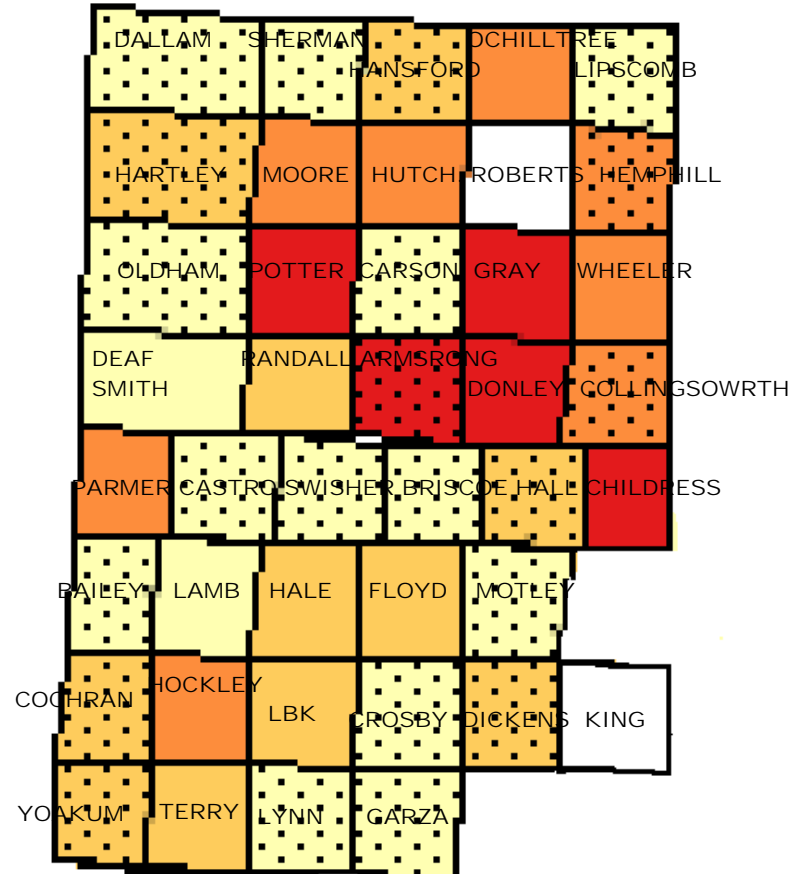
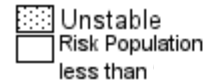
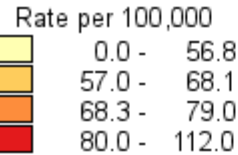
Confidentiality Notice: This facsimile contains confidential information. If you have received this facsimile in error, please notify the sender immediately by telephone and confidentially dispose of the material. Do not review, disclose, copy, or distribute.

Respiratory Cancer Rates in Region 1 Counties ~ Above State Rates

Age-Adjusted Invasive Cancer Incidence Rates in Texas Respiratory System, 2008-2010 By County

Age-Adjusted to the 2000 U.S. Standard Population

Texas Rate: 64.1



TEXAS TOBACCO REGULATIONS

The Tobacco Law Summary

The Tobacco Law is a comprehensive approach to reducing children's access to tobacco products.

Specifically, the law:

- Makes an employee who sells tobacco to a minor criminally responsible for the violation, a Class C misdemeanor.
- Requires tobacco retailers to verify the age of purchasers appearing to be younger than 27 years of age through the use of photo identification.
- All tobacco retailers must post a warning sign required by law and provided by the Texas Comptroller's office.



PURCHASING OR ATTEMPTING TO PURCHASE TOBACCO PRODUCTS BY A MINOR UNDER 18 YEARS OF AGE IS PROHIBITED BY LAW. SALE OR PROVISION OF TOBACCO PRODUCTS TO A MINOR UNDER 18 YEARS OF AGE IS PROHIBITED BY LAW. UPON CONVICTION, A CLASS C MISDEMEANOR, INCLUDING A FINE OF UP TO \$500, MAY BE IMPOSED. VIOLATIONS MAY BE REPORTED TO THE TEXAS COMPTROLLER'S OFFICE BY CALLING 1-800-345-8647.

