



Friday Beat

May 13, 2022, Edition

The newsletter that takes a [Whole School, Whole Community, Whole Child](#) approach.

Announcements

National Nurses Appreciation Week May 6-12, 2022

The School Health Program recognizes the efforts and dedication of school nurses. [National Association of School Nurses](#) celebrates School Nurse Day on the Wednesday within National Nurses Week since 1972. School nurses provide valuable services and support to schools across the state. Thank you for all the work you do for the Texas community.

Texas Education Agency (TEA): 2021-2022 Annual School Health Survey

The [TEA's 2021-2022 School Health Survey](#) is due May 27, 2022. Texas Education Code (TEC), §38.0141, requires school districts and open-enrollment charter schools to provide school health and physical activity information to TEA. School Health Survey data is used by the TEA and policymakers to address the health-related needs of Texas public schools and students.

Heat Awareness Week May 16-22, 2022

The Centers for Disease Control and Prevention (CDC) observes [Heat Awareness Week May 16-22, 2022](#). This [CDC Heat and Infants and Children resource](#) shares information to keep infants and children safe as temperatures rise. It includes tips to prevent and identify heat related illness. Share this resource with students and families before summer break.

Texas Oral Health Basic Screening Survey Begins Fall 2022-2023

Next school year, the Texas Department of State Health Services [Oral Health Improvement Program \(OHIP\)'s Smiles in Schools](#) will screen kindergarteners and third graders at select schools for a special report on the oral health of Texas children. This report is created every five years. Past reports show that nearly 53 percent of kindergarteners and 67 percent of third graders in Texas have experienced tooth decay. OHIP needs to screen children at all types of schools all over the state. Your school may be asked to participate in the special statewide oral health screening. Dental teams are quick and efficient and can accommodate your school's schedule. If you have any questions, reach out to your [regional dental team](#) or OHIP at dental@dshs.texas.gov.

National Asthma and Allergy Awareness Month

The CDC recognizes May as [National Asthma and Allergy Awareness Month](#). View the CDC's information on [asthma care in schools](#). The CDC also has [toolkits to address food allergies in the school setting](#). Use these resources to review best practices and check your school's practices and policies.

Professional Development

National Association of School Nurses (NASN): Focus on the Framework Trainings

The NASN has four Focus on the Framework programs to support school nursing practice. These interactive programs aim to help school nurses develop a deeper understanding of their role in care coordination, community/public health, quality improvement, and standards of practice. Interested individuals and schools can request to host any of these training programs. Individuals interested in bringing a training to their area should contact Stephanye White at swhite@nasn.org. Read more about the [Focus on the Framework training program details](#) and about continuing education credits.

Current Online Behavioral Trends Lunch and Learn

The Texas School Safety Center (TxSSC), in collaboration with Safer Schools Together (SST), is hosting a Current Online Behavioral Trends Lunch and Learn experience to complement the Digital Threat Assessment (DTA) training. Participants will gain understanding of the ever-changing digital landscape. This event is intended for school staff, school-based law enforcement, and any organization that supports Texas schools. Programming includes a live question and answer session with SST Threat Analysts. Participants will learn information for school safety, case scenarios, trends, and risk behaviors. View available dates for this [virtual lunch and learn event](#).

State-Funded Texas Programs Address Youth Mental Health Crisis Webinar

The University of Texas School of Public Health in Austin and the Michael & Susan Dell Center for Healthy Living are hosting the [State-Funded Texas Programs Address Youth Mental Health Crisis webinar](#) on May 19, 2022. Participants will learn more about the Texas Child Mental Health Care Consortium state-funded programs, the Child Psychiatry Access Network, and the Texas Child Health Access Through Telemedicine. Participants will learn about how these programs can provide access to mental health services. Continuing education credit is available for this webinar.

Suicide Prevention for People with Autism Spectrum Disorder Webinar

The Texas Health and Human Services Commission (HHSC) is hosting a training by Lisa Morgan titled ["Suicide Prevention for People with Autism Spectrum Disorder."](#) Lisa is the Co-Chair of the Autism and Suicide Committee of the American Association of Suicidology. The training will occur on May 18, 2022, from 9:00 a.m. to 12:00 p.m. Central Time. Email suicide.prevention@hhs.texas.gov with webinar questions.

Funding Opportunities

National Garden Bureau: 2022 Therapeutic Garden Grant

The National Garden Bureau, American Meadows, Corona Tools, and Sakata Seed America fund the Therapeutic Garden annual grant. The National Garden Bureau funds programs that promote the health and healing powers of human interaction with plants. To qualify, applicants must have a defined therapeutic garden program with a qualified staff member/advisor. The program must be at least one year old at the time of application with at least a five-year commitment for the garden to remain on the property. Applications are due by July 1, 2022. For more information, visit the [Nation Garden Bureau Garden Grant description](#).

Health Education

Be Vape Free: Heroes Virtual Field Trip

This [Heroes Virtual Field Trip](#) free video resource is from the CVS Health Foundation, CATCH My Breath, and Discovery Education. The virtual field trip discusses the harmful effects of e-cigarettes and includes subject matter experts and teen advocates. The video shows health knowledge as a tool to make a positive impact locally and beyond. The Virtual Field Trip Educator Guide to use before and after the video is coming soon.

Nutrition Environment and Services

Diabetes and Cultural Foods Resource

The CDC offers a resource about [Diabetes and Cultural Foods](#). Use this resource to incorporate cultural food into nutrition lessons. Students managing diabetes can also use this resource. This resource includes additional sources for diabetes care information.

Health Services

Register for the Virtual Texas Oral Health Conference July 14-15, 2022

The Texas Oral Health Coalition and the Texas Health Institute are hosting the [Texas Oral Health Conference: A True Collaboration to Improve Oral Health in Texas](#). The conference is virtual and runs July 14-15, 2022. There are a variety of topics that will also appeal to non-dental participants. View the [conference schedule](#) to learn more and register for the event.

Physical Environment

National Institutes of Health (NIH): Hidden Hazards

This [NIH Hidden Hazards](#) resource discusses strategies to clear out toxins from the home. View information on lead, water, mold, and radon. Use this resource to assess school safety and share it with families to promote a healthy home environment.

Quote to Note

“Tell me and I forget. Teach me and I remember. Involve me and I learn.” - Benjamin Franklin

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