Texas Diabetes Council
A1c Goals

TEXAS Department of State Health Services

TDC TEXAS DIABETES COUNCIL

Revised 4/24/2014

A1c Goals

Individualize goal based on patient risk factors

A1c < 6-7%

A1c < 7-8%

Intensify management if:

- Absent/stable cardiovascular disease
- Mild-moderate microvascular complications
- Intact hypoglycemia awareness
- Infrequent hypoglycemic episodes
- Recently diagnosed diabetes

Less intensive management if:

- Evidence of advanced or poorly controlled cardiovascular and/or microvascular complications
- Hypoglycemia unawareness
- Vulnerable patient (ie, impaired cognition, dementia, fall history)

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