



Memorandum

#10-140

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: October 15, 2010

SUBJECT: November 2010 Interactive Distance Learning Class Schedule

To view the November 2010 Interactive Distance Learning Class Schedule (IDL) and all IDL class descriptions, please log on to www.dshs.state.tx.us/wichd/tng. The following classes have been updated and will be presented in November on IDL:

- Risk Code Changes and Forms
- IBCLC Study Group
- Complications Associated with Breastfeeding
- Texas WIC Breast Pump Program 01 – Issuance, Inventory and Retrieval
- Formula Policy 201

The following class is new:

Mindful Eating during the Holidays: The holidays can be an especially difficult time to pay attention to how, what, and why you are eating. Because of that, it's very easy to overeat and gain weight. Join us for this presentation and learn how to be more mindful of your meals, your goals, and your eating behavior. Also discover how to avoid holiday temptations and make healthy choices that leave you feeling more "fa-la-la" and less "bah humbug."

The following classes are available in November via the ***Qwest WEB Conferencing System***. Please refer to the schedule below for class dates, times and descriptions:

- The New Growth XP Plotting Software
- Feeding Preterm Infants

If you are interested in participating in a training session over the ***Qwest WEB Conferencing System***, you must follow the instructions below. The Qwest WEB Conferencing System and the IDL network are two distinct and separate training systems. **Technical assistance for the Qwest System is provided via a Qwest customer service representative at 1-800-860-8000.**

Qwest WEB Conferencing information - Instructions for logging on:

1. You will need a telephone and Internet access with Internet Explorer
2. Go to <http://qwest.conferencing.com/>
Log on to the conference as a participant with the appropriate room number:
Refer to the November 2010 Nutrition Education/Clinic Services Qwest Training Schedule for the specific room number for each class.
3. Participants will be asked how they wish to access the voice portion of the meeting. Choose “dial in now” and then call the phone number listed on the schedule for the class you are attending. Then enter the room number to join the meeting and then your *personal identifier number* given to you on your computer screen to link your phone and web connections.

Plan on joining the meeting at least 15 minutes early in order to deal with any technical difficulties you may encounter. If you experience technical difficulties during the training, press *10* on your telephone keypad for technical support.

If you have any questions or require additional information about the IDL network, please contact Yolanda Baz Dresch, IDL Studio Manager, at (512) 341-4443 or via email to yolanda.bazdresch@dshs.state.tx.us.

Attachments

Interactive Distance Learning

November 2010 Class Schedule

Tech Support - 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 1	November 2	November 3	November 4	November 5
8:30		GENERAL IDL Made Simple	GENERAL IDL Made Simple	GENERAL IDL Made Simple	
9:30	General ORIENTATION TO WIC Pat Ogle	Breastfeeding NIPPLE SHIELDS AND SUPPLEMENTAL NURSING SYSTEMS Kristina Arrieta	Certification RISK CODE CHANGES AND FORMS Tiffany Brown	Certification WIC APPROVED FOODS Elizabeth Bruns	Cust. Service/Civil Rights WIC DISABILITY ISSUES AND CIVIL RIGHTS Pat Ogle
11:00	General INFORMATION SYSTEMS SECURITY AWARENESS Pat Ogle	(continued) Nipple Shield and Supplemental Nursing Systems	(continued) RISK CODE CHANGES AND FORMS	Certification FOOD PACKAGES Elizabeth Bruns	Cust. Service/Civil Rights CIVIL RIGHTS COMPLAINTS Pat Ogle
12:00					
1:00	Spanish BASIC ALPHABET, NUMBERS, WIC PHRASES AND BASIC COMMUNICATION Carlos Galvan	Nutrition THE PHYSICAL ACTIVITY AND OBESITY CONNECTION Carlos Galvan	1:30 Breastfeeding SKIN TO SKIN Hellen Sullivan	Certification FORMULA APPROVAL 201 Clinic Services Staff	
2:30		General UPDATED DROP SHIP PROCEDURES Clinic Services Staff			
4:00					

Interactive Distance Learning

November 2010 Class Schedule

Tech Support - 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 8	November 9	November 10	November 11	November 12
8:30		GENERAL IDL Made Simple	GENERAL IDL Made Simple		
9:30		CERTIFICATION Screening for Eligibility Megan Downing	Certification RISK CODE CHANGES AND FORMS Tiffany Brown		
11:00		(continued) Screening for Eligibility	(continued) RISK CODE CHANGES AND FORMS		
12:00			Breastfeeding IBCLC STUDY GROUP Kristina Arrieta		
1:00		Certification THE 400s RISK CODES Anita Ramos	1:30 Breastfeeding TEXAS WIC BREAST PUMP PROGRAM 01 – Issuance, Inventory and Retrieval of Breast Pumps Marguerite Kelly		
2:30					
4:00					

