



Memorandum

#11-097

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: July 15, 2011

SUBJECT: August 2011 Interactive Distance Learning Class Schedule and
NECS Qwest Training Schedule

To view the August 2011 Interactive Distance Learning Class Schedule and all IDL class descriptions, please log on to www.dshs.state.tx.us/wichd/tng.

The following new class has been added to the IDL class schedule:

Better Sleep = Better Health!! is a 45-minute WIC Wellness Works presentation that discusses common barriers to getting a good night's rest, provides helpful tips for improving your sleep that you can start using immediately, and shares the latest research connecting poor sleep with weight gain and disease risk. Join us to learn how improved sleep can improve your health and your life!

Nutrition Education Trainings – New and improved classes, fresh trainers – and now more options!

The State Agency (SA) is constantly striving to keep our Nutrition Education (NE) training convenient, engaging and, most importantly, up-to-date for Local Agency staff. Over the past few months, you may have noticed a few new names and faces in the SA Nutrition Education Branch. This new NE team has been strategizing to make NE training more innovative and accessible, including reviewing past IDL trainings, attendance, as well as your feedback on NE training needs and topics. We've refreshed old content, added new classes on "hot topics," innovative nutrition research and CCNE development, and are now offering these updated classes via IDL ***and*** Qwest to suit your needs.

In August, please check the IDL ***and*** Qwest schedules for these exciting new and revised NE classes, and keep an eye out in FY012 for even more. At the end of each training, we're also asking for your evaluation of our trainers and topics so we can improve our classes and meet your staff needs. We're committed to helping your staff get the nutrition education knowledge, skills, and attitudes they need to be successful and satisfied nutrition educators.

Thanks for everything you do to commit yourselves to the service of our WIC participants, including keeping staff trained and engaged in the world of Nutrition Education and behavior change theory and practice!

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If you have any questions or concerns about Nutrition Education Trainings, please don't hesitate to contact Hildreth England, NE Training Team Lead, at 512-341-4509 or Hildreth.England@dshs.state.tx.us.

Qwest Class Schedule

For a complete list of classes available through the *Qwest WEB Conferencing* system, please refer to the schedule below. If you are interested in participating in a training session over the *Qwest WEB Conferencing* system, you must follow the instructions below. The Qwest WEB Conferencing system and the IDL network are two distinct and separate training systems. Technical assistance for the Qwest system is provided via a Qwest customer service representative at 1-800-860-8000.

Qwest WEB Conferencing Information

Instructions for log-in:

NOTE: The Qwest WEB Conferencing System can be used at any facility where you have a phone and a PC with internet connectivity

First log-in on the phone:

1. Call the toll-free telephone number listed with the class you want to attend.
2. Enter the meeting number, including the asterisks before and after, listed with the class you want to attend.
3. You will be put in the "waiting room" until the session starts.

Then log-in-via your computer and your WEB Browser:

1. The log-in starts from the web page: <http://qwest.conferencing.com/>.
2. Click on Participant/Presenter. This will check your browser settings and then the meeting log-in screen will appear.
3. Enter the meeting room number listed with the class you want to attend.
4. Enter your display "name or names." Choose Already connected.

Click Join Meeting. You will be taken into the meeting session:

1. Dial the number shown at the bottom of your screen into your telephone to synchronize your phone and web connections.

Plan on joining the meeting at least 15 minutes early in order to deal with any technical difficulties you may encounter. If you experience technical difficulties during the training, please press *10* on your telephone keypad for technical support.

If you have any questions or require additional information about the IDL network, please contact Yolanda Baz Dresch, IDL Studio Manager, at (512) 341-4443 or yolanda.bazdresch@dshs.state.tx.us.

Attachments

Interactive Distance Learning

August 2011 Class Schedule

Tech Support 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 1	August 2	August 3	August 4	August 5
8:30		GENERAL IDL Made Simple			
9:30		Breastfeeding THE TEXAS TEN STEP PROGRAM Veronica Hendrix	VENA VENA NETWORKING: Tools of the Trade ** Frances Diep		
11:00	Certification HANDLING INCOME AND ISSUANCE WHEN THERE IS A CHANGE IN CUSTODY Megan Downing	Breastfeeding SKIN TO SKIN Hellen Sullivan	WIC Wellness Works BETTER SLEEP = BETTER HEALTH Jennifer Krueger		
12:00					
1:00	1:30 General DSHS CHILD ABUSE REPORTING POLICY Rachel Edwards	1:30 Breastfeeding MEDICATION AND LACTATION Hellen Sullivan	1:30 Customer Service/Civil Rights Civil Rights Complaints IRM Staff		
2:30					
4:00					

** Also available in Qwest. See Qwest class schedule for specific date/time.

Interactive Distance Learning

August 2011 Class Schedule

Tech Support 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 8	August 9	August 10	August 11	August 12
8:30		General IDL Made Simple		General IDL Made Simple	
9:30	1:30 Breastfeeding LATCH-ON AND POSITIONING USING ASYMETRICAL LATCH Hellen Sullivan	Certification WIC APPROVED FOODS Elizabeth Bruns	9:00 Certification HEALTH HISTORY / NUTRITION ASSESSMENT Tiffany Brown	Certification SCREENING FOR ELIGIBILITY Megan Downing	
11:00	Breastfeeding TEXAS WIC BREAST PUMP PROGRAM 02 – Basic Use, Assembly and Cleaning Marguerite Kelly	Certification FOOD PACKAGES Elizabeth Bruns		VENA VENA: Navigating with OARS ** Frances Diep / Erin Thornberry	
12:00			Breastfeeding IBCLC Study Group Kristie Arrieta		
1:00		1:30 Breastfeeding SLEEPY BABY Marguerite Kelley	1:30 Breastfeeding DOES JUST ONE BOTTLE REALLY MATTER? Janet Jones	1:30 Breastfeeding BENEFITS OF BREASTFEEDING – Why Should we Teach Mothers to Breastfeed? Janet Jones	
2:30					

