

# RESOURCES FOR ADULTS WITH DIABETES



**TEXAS**  
Health and Human  
Services

Texas Department of State  
Health Services

## Table of Contents

<b>Prescription Assistance Programs .....</b>	<b>3</b>
<b>Pharmacies Offering Discounted Pricing on Generic Prescriptions .....</b>	<b>4</b>
<b>Supportive Services .....</b>	<b>5</b>
<b>Pharmaceutical Companies.....</b>	<b>6</b>
<b>Manufacturers of Insulin Pumps and Diabetes Supplies.....</b>	<b>7</b>
<b>Texas Insurance Resources .....</b>	<b>8</b>
<b>National Organizations and Government Agencies .....</b>	<b>9</b>
<b>Print and Media Resources .....</b>	<b>10</b>
<b>Diabetes Prevention and Control Program.....</b>	<b>11</b>

## Prescription Assistance Programs

### Free Medicine Program

[freemedicineprogram.org](http://freemedicineprogram.org)

Helps patients get prescription drugs and medications free of charge if they qualify.

### Partnership for Prescription Assistance

[pparx.org](http://pparx.org)

Helps qualifying patients without prescription drug coverage get the medicines they need. Many get their medications free or nearly free.

### Rx Hope

[rxhope.com](http://rxhope.com)

Helps people who have trouble paying for their critical medications.

### Rx Assist

[rxassist.org](http://rxassist.org)

Offers a comprehensive database of patient assistance programs.

### Needy Meds

[needymeds.org](http://needymeds.org)

Helps find assistance programs to help with medications and other healthcare costs.

### American Diabetes Wholesale

[americandiabeteswholesale.com](http://americandiabeteswholesale.com)

Serves individuals who pay out of pocket for testing supplies. They provide diabetic supplies and over-the-counter pharmacy items at discounted prices.

### FREEDOMED

[freedommedicalservices.com](http://freedommedicalservices.com)

Provides low cost or free diabetic supplies to persons with diabetes who are eligible through Medicare or private insurance.

### Edgepark Medical Supplies

(formerly Liberty Medical)

[edgepark.com](http://edgepark.com)

Delivers disposable medical products including diabetes supplies. Accepts over 1000 insurance plans and Medicare Assignment.

## Pharmacies Offering Discounted Pricing on Generic Prescriptions

### CVS Pharmacy Health Savings Pass

[cvs.com/pharmacy](https://cvs.com/pharmacy)

### K-Mart Pharmacy Prescription Savings Club

[pharmacy.kmart.com](https://pharmacy.kmart.com)

### Target Generic Drugs Program

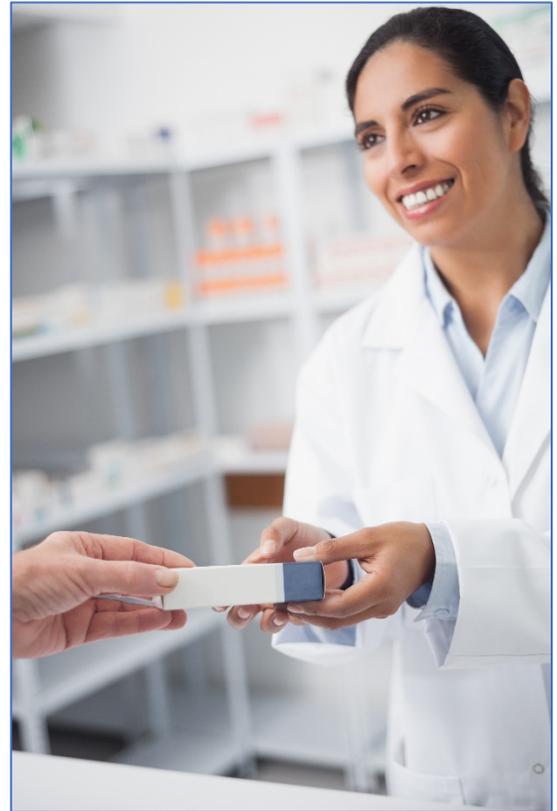
[target.com](https://target.com)

### Walgreens Prescription Savings Club

[walgreens.com](https://walgreens.com)

### Wal-Mart Prescription Program

[walmart.com/cp/Pharmacy/5431](https://walmart.com/cp/Pharmacy/5431)



## Supportive Services

### Eye Care America

[aao.org/eyecare-america](http://aao.org/eyecare-america)

Offers medical eye exams, often at no out-of-pocket cost.

### New Eyes for the Needy

[new-eyes.org/application](http://new-eyes.org/application)

Offers vouchers for eyeglass for those who qualify. Social service agencies must apply on their client's behalf.