Interactive Distance Learning

November 2010 Class Schedule

Tech Support - 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 15	November 16	November 17	November 18	November 19
8:30		GENERAL IDL Made Simple		General IDL MADE SIMPLE	
9:30	Supervisory Skills ROLE OF THE SUPERVISOR Carlos Galvan	Certification FORMULA POLICY: CONTRACT AND NON- CONTRACT Elizabeth Bruns	9:00 Certification WEIGHING AND MEASURING TECHNIQUES Tiffany Brown	Certification ADVANCED INCOME SCREENING Megan Downing	Cust. Service/Civil Rights CIVIL RIGHTS COMPLAINTS Pat Ogle
11:00	Spanish INTERACTION IN THE LAB WITH NON-ENGLISH SPEAKING CLIENTS Carlos Galvan	WIC Wellness Works/Nutrition MINDFUL EATING DURING THE HOLIDAYS Jennifer Krueger	(continued) WEIGHING AND MEASURING TECHNIQUES	EBT EBT CLIENT DISPUTES Megan Downing	
12:00			General "LUNCH WITH LINDA" STATE AGENCY UPDATED Linda Brumble & Benny Jasso	Breastfeeding IBCLC STUDY GROUP Kristina Arrieta	
1:00	Customer Service PERSONALIZING CUSTOMER SERVICE Pat Ogle	VENA TIPS FOR COMPLETING THE VENA FAMILY DOCUMENTATION TOOL Anita Ramos	1:30 Breastfeeding COMMON BREAST COMPLICATIONS ASSOCIATED WITH BREASTFEEDING Kristina Arrieta	1:30 Breastfeeding BENEFITS OF BRFEASTFEEDING – Why Should we Teach Mothers to Breastfeed? Marguerite Kelly	
2:30	Cust. Service/Civil Rights CIVIL RIGHTS COMPLAINTS Pat Ogle	VENA COUNSELING SCENARIOS Erica Harris	Common Breast Complications (con't.) - 90 mins. -		
4:00					

Interactive Distance Learning

November 2010 Class Schedule

Tech Support - 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 22	November 23	November 24	November 25	November 26
8:30		General IDL MADE SIMPLE			
9:30	Cust. Service/Civil Rights WIC DISABILITY ISSUES AND CIVIL RIGHTS Pat Ogle	Breastfeeding SLEEPY BABY Marguerite Kelly			
11:00	Class Management A FRESH SPIN ON TEACHING GROUP CLASSES Erica Harris	VENA REFLECTIVE LISTENING Carlos Galvan			
12:00	12:15 WIC WELLNESS WORKS BREAK UT Instructors				
1:00	Customer Service THE FACE OF THE NEW WIC CLIENT: Educated, Unemployed, Stay-home Dads Carlos Galvan	Breastfeeding LATCH-ON AND POSITIONING, USING ASYMETRIAL LATCH Hellen Sullivan			
2:30					
4:00					

Interactive Distance Learning

November 2010 Class Schedule

Tech Support - 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 29	November 30			
8:30		General IDL MADE SIMPLE			
9:30	Cust. Service/Civil Rights CIVIL RIGHTS COMPLAINTS Pat Ogle	VENA Assessing VENA Anita Ramos & Erica Harris			
11:00	General DSHS CHILD ABUSE POLICY Rachel Edwards	Certification OVERVIEW OF GA:01.0 CONFIDENTIALITY OF APPLICANT/PARTICIPANT INFORMATION Megan Downing			
12:00					
1:00	1:30 VENA GOAL SETTING: SETTING CLIENTS UP FOR SUCCESS Erica Harris	Breastfeeding MEDICATION AND LACTATION Hellen Sullivan			
2:30					
4:00					

Nutrition Education & Clinic Services Qwest Training Schedule November 2010 - Technical Assistance 1-800-860-8000

Class Title and Description	Date	Time	Qwest room # (include **)	Qwest phone #
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Elizabeth Bruns, R.D., L.D. Elizabeth.Bruns@dshs.state.tx.us	Monday Nov. 1	2:00 – 3:30	*2836113*	(877) 768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Tiffany Brown, R.D., L.D. Tiffany.Brown@dshs.state.tx.us	Thursday Nov. 4	9:30 – 11:00	*2836113*	(877) 768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Elizabeth Bruns, R.D., L.D. Elizabeth.Bruns@dshs.state.tx.us	Tuesday Nov. 9	11:30 – 1:00	*2836113*	(877) 768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Leona Duong, R.D., L.D. Leona.Duong@dshs.state.tx.us	Friday Nov. 12	9:30 – 11:00	*2836113*	(877) 768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Tiffany Brown, R.D., L.D. Tiffany.Brown@dshs.state.tx.us	Monday Nov. 15	11:30 – 1:00	*2836113*	(877) 768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Leona Duong, R.D., L.D. Leona.Duong@dshs.state.tx.us	Wed Nov. 17	2:00 – 3:30	*2836113*	(877)768-0032
Feeding Preterm Infants Review of feeding regimen for preterm and low birth weight infants. No Materials Needed. Instructor: Elizabeth Bruns, R.D., L.D. Elizabeth.Bruns@dshs.state.tx.us	Thursday Nov. 18	11:30 – 12:30	*4776786*	(877)768-0032
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic. Materials Needed: <i>Growth XP User Instructions.</i> Instructor: Leona Duong, R.D., L.D. Leona.Duong@dshs.state.tx.us	Tuesday Nov. 23	9:30 – 11:00	*2836113*	(877)768-0032