



Memorandum

#10-042

TO: Regional Medical Directors for
Health Service Regions 4/5, 6 & 5 South, 9/10 and 11
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: April 16, 2010

SUBJECT: Canned Beans Coming in August 2010

We are excited to inform you that canned beans will be added to the approved foods starting August 2010. Canned beans will be an option for all participants *with the exception of children less than two years of age*. Due to limitations of the EBT system, we are unable to issue this option to these children without requiring the parent/guardian to choose a dry bean or a canned bean food package at the clinic. Because of the difficulties this presents for you in the clinic, we have decided at this time to continue issuing only dry beans to children less than two years of age. The Texas Association of Local WIC Directors concurs with this decision.

The following types of canned beans will be allowed: black-eyed peas, black beans, great northern beans, kidney beans and pinto beans. Participants will be able to purchase any brand of an allowable list of national brand canned beans.

Notification and education to participants starts in May. A participant flyer, *Canned Beans NEW in August 2010!*, was shipped to all local agencies in April. If you have not received your supply or if you have any questions or require additional information, please contact Paula Kanter, Clinical Nutrition Specialist, at (512) 341-4574 or paula.kanter@dshs.state.tx.us.