



# **Texas School Health Advisory Committee**

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**As Required by**

**Texas Administrative Code**

**Title 25, §37.350**

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**TEXAS**  
Health and Human  
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# 1. Introduction

[Health and Safety Code, Section 1001.0711](#), established the Texas School Health Advisory Committee (TSHAC). The TSHAC Report is prepared in compliance with [Texas Administrative Code, Title 25, Part 1, Chapter 37, Subchapter R, §37.350 \(25 TAC §37.350\)](#) and summarizes committee activities for fiscal years 2017 and 2018. The report is due to the Executive Commissioner of the Health and Human Services Commission annually, each June.

The purpose of the TSHAC is to provide assistance to the Texas Department of State Health Services (DSHS) by establishing a leadership role for DSHS in the support for, and delivery of, coordinated school health and school health services. The TSHAC rules have been promulgated and are published in [Texas Administrative Code \(TAC\) 25 TAC §37.350](#).

The report lists the meeting dates of the TSHAC; the attendance records of its members; a brief description of actions taken by the TSHAC; a description of how the TSHAC has accomplished the tasks given to them by DSHS; anticipated activities for the next year; and costs related to the TSHAC's existence. The TSHAC was created by state law and is subject to [Texas Government Code, Chapter 2110](#), except for § 2110.008.

## 2. Background

The Texas School Health Advisory Committee (TSHAC) was created by Senate Bill 42, 79th Legislature, Regular Session, 2005, and is now codified in the [Health and Safety Code, Section 1001.0711](#),

The TSHAC's membership reflects the diversity of school health issues and adds another level of professional expertise to the systemic dissemination of coordinated school health programming and school health services in Texas.

By law, one representative from the Texas Education Agency and one representative from the Texas Department of Agriculture serve as members of the TSHAC. By rule, the coordinator of the Department of State Health Services School Health Program and a representative of the Governor's Advisory Council on Physical Fitness serve as members, along with 17 additional appointees.

It is anticipated that five new members will be appointed and one current member will be reappointed to TSHAC prior to the start of fiscal year 2019. Refer to [Appendix A](#) for a list of current TSHAC members.

### 3. Committee Activities - Fiscal Years 2017 and 2018

## Committee Meeting Dates and Attendance of Members

Table 1. 2017 TSHAC Meeting Dates

Date	Attendance	Quorum
September 12, 2016	Seventeen of the twenty members participated in-person in Austin, TX	Yes
November 14, 2016	Fourteen of the twenty members participated in-person in Austin, TX	Yes
January 9, 2017	Fifteen of the twenty members participated in-person in Austin, TX	Yes
March 27, 2017	Eighteen of the nineteen* members participated in-person in Austin, TX	Yes

\*One member missing due to vacant position

Table 2. 2018 TSHAC Meeting Dates

Date	Attendance	Quorum
September 11, 2017	Thirteen of the nineteen* members participated in-person in Austin, TX.	Yes
January 22, 2018	Fifteen of the nineteen* members participated in-person in Austin, TX.	Yes

Date	Attendance	Quorum
April 23, 2018	Eleven of the nineteen* members participated in person in Austin, Texas.	Yes

\*One member missing due to vacant position

## Description of Committee Actions

The Texas School Health Advisory Committee (TSHAC) met four times during fiscal year 2017 and three times during fiscal year 2018. All minutes, including actions taken and lists of meeting attendees, are available to the public on the DSHS School Health Program's [TSHAC webpage](#).

During each TSHAC meeting, the members reviewed and approved the minutes from the previous TSHAC meeting, discussed updates from Texas Education Agency (TEA), Texas Department of Agriculture, and Department of State Health Services (DSHS), and reviewed the TSHAC Document Revision Schedule. During the September 12, 2016 meeting, Mack Harrison with the Office of the General Counsel at HHSC provided a brief presentation regarding the roles and responsibilities of the TSHAC members. During the January 9, 2017 meeting, Shelly Ramos with TEA provided a brief update on the Every Student Succeeds Act (ESSA) Title IV Block Grant, Part A. During the January 22, 2018, Eric Ratliff with the University of Texas School of Public Health in Houston provided an update on his research regarding local school health advisory councils (SHACs).

Future TSHAC actions during fiscal year 2018 include reviewing and revising the following documents:

- Recommendations for Expanding Physical Activity Opportunities Outside of the Classroom (formerly titled Recommendations for Offering Physical Activity Outside of the School Day);
- Recommendations for Coordinated School Health Programs;
- Recommended School Health Services Staff Roles;
- Bullying Prevention Toolkit; and
- Sample Resolution on Elementary School Students.

## **Committee Accomplishments**

During fiscal years 2017 and 2018, in accordance with the TSHAC Document Revision Schedule, the members reviewed and revised the following documents:

- Research and Resources on Promoting Positive School Climates to Improve Student Outcomes;
- Research and Recommendations on Health Issues and Parent Involvement and Engagement in Student Academic Success;
- Research and Recommendations on Late Start of School Activities for Students in High School; and
- Sample Resolution for SHAC Recommendations on Obesity Prevention in Texas Public Schools and Cover Letter.

