



Memorandum

#10-018

TO: Regional Medical Directors for
Health Service Regions 4/5, 6 & 5 South, 9/10 and 11
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: February 26, 2010

SUBJECT: Change to Prescription Requirement for Gluten Free Cereal Food Packages

Effective March 1, 2010, prescriptions for gluten free cereal packages (without formula) will not be required. The popup box, "Food package requires prescription – Is it filed [Y/N]," will be removed from the WIN system on this date.

All references to gluten free cereal food packages will be removed from *WIC Policy FD: 17.0* which will be re-titled, *Issuance of Soy Foods to Children*. Procedures for issuing gluten free cereal food packages will be transferred to *FD: 12.0, Food Packages*. Procedures will be as follows:

A gluten free cereal food package is available for participants who report celiac disease, gluten enteropathy, or another medical condition requiring gluten free foods diagnosed by a physician. The diagnosis may be self reported. The gluten free cereal package shall not be issued solely for participant preference.

In Memo #09-169 we informed you that a Spanish version of the *Easy to be Gluten Free* flyer would be available. We have been informed by General Mills that this flyer will not be translated. We are working on a new bilingual flyer that will be posted in the near future.

If you have any questions or require additional information about these changes, please contact Paula Kanter, Clinical Nutrition Specialist, at (512) 341-4574 or paula.kanter@dshs.state.tx.us.