To view the complete version of the Texas Tobacco Law (Senate Bill 55) visit the Comptroller's Web site:

www.statutes.legis.state.tx.us/Docs/HS/htm/HS.161.htm#H

HEALTH PROVIDER TOOLKIT

DSHS has compiled a kit of clinic resources for health care providers and educators. The Healthcare Provider Toolkit is an evidence-based resource for clinicians to help their patients quit tobacco. The influence a clinician's advice can have on a patient's tobacco use is enormous. In fact, in less than three minutes of counseling, you can double a patient's success in quitting. The toolkit is designed to provide that 3 minutes of counseling to all patients who use tobacco. Within each toolkit, we provide:

- Intro guide to the "Ask, Advise, Assess, Assist, Arrange" module
- Patient information brochures
- Billing guides for your patient referrals and counseling
- Instructions on how to incorporate tobacco cessation into your electronic health records program
- Pharmacotherapy quick reference guide
- Resources for healthcare practitioners

More information can be found at:

<http://qa.yesquit.com/healthcare-providers>

The Quitline is designed with both the clinician and the patient in mind. Patients get the intervention they require, while the process for billing and referrals for the clinician has been streamlined to take a minimum amount of your time.

The Quitline will call the patient at a time of their choosing, if they request further cessation guidance.

The Texas YesQuit Website also offers an online referral form for health care providers that may be accessed through a phone or tablet.

<http://www.yesquit.org/referral-form/>



Yes You Can! ¡Sí Se Puede!

This statewide campaign encourages Texas adults to take the first steps to quit tobacco by seeking the support and information they need through family, health care providers, and the American Cancer Society's toll-free Quitline.

Through the Quitline, callers have access to tobacco cessation counselors and nicotine replacement therapy (such as patches, gum, etc.). The Quitline provides these services at no charge to all Texans throughout all counties.

1-877-YES-QUIT

Yes You Can Quit

Retailers must inform employees that **tobacco sales to minors are illegal**. Retailers are subject to a fine and/or permit suspension or revocation upon failure to adequately supervise or train employee. All offenses must be within a 12-month period.

Minors are penalized for purchasing or possessing tobacco products and must attend a tobacco awareness program or do community service. Failure to attend the tobacco awareness program or do the community service may result in a suspension of the minor's driver's license. A violation is punishable by a fine not to exceed \$250. Upon producing evidence of attending a tobacco awareness program or doing the community service, the charge may be dismissed except in the case of repeated offenses.

- ▶ Vending machine and self-service sales are restricted except in places not open to those under 18 years of age.
- ▶ Giveaways of free samples and coupons to anyone under 18 are prohibited.
- ▶ Sales of cigarettes of less than 20 per pack (Kiddie Packs) are prohibited.
- ▶ Outdoor advertising is prohibited within 1,000 feet of a church or school.

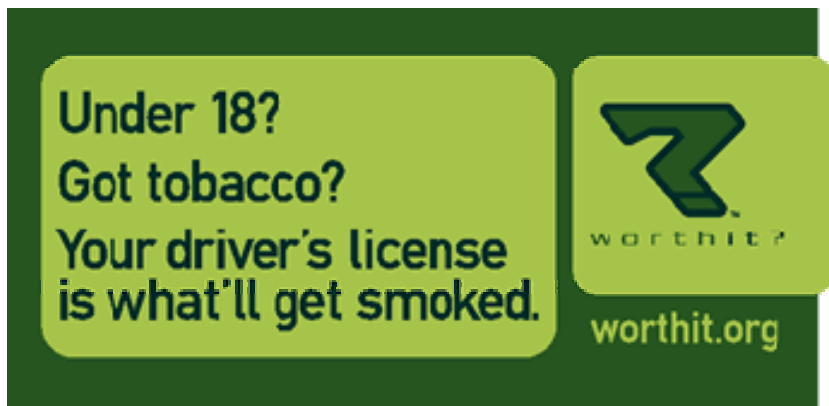
Texas Education Code Sec. 38.006. Tobacco on School Property

School district shall:

- ◆ Prohibit smoking or using tobacco products at a school-related or school-sanctioned activity on or off school property;
- ◆ Prohibit students from possessing tobacco products at a school-related or school-sanctioned activity on or off school property;
- ◆ Ensure that school personnel enforce the policies on school property.

MEDIA CAMPAIGNS

DSHS is spearheading several media and cessation campaign initiatives to counteract the tobacco industry's own media initiatives. Our programs are free and open to any Texas resident.



