

Friday Beat

June 10, 2022, Edition

The newsletter that takes a [Whole School, Whole Community, Whole Child](#) approach.

Announcements

Summertime Friday Beat

During the summer, the Department of State Health Services will move the Friday Beat newsletter to a biweekly schedule. Weekly newsletters will begin again in late August. To view past editions of the Friday Beat, please visit the [School Health Program webpage](#).

June is National Safety Month

The U.S. Department of Health and Human Services (HHS) recognizes [June as National Safety Month](#). The [National Safety Council](#) lists a variety of safety topics for children including teen driving, playground safety, and more. Visit the webpage to view links to additional resources and learn more about keeping kids safe.

Tourette Syndrome Awareness Month May 15 – June 15, 2022

The Centers for Disease Control and Prevention (CDC) partners with the [Tourette Association of America](#) to raise awareness and provide education about Tourette Syndrome (TS) and other tic disorders. Educating the community about TS can increase understanding of the symptoms, reduce teasing, and decrease stress for people living with TS. CDC has [education and training information about TS](#) to support your school community.

Vision, Hearing, and Spinal Screening (VHSS) Reports Due June 30, 2022

Please [submit your school's VHSS report](#) by June 30, 2022, for the 2021-2022 school year. VHSS reporting will be disabled after June 30. If you need assistance with the website, please email chrs.loginhelp@dshs.texas.gov or vhssprogram@dshs.texas.gov.

Region 6/5S - New VHSS Regional Coordinator

The new VHSS regional coordinator for Region 6/5S is Yeren Saucedo. Her email address is Yeren.Saucedo@dshs.texas.gov if you need to contact her.

Funding Opportunities

School Bus Rebates: Clean School Bus Program

The Environmental Protection Agency (EPA) is offering [rebates to replace existing school buses](#) with clean and zero-emission models. Public school districts, charter schools, and others responsible for maintenance of public school buses are eligible to apply. View other [eligibility requirements for the EPA school bus rebates](#). Applications must be submitted by August 19, 2022.

Physical Education and Physical Activity

Encourage Youth Sports in Your Community

The U.S. HHS Office of Disease Prevention and Health Promotion has [resources to encourage youth sports in communities](#). The sports-related materials provided in the Move Your Way® campaign are for parents of children and teens ages 6 to 17. They encourage youth sports participation and support the vision of the [National Youth Sports Strategy](#). These free resources — available in English and Spanish — will help families learn about the many benefits of youth sports participation that go beyond physical health. Visit the [Move Your Way® Campaign](#) for additional community resources.

Counseling, Psychological and Social Services

American School Counselor Association (ASCA) Annual Conference July 9-12, 2022

Join the [ASCA's annual conference](#) on July 9-12, 2022, in Austin, TX. Participants can attend in-person or virtually. The conference will have two general sessions and over 150 breakout sessions. Discover best practices, resources, and evidence-based materials for your school counseling program. Visit the event page for the full schedule and [registration information](#).

Family Engagement

Summer ReCharge: Learning Plan

[Learning Heroes](#) informs and equips parents to support their children's educational and development success. They have partnered with the National Parent Teacher Association, National Summer Learning Association, Remake Learning Days Across America, and Univision to help families and schools develop summer learning plans for kids. Use the [summer recharge tips](#) to reconnect, reflect on progress, and review key skills.

Grocery Benefits for You and Your Kids

No Kid Hungry has information on [grocery benefits](#). It includes summaries about the Supplemental Nutrition Assistance Program (SNAP), Pandemic EBT (P-EBT), and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). Learn about the benefits of these programs, eligibility, and how to apply. Share this information with families in your community to help increase access to food over the summer. Read about the [grocery benefits in Spanish](#). The [P-EBT Outreach Toolkit](#) has additional ways to promote the P-EBT program. View Texas specific grocery benefit information on the [Health and Human Services webpage](#).

Quote to Note

"Do not go where the path may lead, go instead where there is no path and leave a trail." - Ralph Waldo Emerson

Become a *Friday Beat* subscriber by signing up on the [Friday Beat webpage](#)!

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restrictions. External email addresses may also be provided as a courtesy. If you choose to correspond, please be advised that DSHS policies may not apply. For information about any of the programs listed, contact the sponsoring organization directly. For comments or questions about *Friday Beat*, email the School Health Program at schoolhealth@dshs.texas.gov or call (512) 776-7279.

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