

Friday Beat

August 5, 2022, Edition

The newsletter that takes a [Whole School, Whole Community, Whole Child](#) approach.

Announcements

DSHS Recommendations for the Prevention and Control of Communicable Diseases in a Group-Care Setting

The DSHS has updated the guidance on COVID-19 readmission criteria for Schools and Child-Care Centers. The updated [Communicable Disease Chart and Notes for Schools and Child Care Centers](#) is available for download. If you have any questions about COVID-19, please contact eaidu-coronavirus@dshs.texas.gov.

August is Children's Eye Health and Safety Month

The National Association of School Nurses (NASN) recognizes [August as Children's Eye Health and Safety Month](#). The NASN has a resource guide which includes the components for strong vision health care systems within schools. To learn more about vision screenings for your school, visit the Department of State Health Services [Vision and Hearing Screening webpage](#).

Professional Development

National Conference on Child Health and Well-Being 2022

[Action for Health Kids](#) is hosting their annual National Conference on Child Health and Well-Being in Chicago, Illinois on November 2-4, 2022. The conference goal is to strengthen school, family, and community partnerships. Participants will gain knowledge and skills in advancing health and well-being and implementing sustainable policies and best practices. The conference is intended for school district staff, parents, state leaders, and community members. [Register for the conference](#).

Cultural Inclusiveness and Equity WISE

Classroom Well-Being Information and Strategies for Educators (WISE) has created a new training course entitled [Cultural Inclusiveness and Equity WISE](#). The 3-part training is free and meant for educators and school staff. Participants will learn how to support student mental health through inclusive classroom strategies.

Funding Opportunities

Composting and Food Waste Reduction Pilot Project Grant

The United States Department of Agriculture (USDA) is accepting applications for the [FY 2022 Composting and Food Waste Reduction Pilot Project](#). The purpose of the project is to develop and test strategies for planning and implementing compost plans and food waste reduction plans. For more information, [view the pre-recorded webinar](#) about the project. All applications must be submitted to [grants.gov](https://www.usda.gov/grants) by 10:59 pm CT on September 1, 2022.

Nutrition Environment and Services

Kids Gardening Grant Funding Webinar Series

[Kids Gardening](#) is hosting a 4-part webinar series in August. The focus of the series is securing funding for youth garden programs. Sessions include how to write grants, qualities of successful applications, and upcoming grant funding opportunities. All sessions will be recorded and accessible after the live event. Learn more and [register for the grant funding webinar series](#).

Health Services

Region 13 School Nurse Competency Training

[The University of Texas at Austin School of Nursing](#) is hosting this in-person competency training on August 11 and 12, 2022 from 9:00 a.m.–12:00 p.m. or 12:00–3:00 p.m. This training will include hands-on skills training such as emergency intervention with epinephrine, albuterol, or glucagon, and complex conditions that require higher-level acute care nursing proficiency, and more. Register for the [Region 13 School Nurse Competency Training](#). All questions about the event can be directed to dbaker@nursing.utexas.edu.

Clean Hands and Spaces Web-Based Training

The Centers for Disease Control and Prevention (CDC) offers free continuing education credit to those who complete the [Clean Hands and Spaces Web-Based Training](#). This training is available through the Texas TRAIN website. This training is meant for school nurses and other professionals. Participants will gain information and strategies for keeping hands and surfaces clean in educational settings. Begin the academic year with healthy habits and practices to keep the whole school community thriving. The web-based training will provide guidance and resources for creating and following a hand hygiene and cleaning plan. Visit the [TRAIN website](#) to enroll in the course. Follow the [CDC guidelines to receive continuing education credit](#).

Counseling, Psychological and Social Services

Children, Teens, and Suicide Loss

[The American Foundation for Suicide Prevention](#) and the [Doug Center](#) have released the [Children, Teens, and Suicide Loss resource](#). This resource can help support students experiencing loss. Sections include how to care for self, understanding suicide grief in children and teens, and more. This resource can be used in school and shared with families.

Family Engagement

It's That Time of Year Again! Catch Your Child Up on Routine Immunizations for Back to School

The [DSHS Immunization Program](#) has information about immunization schedules for school age children. View the [2022-2023 Immunization Requirements for Schools](#) and the [Texas Vaccines for Children Program](#) for more details. Share this information with families before school starts to make sure everyone is ready to go back to school.

Child Sleep Quality

The Michael and Susan Dell Center for Healthy Living and University of Texas Health have published their [report of Child Sleep Quality](#). View the report to learn how lack

of sleep impacts school performance and other health measures. Share this resource with families to improve sleep quality in children.

Quote to Note

"You only live once, but if you do it right, once is enough." - Mae West

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