The *Worth It?* campaign targets teenagers 13-17, with a secondary audience of adults. *Worth It?* presents the facts about tobacco use and its consequences and challenges teens to decide for themselves.

Includes a calculator to determine the "Price of Smoking" and the "Life You'll Lose." Also includes videos and the option to Send a Tombstone to someone you love.

www.worthit.org

The *Worth It?* website also includes a link for more information on the Texas Youth Tobacco Awareness Program (TYTAP). This program is an evidence based model adopted by DSHS' Youth Offender Program to offer education and cessation classes to teens in lieu of community service if they are caught with tobacco.

You can visit <http://www.worthit.org/instructors> for more information on how to become a licensed TYTAP instructor, as well as a full list of instructors in your area.

shareair

We all have the right to breathe clean air.

Elimination of Exposure to Secondhand Smoke

Studies continue to demonstrate that exposure to secondhand smoke is linked to cancer and other serious health consequences. Placing restrictions on smoking in public places is an effective strategy to limit the public's exposure to second hand smoke. DSHS maintains a website designed to track the state's progress toward a smoke-free Texas.

<http://txshsord.coe.uh.edu>

Currently, there are no counties within the Region 1 health area that are 100% smoke free, but Lubbock is leading the way through the work of the West Texas Tobacco Free Coalition. The coalition is open to the public and welcomes any individual. Please contact them for more information on meeting dates and times.

- ◆ **West Texas Tobacco Free Coalition**
Texas Tech University Garrison Institute
6601 S. Quaker, Lubbock, TX, 79413
806-743-7821



We all have the right to breathe clean air.

The *Share Air* media campaign educates the public about dangers of secondhand smoke.

**Clean air is not an extravagance.
It's essential.**

Secondhand smoke is a health risk for everyone — you, your coworkers, and your loved ones. Exposure to secondhand smoke occurs in the workplace and public places such as restaurants and bars. There is no safe level of exposure to secondhand smoke. Tobacco smoke contains more than 4,000 chemical compounds, more than 50 of which are known to cause lung and other cancers. Many of these chemicals have also been proven to cause emphysema, premature death, and heart disease — even among nonsmokers. In adults, secondhand smoke exposure causes approximately 50,000 deaths each year.

You can help bring awareness to this issue in your community and help promote the principle that everyone has the right to breathe clean air. The only way to fully protect anyone from secondhand smoke exposure is to completely eliminate smoking in indoor spaces.



DUCK – Tobacco is Foul

This campaign targets 9-12 year olds through outreach activities; a web site; and television, radio, Internet, and theater advertisements. The campaign's goal is to prevent youth from experimenting with tobacco and to motivate those who are already experimenting to quit.

Messages emphasize tobacco's negative consequences on appearance, social life, and health.

www.ducktexas.com

Spit It Out

This educational campaign was designed to prevent smokeless tobacco use by Texas youth in rural areas. The campaign consists of youth-oriented outreach, a web resource for teens, and television, radio, and online advertising.

www.spititouttexas.org



Nicotine and Smokeless Tobacco Facts

- ◇ The average starting age for a Texas teen using smokeless tobacco is 13. *Source: Texas School Survey of Substance Using Among Students*
- ◇ Regardless of its form — whether smokeless or cigarettes — all tobacco contains nicotine, which is highly addictive. *Source: Centers for Disease Control and Prevention*
- ◇ Nicotine continues to be absorbed in the bloodstream, even after the smokeless tobacco has been removed from the mouth. *Source: American Legacy Foundation*



- ◇ Four percent of Texas adults use smokeless tobacco, yet 8 percent of Texas youth use it. *Source: BRFSS Survey; 2006 Youth Tobacco Survey*
- ◇ Adolescents who use smokeless tobacco are more likely to become cigarette smokers. *Source: U.S. Department of Health and Human Services*
- ◇ Dippers may be exposed to more cancer-causing chemicals than a one-pack-a-day cigarette smoker, based on the higher nicotine levels per serving in smokeless tobacco. *Source: American Legacy Foundation*
- ◇ Smokeless tobacco is not a safe substitute for smoking cigarettes. It can cause cancer and a number of non-cancerous oral conditions. *Source: U.S. Surgeon General*

You may visit killthecan.org for more information and about quitting spit tobacco specifically.