

# Friday Beat

## February 4, 2022, Edition

The newsletter that takes a [Whole School, Whole Community, Whole Child](#) approach.

### Announcements

#### **School Health Program Nurse Position**

Department of State Health Services is hiring a registered nurse to serve as coordinator for the School Health Program. This essential position coordinates daily activities of three program specialists and leads efforts in strategic planning, program implementation, and evaluation of program efforts. The School Health Nurse also serves as the School Nurse Consultant for the state of Texas and participates in three advisory committees. In addition to child health and school health knowledge and experience; we seek someone with leadership, project management, and interpersonal communication skills. [View the Health and Human Services Jobs Center posting](#) to apply.

#### **National School Counseling Week February 7 - 11**

National School Counseling Week 2022 is February 7-11, 2022. The aim of the awareness week is to focus public attention on the unique contribution of school counselors within U.S. school systems. National School Counseling Week highlights the impact school counselors can have in helping students achieve school success and plan for a career. Read more about [National School Counseling Week](#) for resources and tools to celebrate school counselors.

### Professional Development

#### **Texas Department of State Health Services (DSHS) School Nurse Workshop**

During this workshop, school nurses will review the updated Immunization Schedules, State required reporting, and review other topics. Participants will look at where Texas's childhood vaccination rates currently stand, what events are impacting those rates, and how school nurses can directly affect those rates. Attendees will learn about relevant laws, available resources, and official reporting applications they can use as school nurses. This virtual workshop will occur on Wednesday, February 16, 2022 from 3:00-4:30 pm. [Register for the school nurse workshop.](#)

#### **ASCD Annual Conference: Recharge & Reconnect Registration**

The Association for Supervision and Curriculum Development (ASCD) will host an in-person conference in Chicago, Illinois on March 18-21, 2022, and a virtual event on April 20-22, 2022. The conference will focus on connections and growth as an

educator. A series of speakers and sessions will be available throughout the conference. See more information about the [conference and registration](#).

### **School Behavioral Threat Assessment Training**

The Texas School Safety Center will hold virtual Behavioral Threat Assessment Trainings in February and March. This training was developed to meet [Senate Bill 11](#), 86th Texas Legislature, Regular Session, 2019 requirements which mandate the implementation of behavioral threat assessment teams. This training provides a proactive, evidence-based approach for identifying individuals who may pose a threat. Participants will learn about interventions before a violent incident occurs. Participants must enroll and complete the online course before attending the virtual training. Register for the [behavioral threat assessment training](#).

### **Teen Dating Violence Prevention: Romantic Relationships & Tech Webinar**

Learn how to support teens and prevent violence by understanding the prevalence and dangers of teen dating violence, especially for specific populations. Participants also will learn to recognize influences on teen behaviors in romantic relationships, identify concerning behaviors in teen romantic relationships, and learn how to initiate conversations with young people that can help. The webinar will take place February 16, 2022 from 9:30–11:00 am. Register for the [teen dating violence prevention webinar](#).

### **Funding Opportunities**

#### **Scholarship for High School Seniors with Asthma**

The Texas Allergy, Asthma, and Immunology Society (TAAIS) Memorial Foundation is pleased to announce the 2022 TAAIS Memorial Foundation Asthma Scholarship Award. Applicants for this \$3,000 scholarship must be seniors attending a Texas high school during the 2021-2022 school year who suffer from asthma, and who plan to go to college after high school graduation. The deadline to apply is March 1, 2022. Read more about the [TAAIS Scholarship Award](#) for more information.

### **Health Education**

#### **Say What! Action Summits: Save the Date**

Looking for opportunities to inspire your middle school and high school students to live life vape-free and help educate others to do the same? Say What! Action Summits are back in-person starting in March 2022 and are available for 6<sup>th</sup> to 12<sup>th</sup> grade youth groups for free. Participants will receive vaping prevention education, tips and tricks to increase mental wellness, and leadership and networking opportunities. Participants will receive community service hours for participating in a local community service project. Read more about the [Say What! Action Summits](#) and save the date of a summit location near you.

#### **February is National Children's Dental Health Month**

This month-long national health observance brings together dedicated professionals, healthcare providers, and educators to promote good oral health. Caregivers, teachers, and families can all play a role in oral health. The [American Dental Association](#) has oral health promotion posters, English and Spanish activity sheets, and more ways to promote Dental Health Month.

## **Counseling, Psychological and Social Services**

### **Fostering Post-Traumatic Growth after Parental Death from COVID-19**

In April 2021, researchers estimated that nearly 40,000 children under the age of 18 years in the U.S. had lost a parent to COVID-19. Losing a parent is one of the most life-altering experiences for children and adolescents, especially when the death is unexpected. Without adequate counseling and support, these traumatic events can put children and adolescents at increased risk for future mental health crises, maladaptive coping, abuse, chronic diseases, and poverty. This full text article from the [Journal of Adolescent Health](#) provides recommendations for supporting young people through these experiences.

## **Social and Emotional School Climate**

### **Start with Hello Virtual Training**

Start with Hello is a program which teaches students to be more socially inclusive and connected to each other. The program offers activities and curricula for all ages and seeks to empower students to end social isolation. This training allows participants to begin the Start with Hello program cycle train students. Participants will learn to assess the impact of loneliness and isolation in school communities. The training is over Zoom and lasts 2.5 hours. Registration dates and more information are available at the [Texas School Safety Center](#).

## **Quote to Note**

"The way to get started is to quit talking and begin doing." - Walt Disney

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### **Become a *Friday Beat* subscriber by signing up on the [Friday Beat webpage!](#)**

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