### Limbs for Life Foundation

[limbsforlife.org/get-help](http://limbsforlife.org/get-help)

Provides payment for lower limb prosthetics of amputees who are U.S. citizens or legal residents and who have no other means to get a prosthetic. Co-payments/Co-insurance is not funded by Limbs for Life.

### Diabetes Research and Wellness Foundation

[diabeteswellness.net/free-diabetes-id-necklace](http://diabeteswellness.net/free-diabetes-id-necklace)

Has free diabetes ID necklaces.

### Texas Kidney Health Care Program

[hhs.texas.gov/services/health/kidney-health-care](http://hhs.texas.gov/services/health/kidney-health-care)

A statewide program that helps Texans with end-stage renal disease pay for their treatment.

## Pharmaceutical Companies

### AstraZeneca

[astrazeneca-us.com](http://astrazeneca-us.com)

AZ & Me Prescription Savings Programs

### Bayer Corporation

[pharma.bayer.com](http://pharma.bayer.com)

Bayer HealthCare Patient Assistance Program

### BD (Becton, Dickinson and Company)

[bd.com/en-us](http://bd.com/en-us)

BD Insulin Syringe Assist Program

### Eli Lilly and Company

[lillycares.com](http://lillycares.com)

Lilly Cares helps people obtain the Lilly medicines they need.

### Merck and Co., Inc.

[merck.com](http://merck.com)

The Merck Patient Assistance Program

### Novartis

[patientassistancenow.com](http://patientassistancenow.com)

Helps find programs that may provide savings or resources, as well as access to your Novartis prescription medications.

### Novo Nordisk Pharmaceuticals, Inc.

[novocare.com](http://novocare.com)

Novo Nordisk Patient Assistance Program (PAP)

### Pfizer

[pfizerrxpathways.com](http://pfizerrxpathways.com)

Connects eligible patients to programs that offer insurance support, co-pay help, and free or discounted medicines.

### Roche Laboratories, Inc.

[genentech-access.com/hcp.html](http://genentech-access.com/hcp.html)

Offers support and reimbursement when you are prescribed a Genentech medicine.

### Sanofi-Aventis

#### Pharmaceuticals, Inc.

[sanofipatientconnection.com](http://sanofipatientconnection.com)

Sanofi Patient Connection can provide medication at no cost if you meet program eligibility requirements. This component of the program is made possible through Sanofi Cares North America.

### Insulins Valyou Savings Program

[insulinsvalyou.com](http://insulinsvalyou.com)

Provides prescription assistance with Admelog (insulin lispro 100 units), Apidra (insulin glulisine 100 units), Toujeo (insulin glargine 300 units), and Lantus (insulin glargine 100 units).

## Manufacturers of Insulin Pumps and Diabetes Supplies

### Medtronic

[medtronicdiabetes.com](http://medtronicdiabetes.com)

Manufacturer of the MiniMed insulin pump and continuous glucose monitoring (CGM) devices.

### Tandem

[tandemdiabetes.com](http://tandemdiabetes.com)

Manufacturer of the tSlim insulin pump and accessories.



### Roche

[accu-chek.co.uk/insulin-pumps](http://accu-chek.co.uk/insulin-pumps)

Manufacturer of the Accu-Chek Combo and the Accu-Chek Insight, blood glucose meters, and implantable continuous glucose monitoring (CGM) devices.

### Insulet

[insulet.com](http://insulet.com)

Manufacturer of the Omnipod Insulin pump and accessories.

### Abbot

[diabetescare.abbott/worldwide-locations.html](http://diabetescare.abbott/worldwide-locations.html)

Manufacturer of FreeStyle products including the FreeStyle Libre continuous glucose monitoring (CGM) devices and FreeStyle blood glucose meters, lancets, etc.

### Dexcom

[dexcom.com](http://dexcom.com)

Manufacturer of Dexcom insulin pumps and continuous glucose monitoring (CGM) devices.

## **Texas Insurance Resources**

### **Texas Department of Insurance**

[tdi.texas.gov](http://tdi.texas.gov)

Find information on insurance laws and protections in Texas. If you are having a problem with your health plan and are unable to resolve it with the plan directly and want to file a complaint, the state insurance department may be able to help.

### **Texas Health Options**

[texashealthoptions.com](http://texashealthoptions.com)

A State of Texas resource for understanding how to find and use health insurance.

### **Texas Medicaid and CHIP information**

[hhs.texas.gov/services/health/medicaid-chip](http://hhs.texas.gov/services/health/medicaid-chip)

Medicaid and the Children's Health Insurance Program (CHIP) help you cover medical expenses for children and people with disabilities who meet income requirements.

## National Organizations and Government Agencies

### American Association of Diabetes Educators (AADE)

[diabeteseducator.org](http://diabeteseducator.org)

Professional membership organization that works to improve prediabetes, diabetes and cardiometabolic care through education, management, and support. AADE has more than 14,000 professional members including nurses, dietitians, pharmacists, and exercise specialists.

