

**Texas Diabetes Council
Meeting Minutes
April 18, 2019
1:00 p.m.**

**Moreton Building, Public Hearing Room M-100
1100 W. 49th Street, Austin, TX 78756**

Table 1: Texas Diabetes Council member attendance at the Thursday, April 18, 2019 meeting.

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
Dr. Mitchel Abramsky	X		Dr. Kathy LaCivita	X	
Ms. Joan Colgin	X		Ms. Aida (Letty) Moreno-Brown		X
Ms. Felicia Fruia-Edge		X	Dr. Feyi Obamehinti	X	
Ms. Lisa Golden	X		Ms. Ardis Reed	X	
Dr. Carley Gomez-Meade		X	Mr. Jason Ryan	X	
Mr. John Griffin	X		Mr. William (David) Sanders	X	
Dr. Manda Hall	X		Dr. Curtis Triplitt		X

Agenda Item 1: Welcome

Dr. Kathy LaCivita, Chair of the Texas Diabetes Council (TDC), convened the meeting at 1:00 p.m. Dr. LaCivita greeted everyone and turned the floor over to Ms. Stephanie Gutierrez, HHSC, Policy & Rules, Advisory Committee Coordination Office.

Agenda Item 2: Roll Call

Ms. Gutierrez reviewed logistics, called roll, and determined quorum. Ms. Gutierrez requested a motion to excuse the absences of members.

MOTION: Mr. Jason Ryan made a motion to approve the absences for Dr. Curtis Triplett, Dr. Carley Gomez-Meade, and Ms. Felicia Fruia-Edge for the April 18, 2019 meeting. Ms. Ardis Reed seconded the motion. A voice vote was taken. The motion carried with no objections nor abstentions.

Agenda Item 3: January 24, 2019 Meeting Minutes

Ms. Gutierrez asked if there were any necessary edits. Hearing none, Ms. Gutierrez requested a motion.

MOTION: Mr. Jason Ryan made a motion to approve the January 24, 2019 meeting minutes. Mr. William Sanders seconded. A voice vote was taken. The motion carried with no objections nor abstentions.

Agenda Item 4: Best Practices in Clinical Standardization: The Together to Goal Program

Dr. LaCivita introduced and turned the floor over to Ms. Kathy Giammona, Novo Nordisk.

Ms. Giammona stated the Together2Goal program is an initiative started through the American Medical Group Association (AMGA). The program is to deliver coordinated patient centered high value medical care to improve quality of life for people living with type 2 diabetes.

Ms. Giammona reviewed the Together2Goal website with members, www.together2goal.org

Agenda Item 5: Cost of Doing Nothing: Obesity and Its Impact

Dr. LaCivita introduced and turned the floor over to Dr. Courtney Walker, Novo Nordisk. Dr. Walker reviewed the PowerPoint and handout, *Cost of Doing Nothing: Obesity and Its Impact*.

Members discussed:

- Naturally Slim being a first line treatment and pharmacotherapy being second line treatment
- Lifestyle modifications
- Genetics affecting body type and composition
- Being more considerate of people with obesity rather than stigmatizing them

Agenda Item 6: New Durable Medical Equipment Prosthetics, Orthotics, and Supplies (DMEPOS) rule for People with Diabetes

Dr. LaCivita introduced and turned the floor over to Ms. Carmen Irwin, Centers for Medicare and Medicaid Services. Ms. Irwin referenced the PowerPoint, *Medicare Updates Texas Diabetes Council/April Quarterly Meeting, April 18, 2019*.

Ms. Irwin informed members about the DMEPOS competitive bidding program. This program dealt with durable medical equipment. Medicare pays for these supplies under the Part B benefit. This program expired on December 31, 2018. As of January 1, 2019, there is a fee for service 20% copayment for patients being prescribed medical supplies. In 2021, new rounds for competitive bidding will begin in an effort to reset the prices at a lower fee schedule.

Ms. Irwin stated Medicaid is working with Health and Human Services (HHS) agencies to promote education regarding the opioid epidemic. Ms. Irwin also shared with members a new Medicare application called, "What's Covered." This is a free application available on both Apple and Android products. The

What's Covered app displays the Part A and B services are covered and allows users to browse preventive services.

Ms. Irwin stated beneficiaries can call 1-800-MEDICARE with questions, go online to, www.medicare.gov or use the What's Covered app.

Agenda Item 7: Diabetes Advisory Alliance Meeting Update

Dr. LaCivita introduced and turned the floor over to Ms. Ardis Reed, Texas Diabetes Council member. Ms. Reed referenced the PowerPoint and handout, *Perspectives from the Field*.

Ms. Reed informed members about her trip to Washington D.C to present with the Diabetes Advocacy Alliance on perspectives from the field based on input Ms. Reed has gathered in her position at TMF Health Quality Institute. Ms. Reed's presentation was specific to barriers and obstacles to healthcare system providers, educators, and people with diabetes.

Ms. Reed will discuss sustaining diabetes prevention and self-management programs during a national webinar for Healthy People 2020 on June 20, 2019.

Members discussed:

- Medicare funding for diabetes

Agenda Item 8: State Board of Education Update

Dr. LaCivita introduced and turned the floor over to Dr. Feyi Obamehinti, Texas Diabetes Council member and Ms. Jessica Snyder, Texas Education Agency Director of Special Projects. Dr. Obamehinti and Ms. Snyder referenced the handout and PowerPoints, *Texas Essential Knowledge and Skills Update*, *Texas Education Agency: 2017-2018 ELL Student Reports by Language and Grade*, *Texas Education Agency: Student Enrollment Data*.