All approved TSHAC documents are available to the public on the DSHS School Health Program's [TSHAC webpage](#).

## **Anticipated Activities of Committee for Next Year**

The TSHAC is anticipated to meet two times during fiscal year 2019. Additional meetings may be scheduled as needed to do TSHAC work. The following documents are slated for review and possible revision, per the TSHAC Document Revision Schedule, in fiscal year 2019:

- Policy Recommendations on E-Cigarettes for SHACs to comply with Senate Bill 489, 85<sup>th</sup> Legislature, Regular Session, 2017;
- Recess and Physical Activity: Impact on Student Health and Academic, Social, and Emotional Development;
- Recommendations and Research on Physical Education;
- Research and Recommendation on School Bus and Automobile Idling;
- Benefits to Students in School Districts that Prohibit Physical Education as Punishment;
- Resources for Students and Families Dealing with Economic Crisis;
- SHAC Annual Progress Report to Board of Trustees (PowerPoint) and Cover Letter;
- SHAC Self-Assessment and Cover Letter;
- School Health Initiative Screening Tool and Cover Letter;
- Health Education for All Texas Students, Kindergarten through 12<sup>th</sup> Grade

- Sample Resolution on Health Education for all Texas Students, Kindergarten through 12<sup>th</sup> Grade; and
- Mental Health and Suicide Prevention Resources Toolkit.

## **Committee Costs**

The costs associated with the TSHAC include: travel and related reimbursement expenses for Parent/Consumer members, percentage of salaries for two DSHS School Health Program employees, and office supplies related to conducting TSHAC business. The total cost for fiscal year 2017 was \$23,743.59, and the current total cost for fiscal year 2018 is \$21,289.48. Refer to [Appendix B](#) for a complete list of costs for both fiscal years.



## 4. Conclusion

The TSHAC, with support from DSHS staff, continues to serve as a central coordinating resource in assisting state agencies, organizations, and local SHACs by creating and revising school health tools, documents, and resources. The priorities of the TSHAC further reinforce the importance of coordinating chronic disease prevention and health promotion initiatives, beginning with the school age population. Through the work of the TSHAC, local SHACs have the tools and resources needed to evaluate and report their progress to local school boards and school communities.

## **List of Acronyms**

<b>Acronym</b>	<b>Full Name</b>
CSH	Coordinated School Health
DSHS	Department of State Health Services
ESSA	Every Student Succeeds Act
GACPF	Governor’s Advisory Council on Physical Fitness
HHSC	Health and Human Services Commission
SHAC	School Health Advisory Council
TAC	Texas Administrative Code
TDA	Texas Department of Agriculture
TEA	Texas Department of Agriculture
TSHAC	Texas School Health Advisory Committee

## Appendix A. Committee Members

Members	Category	Term Expiration
Debra Burnett, RN	Registered Nurse	2020
Cynthia Cardenas	Parent/Consumer	2018
Fancy Flores, MEd, CHES	Agency/Organization	2020
William (Barney) Fudge	Required by Law	N/A
Wrennah Gabbert, RN, PhD, CPNP, FNP-BC	Agency/Organization	2020 (Resigning in 2018)
Julie Gardner, MEd	Parent/Consumer	2020
Tamara (Tammy) Gilstrap	Physical Education	2020
Gilbert Handal, MD	Physician	2018
Carmela James, EdD, CSC	Counselor	2020
Lisa Lauter, MPH	Parent/Consumer	2020
Danielle Leon, MPH	Health Education	2020
Scott Moger, EdD	School Administrator	2020
Alexandra Molina, MS	Nutrition Services	2020
Jennifer Page	Required by Law	N/A
Josette Saxton, MSSW	Agency/Organization	2018 (Incoming Presiding Officer)

Members	Category	Term Expiration
Maureen (Reenie) Smith, MSci	Required by Rule	N/A
Amanda (Mandy) Tyler, MEd, RD, LD	Agency/Organization	2020
Anita Wheeler, MSN, RN	Required by Rule	N/A
Carrie Zamora	Parent/Consumer	2020
Vacant (as of 08/01/2016 due to lack of applications received)	School Administrator	N/A
Vacant (as of 02/21/2017 due to resignation)	Parent/Consumer	N/A

## **Appendix B. Committee Costs Fiscal Years 2017 and 2018**

<b>Expense Items</b>	<b>Fiscal Year 2017</b>	<b>Fiscal Year 2018</b>
Travel and Related Reimbursement for Parent/Consumer Members	\$3,286.18	\$832.07
Information Specialist III (20% of time allocated)	\$10,157.61	\$10,157.61
School Health Coordinator/Program Specialist VI (15% of time allocated)	\$10,099.80	\$10,099.80
Other Expenses – Office Supplies	\$200.00	\$200.00
Total Costs per Fiscal Year	\$23,743.59	\$21,289.48