### American Diabetes Association (ADA)

[diabetes.org](http://diabetes.org)

Volunteer network that helps more than 500,000 people with diabetes. They have information for families and caregivers. ADA works to provide diabetes awareness and education to the public.

### Centers for Disease Control and Prevention

#### Division of Diabetes Translation

[cdc.gov/diabetes/home/index.html](http://cdc.gov/diabetes/home/index.html)

Focuses on preventing type 2 diabetes, reducing diabetes complications and disability. It also works to reduce diabetes-related disparities which are differences in health across different geographic, racial, ethnic, and socioeconomic groups.

### National Institute of Diabetes and Digestive and Kidney Disease (NIDDK)

[niddk.nih.gov/health-information/diabetes](http://niddk.nih.gov/health-information/diabetes)

Provides diabetes health information to the public with a goal to reduce the burden of diabetes and prediabetes.

### National Diabetes Education Program (NDEP)

[ndep.nih.gov](http://ndep.nih.gov)

Provides resources and education to improve diabetes treatment and outcomes.

### American Dietetic Association

[eatright.org](http://eatright.org)

Organization of food and nutrition professionals.

### International Diabetes Federation (IDF)

[idf.org](http://idf.org)

Promotes diabetes care and prevention.

### Juvenile Diabetes Research Foundation International (JDRF)

[jdrf.org](http://jdrf.org)

Provides a support network for millions of people around the world impacted by T1D.

## Print and Media Resources

### Diabetes Forecast (print and online magazine)

[diabetesforecast.org](http://diabetesforecast.org)

Supplies information on diabetes research and treatment.

### Diabetes Health (online magazine)

[diabeteshealth.com](http://diabeteshealth.com)

Resource for people living with diabetes—both newly diagnosed and experienced—as well as the professionals who care for them.

### Diabetes Self-Management (online and print magazine)

[diabetesselfmanagement.com](http://diabetesselfmanagement.com)

Provides information for people with diabetes who want to know more about managing their diabetes. The site publishes a bimonthly magazine, a weekly newsletter, several books, and a blog.

### dLife

[dlife.com](http://dlife.com)

Provides practical solutions to the 24/7 challenge of managing diabetes.

### diaTribe

[diatribe.org](http://diatribe.org)

Empowers readers with information for persons living with diabetes.

### The Diabetes News

[thediabeticnews.com](http://thediabeticnews.com)

Provides news, resources, and information about diabetes.

### Diabetic Gourmet

[diabeticgourmet.com](http://diabeticgourmet.com)

Provides information on health issues as well as dining and cooking information for people with diabetes.

### Diabetic Living

[eatingwell.com](http://eatingwell.com)

Offers diabetes-friendly recipes, weight-loss strategies, blood glucose monitoring tips, medication information, messages from people living with diabetes, and information for those that want to take an active approach to manage their diabetes.

### 2-1-1

[211.org](http://211.org)

Offers a comprehensive source of for local social services information. Get help with crises, emergencies, healthcare issues, housing/utilities, human trafficking, jobs/employment, reentry programs and more

# Diabetes Prevention and Control Program

## General Information

The Texas Department of State Health Services Diabetes Prevention and Control Program (DPCP), oversees federal and state programs in Texas that focus on diabetes education for the public and professionals.



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## The goals of DPCP are to:

- Prevent Type 2 diabetes in persons at high risk for developing diabetes.
- Prevent or delay the onset of Type 2 diabetes in persons with prediabetes, gestational diabetes and other risk factors.
- Prevent or delay complications in persons with diabetes.
- Assist persons who have diabetes in managing the disease and the complications that result if untreated.

## To achieve these goals, DPCP:

- Administers grant-funded initiatives and contracted services.
- Provides technical assistance to community-based diabetes prevention and self-management programs.
- Disseminates educational materials to the public and health care providers.

DPCP receives funding through the Texas' general revenue fund and federal funding through a cooperative agreement with the Centers for Disease Control and Prevention. The program collaborates with other state agency programs, when possible, to leverage resources and submit coordinated proposals for federal funding opportunities.

## Contact Information

### Diabetes Prevention and Control Program

Texas Department  
of State Health Services  
1100 West 49<sup>th</sup> Street  
Mail Code 1965  
Austin, Texas 78756

Phone: 512-776-2834

Fax: 512-776-7408

Email: [diabetes@dshs.texas.gov](mailto:diabetes@dshs.texas.gov)

Website: [dshs.texas.gov/txdiabetes](http://dshs.texas.gov/txdiabetes)

Diabetes Prevention  
and Control Program

[\*dshs.texas.gov/txdiabetes\*](https://dshs.texas.gov/txdiabetes)