

Name of Addressee

Date

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Texas School Health Advisory Committee Meeting

Department of State Health Services
Brown-Heatly Building, Room 3501
4900 North Lamar Blvd, Austin, Texas
February 4, 2019

Minutes

Council Members Attending

Josette Saxton, Austin, Organization/Agency – Presiding Officer
Tamara Gilstrap, Grapevine, Physical Education – Assistant Presiding Officer
Nomita Bajwa, Sugar Land, Consumer/Parent
Fancy Flores, Portland, Organization/Agency
Barney Fudge, Austin, Texas Education Agency
Julie Gardner, Gatesville, Consumer/Parent
Marta Grosskopf, San Antonio, Registered Nurse
Michael Kelly, El Paso, Organization/Agency
Danielle Leon, San Antonio, Health Education
Scott Moger, Manor, School Administrator
Alexandra Molina, McAllen, Nutrition Services
Neel Naik, Houston, Physician
Helenka Ostrum, Austin, Texas Department of Agriculture
Eduardo Rios, San Marcos, Consumer/Parent
Mandy Tyler, Bulverde, Organization/Agency
Anita Wheeler-Hill, Austin, Texas Department of State Health Services

Council Members Not Attending

Carmela James, Pasadena, Counselor

Visitors:

Konye Guthrie – Global Lyme Alliance
Chantee' Hale, RN – Harmony Public Schools
Claudia Aaspeiri
Ellen Martin – Texas Nurses Association
Trevor Babyak – Guru MO

Ari Santos

Viral Khakkar – Health and Human Services Commission

Raiza Ruiz – Department of State Health Services

John Chacón – Health and Human Services Commission

Meeting Minutes

1. Welcome and Call to Order – Presiding Officer, Josette Saxton, called the meeting to order at 10 a.m.
2. Introduction of members and staff. – Members and staff introduced themselves to each other. Presiding Officer Saxton extended her gratitude to everyone.
3. Approval of September 17, 2018 Minutes – Presiding Officer Saxton asked for a motion to approve the minutes of September 17, 2018, TSHAC meeting. A motion was made by Mr. Rios to approve the minutes. The motion was seconded by Ms. Gardner and passed.
4. Revisions to the Recommendations for Expanding Physical Activity Opportunities Outside of the Classroom document – Ms. Gilstrap stated that she replaced website links with current and corrected links. She also edited some language to make the document current. Ms. Tyler and Ms. Leon assisted her. The new guide can be used for afterschool programs. A motion was made by Ms. Gardner to approve the document as presented. The motion was seconded by Ms. Molina and passed.
5. Revisions to the Health Education for All Texas Students, Kindergarten through 12th Grade. – Ms. Leon stated that she and Ms. Smith included language about electronic cigarettes and vaping. They also updated links and incorporated mental health awareness. Dr. Naik and Mr. Rios volunteered to assist Ms. Leon with revisions. A motion was made by Ms. Gardner to table the discussion for this item and bring it to the next TSHAC meeting. The motion was seconded by Mr. Rios and passed.
6. Revisions to the Sample Resolution on Health Education for All Texas Students, Kindergarten through 12th Grade. – Ms. Leon stated that she added repeat teen birth rates, replaced “medical” with “health” conditions, and replaced “prescription drug use” with “substance misuse.” Dr. Naik and Mr. Rios volunteered to assist Ms. Leon with revisions. This item will be discussed at the next TSHAC meeting with item 5.

7. Revisions to the Mental Health and Suicide Prevention Resources Toolkit.
– Presiding Officer Saxton stated that she included requirements related to suicide prevention. Ms. Saxton will adjust some wording for clarity. A motion was made by Ms. Wheeler to accept the document as amended. The motion was seconded by Mr. Rios and passed.
8. Discussion of TSHAC rule project (25 Texas Administrative Code §37.350). – Ms. Wheeler-Hill stated that proposed rule changes were made as a result of policy changes within Health and Human Services Commission and the Department of State Health Services. Ms. Wheeler also stated that the report will be biennial and will go to the Commissioner’s office. Ms. Wheeler will send a copy of the draft to the TSHAC members for informal comments.
9. Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services.

Texas Education Agency – Barney Fudge

- Mr. Fudge didn’t have an update on the head lice rules, as the status is the same as the previous TSHAC meeting.
- Mr. Fudge stated that the Fitnessgram data will be posted by the end of the week.
- Mr. Fudge stated that the Chair of the State Board of Education would like to see applications posted by March.

Texas Department of Agriculture – Helenka Ostrum

- Ms. Ostrum provided an update on filed bills from the 2019 Legislative Session that impact child nutrition and school health advisory councils.
- Ms. Ostrum stated over 100 farmers with Texas Farm Fresh are working with schools.
- The School Breakfast Week will be held March 4–8. Web resources will be available.
- The Local Wellness Advisory Committee updated the webpages with information relevant to Texas.

Texas Department of State Health Services – Anita Wheeler

- Ms. Wheeler stated that the Awards for Excellence in Texas School Health is being redesigned.
- The Delegation toolkit is currently with the Board of Nursing.
- The TSHAC member appointments process for 2020 will begin within the next few months.

10. Updates to the TSHAC Document Revision Schedule. – Ms. Wheeler-Hill stated that the documents should be worked on by workgroups and asked for volunteers. The deadline for all documents is 21 business days before meeting. The following individuals volunteered for the following documents:
- Research and Resources Promoting Positive School Climates to Improve Student Outcomes - Dr. Moger and Ms. Molina
 - School Bus and Automobile Idling – Dr. Bajwa and Ms. Wheeler
 - Health Issues and Parent Involvement and Engagement in Student Academic Success and Dual Capacity PDF – Ms. Grosskopf
 - Benefits to Students in School Districts that Prohibit Physical Education as Punishment– Ms. Gilstrap and Ms. Flores
11. Possible agenda topics for local school health advisory council meetings. – Ms. Flores and Dr. Bajwa checked the embedded links. Internal staff will double check and update the links.
12. Schedule of the next TSHAC meeting and future TSHAC meeting dates. – Mr. John Chacón with the Health and Human Services Commission Advisory Committee Coordination Office provided an overview of the new protocol to webcast advisory committee meetings moving forward for the TSHAC. All meetings need to be held in conference rooms with webcasting capability. The next TSHAC meeting date is September 16, 2019 in Moreton Building, M-100.
- The future meeting date is February 24, 2020.
13. Future TSHAC agenda topics and Priorities. – Presiding Officer Saxton asked for items. Ms. Wheeler reminded members that all documents and handouts must be emailed to the School Health Program at least 21 days in advance of meeting.

Future topics and priorities include:

- Health Education for All Texas Students, Kindergarten through 12th Grade - September 2019 meeting
- Student Consumption of Regular and Diet Soda in High Schools – September 2019 meeting
- Open Meetings Act Refresher Presentation - September 2019 meeting

14. Public comment. Presiding Officer Saxton asked for public comment. A comment was provided by Konye Guthrie with Global Lyme Alliance. Ms. Guthrie stated that she wants to incorporate mandatory curriculum in all Texas kindergarten through 12th grade schools on Lyme disease education and prevention.
15. Adjournment. The meeting adjourned at 1:04 p.m.

Approved:

Approved at the 9/16/19 TSHAC Meeting