

Texas Comprehensive Cancer Control Program Year Two Report

The purpose of the Texas Comprehensive Cancer Control Program (TCCCP) is to decrease the burden of cancer and cancer risk factors across Texas. During the second year of the Cancer Prevention and Control Programs for State, Territorial, and Tribal Organizations CDC-RFA-DP17-1701 cooperative agreement, TCCCP funded programs to decrease the rates of cancers, improve quality of life for cancer survivors, and increase healthy eating and physical activity.

Colorectal Cancer Screenings

Wichita Falls- Wichita County Public Health District worked with two health systems to increase colorectal cancer screenings and educate the public about colorectal cancer screenings.

- 1,245** colonoscopies conducted
- 37%** increase in test conducted over baseline
- 45%** of patient population up to date on colorectal cancer screening

Human Papilloma Virus (HPV) Vaccination Initiative

Northeast Texas Public Health District (NET Health) and University of Texas Health Science Center at Tyler implemented patient reminder systems to increase HPV vaccination rates.

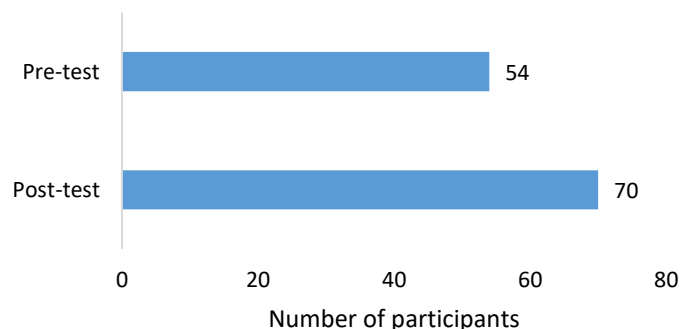
- 3%** of female patients ages 13-17 completed their HPV vaccination series during Year 2
- 36%** increase in vaccination series completion rate from Year 1

LIVESTRONG at the YMCA

TCCCP funded nine classes of **LIVESTRONG** at the YMCA, a 12-week wellness program for cancer survivors.

- 87** cancer survivors enrolled
- 57%** increase in participants who spent three hours or more on physical activity each week
- 44%** decrease in participants with more than five days of poor health a month
- 33%** increase in participants reporting good, very good, or excellent health

LIVESTRONG at the YMCA Participants with 5 or fewer days of poor physical health



Healthy Pantry Project

Feeding Texas worked with the East Texas Food Bank to expand the Healthy Pantry Project to 10 new pantries. These sites implemented evidence-based interventions to encourage their clients to select healthier food options and increase the consumption of fruits and vegetables.

9,484 clients from **3,010** households served by the ten pantries each month

103% increase in pantries' mean score on rubric measures of availability and presentation of healthy foods; and, resources, policies, and services available to clients that promoted healthy foods

Cancer Survivorship Community Health Worker (CHW) Continuing Education

128 CHWs from around the state took a CHW continuing education course on cancer survivorship

Health and Human Services (HHS) Cancer Coordination Leadership Group

TCCCP convened the group with the two other CDC funded cancer programs – the Texas Cancer Registry (TCR) and the Health and Human Services Commission (HHSC) Breast and Cervical Cancer Services (BCCS) Program. The leadership group met four times in Year 2 and worked to streamline cancer program delivery throughout the state.

It's Time Texas Community Challenge

25,603 Texans signed up

20% increase from Year 1

554,639 healthy actions logged in the 8-week challenge

2,234,424 social media impressions made from social media posts

Cancer Alliance of Texas (CAT)

140 member coalition that works to support the elimination of cancer in Texas held four meetings

46 coalition members completed a CAT satisfaction survey

84% of respondents feel confident in CAT leaders' ability to effectively lead the coalition

95% agree that the work CAT does is valuable

77% of respondents feel that tasks to reduce the cancer burden in Texas would not be accomplished without CAT

54% of respondents somewhat or strongly agree that the purpose of priority area workgroups is unclear

In Year 3, TCCCP will focus on expanding the reach of its current programs. This will include: implementing evidence-based interventions within more health systems to increase colorectal cancer screenings and HPV vaccinations; onboarding more YMCAs to offer LIVESTRONG at the YMCA; onboarding a new food bank to adopt the Healthy Pantry Project in its pantries; and working more closely with the Community Challenge to expand its reach and impact.

Data Source: Texas Comprehensive Cancer Control and Prevention Program Evaluation Report 2019- Year 2. Prepared by Chronic Disease Epidemiology, Health Promotion and Chronic Disease Prevention Section, Texas Department of State Health Services