Members discussed:

- The impact of eliminating physical education for children
- Recommending legislation to include physical education in high school

MOTION: Dr. LaCivita made a motion to recommend to legislature to revise curriculum to include physical education and require health classes in high school. Ms. Joan Colgin seconded the motion. A voice vote was taken. The motion carried with no objections nor abstentions.

MOTION: Ms. Reed made a motion to include core concepts, such as chronic disease prevention and treatment in curriculum that addresses health and activities to achieve vertical alignment for grades K-12. Dr. Obamehinti seconded the motion. A voice vote was taken. The motion carried with no objections nor abstentions.

ACTION ITEM: Ms. Colgin will send the program the published research of the National Physical Education Alliance that examines physical education in American school systems, showing no progress in the last fifteen years.

Agenda Item 9: Texas Medicaid Managed Care Organizations Survey Update

Dr. LaCivita introduced and turned the floor over to Dr. Maria Cooper, DSHS Chronic Disease Epidemiology Branch Manager. Dr. Cooper referenced the handout and PowerPoint, *Managed Care Organization Survey on Diabetes Self-Management Education and Support Services*.

Members discussed:

- Reviewing the survey to determine accurate percentages of MCO participation before the next TDC meeting
- Reevaluating the legislative rule to ensure concepts and action planning are included in the curriculum for diabetes self-management education and support (DSMES).

MOTION: Ms. Colgin made a motion to make the revisions suggested and finalize the report to share at the MCO Medical Director quarterly meetings. Dr. LaCivita seconded the motion. A voice vote was taken. The motion carried with no objections nor abstentions.

Agenda Item 10: State Agency Representatives

a. Department of State Health Services

Dr. Manda Hall, DSHS, Community Health Improvement Division, Associate Commissioner, updated members on legislative updates. Of the 119 bills being tracked, 48 are assigned to Health Promotion Chronic Disease. Senate Bill 2151 (SB2151) relates to the TDC and the state plan. SB2151 passed the senate and has been assigned to House Public Health. Senate Bill 1225 (SB1225) looks at the recreation of the Chronic Kidney Disease Task Force. SB1225 passed the House and has been assigned to Senate Health and Human Services. House Bill 4121 (HB4121) is related to TDC, in addition to four House Bills related to the Obesity Prevention and Control Program; HB718, SB1111, SB1119, SB1313.

Dr. Hall brought handouts for members, *Adverse Childhood Experiences Results from the 2015 Texas Behavioral Risk Factor Surveillance System* and

Salud America Diabetes Alert Day Twitter Chat Recap. Dr. Hall gave program updates regarding a Centers for Disease Control and Prevention (CDC) cooperative agreement that ends its first year on June 29, 2019. The DSHS Diabetes Prevention and Control Program (DPCP) submitted a continuation application for year two of the cooperative agreement. The five-year, \$14.4 million cooperative agreement focuses on improving the health of Americans through the prevention and management of diabetes, heart disease, and stroke. The DPCP also did a Twitter Chat on March 26, 2019, Diabetes Alert Day, hosted by Salud America.

b. Health and Human Services Commission

Dr. Mitchell Abramsky, HHSC Medicaid and CHIP Services Associate Medical Director, stated continuous glucose monitoring is going through fiscal and rates analysis. In approximately six months, a draft will be available for public comment. Dr. Abramsky informed members smoking cessation counseling will become a benefit beginning May 1, 2019 for Medicaid recipients 10 years of age and older. Dr. Abramsky introduced the new Chief Medical Officer, Dr. Ryan Van Ramshorst. Dr. Van Ramshorst greeted members and shared the Topic Nomination Form process will be modernized to keep up with the advancement of medicine and science.

c. Texas Workforce Commission (TWC)

Ms. Lisa Golden, Texas Workforce Commission (TWC), stated people with disabilities need to be included in and given access to technology-based programs and services. Ms. Golden stated the agency is focused on the 14-22-year old population to ensure they get services for people with type 1 diabetes and autism. Ms. Golden also stated people with disabilities should be paid the same wages and given the same job opportunities as people without disabilities.

Agenda Item 11: Workgroups

a. Advocacy and Outreach

Dr. LaCivita introduced and turned the floor over to Mr. John Griffin, TDC member and Chair of the Advocacy and Outreach workgroup. Mr. Griffin informed Council, the workgroup discussed:

- Drafting the state plan for diabetes by November 2019
- Transparency in insulin price changes
- Discussion of having Dr. Ann Albright, CDC Director of Division of Diabetes Translation, attend a future meeting

b. Health Professionals and Outcomes

Dr. LaCivita introduced and turned the floor over to Ms. Colgin, TDC member and co-facilitator of the Health Professionals and Outcomes workgroup.

Ms. Colgin informed Council, the workgroup discussed:

- The Texas Vendor Drug Program presenting to Council regarding the formulary, rebate, and prior authorizations processes

Agenda Item 12: Announcements

Dr. LaCivita made no announcements.

Agenda Item 13: Public Comment

No public comment was made.

Agenda Item 14: Future Meetings

Dr. LaCivita stated the next scheduled meeting is July 25, 2019 at 1:00 p.m. Dr. LaCivita informed members the October meeting has been moved up to October 10, 2019.

Topics of discussion for the July meeting:

- Texas Vendor Drug Program presentation on processes
- State engagement calls for diabetes self-management education and support (DSMES) and diabetes prevention programs (DPP)
- San Antonio Diabetes Collaborative presentation

Agenda Item 15: Adjournment

Dr. LaCivita adjourned the meeting at 3:42 p.m.

Webcast: <https://texashsc.swagit.com/play/04182019-1446>