** Also available in Qwest. See Qwest class schedule for specific date/time.

Interactive Distance Learning

August 2011 Class Schedule

Tech Support 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 15	August 16	August 17	August 18	August 19
8:30		IDL Made Simple			
9:30		Certification INTRODUCTION TO FORMULA APPROVAL Sandra Brown	9:00 Certification WEIGHING AND MEASURING TECHNIQUES Tiffany Brown	Certification Formula Approval 101 Sandra Brown	
11:00		Breastfeeding COMMON BREAST COMPLICATIONS ASSOCIATED WITH BREASTFEEDING Kristina Arrieta	(continued) WEIGHING AND MEASURING TECHNIQUES	VENA VENA COUNSELING SCENARIOS ** Angela Gil	
12:00			General “LUNCH WITH LINDA” STATE AGENCY UPDATED Linda Brumble & Benny Jasso		
1:00			1:30 Class Management A FRESH SPIN ON TEACHING GROUP CLASSES ** Hildreth England	1:30 Nutrition CCNE Lesson Development ** Meghan Coffey	
2:30					
4:00					

** Also available in Qwest. See Qwest class schedule for specific date/time.

Interactive Distance Learning

August 2011 Class Schedule

Tech Support 512-341-4443

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 22	August 23	August 24	August 25	August 26
8:30		General IDL Made Simple		General IDL Made Simple	
9:30		Certification ADVANCED INCOME SCREENING Megan Downing	Certification MORE ABOUT RISK CODES Tiffany Brown	Breastfeeding NIPPLE SHIELDS AND SUPPLEMENTAL NURSING SYSTEMS Kristina Arrieta	
11:00		EBT EBT Client Disputes Megan Downing	(continued) MORE ABOUT RISK CODES	(continued) Nipple Shields and Supplemental Nursing Systems	
12:00					
1:00		Certification THE 400s RISK CODES Anita Ramos		1:30 Certification OVERVIEW OF GA:01.0 CONFIDENTIALITY OF APPLICANT/PARTICIPANT INFORMATION Megan Downing	
2:30			2:00 Customer Service/Civil Rights Civil Rights Complaints IRM Staff		
4:00					

** Also available in Qwest. See Qwest class schedule for specific date/time.

	Monday	Tuesday	Wednesday	Thursday	Friday
	August 29	August 30	August 31		
8:30		GENERAL IDL Made Simple			
9:30		VENA GOAL SETTING: SETTING CLIENTS UP FOR SUCCESS ** Frances Diep	Nutrition HOW CHILDREN DEVELOP FOOD PREFERENCES ** Kaylene Thompson		
11:00	1:30 Breastfeeding PEER COUNSELORS' SCOPE OF PRACTICE Kristina Arrieta	Breastfeeding BRIDGING THE GAP: Using Marketing Principles to Promote Breastfeeding to Healthcare Professionals Veronica Hendrix	VENA TOOLS FOR BUILDING RAPPORT AND PERSONALIZING A COUNSELING SESSION ** Debbie Lehman / Angela Gil		
12:00	12:15 WIC Wellness Works Break UT Instructors				
1:00		VENA Tips for Completing the VENA Family Documentation Tool Anita Ramos	1:30 Customer Service/Civil Rights Civil Rights Complaints IRM Staff		
2:30	2:00 Certification FORMULA POLICY: CONTRACT AND NON- CONTRACT Elizabeth Bruns				
4:00	(continued) Formula Policy				

** Also available in Qwest. See Qwest class schedule for specific date/time.

Nutrition Education & Clinic Services Qwest Training Schedule August 2011 - Technical Assistance 1-800-860-8000

Class Title and Description	Date	Time	Qwest Room # (include **)	Qwest Phone #
Admin Function Automation Training; required for new WIC directors	Tuesday August 2	9:00	*2208368*	(866)633-3380
Dual Participation Automation Training; required for new WIC directors		10:30	*2208368*	(866)633-3380
The New Growth XP Plotting Software New software for automated plotting of heights and weights in the WIC clinic Materials Needed: Growth XP User Instructions. Instructor: Elizabeth Bruns, RD., LD Elizabeth.Bruns@dshs.state.tx.us		11:30	*4776786*	(877) 768-0032
End of Day Processing Automation Training; required for new WIC directors		1:30	*2208368*	(866) 633-3380
RD-1000 Clinic Backup Training Automation Training; required for new WIC directors		3:00	*2208368*	(866) 633-3380
CCNE Lesson Development Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us	Thursday August 4	9:30	*6550118*	(866) 921-2204
Identifying Participants at Risk for Iron-Deficiency Anemia Review of WIC policies and procedures related to performing and assessing hemoglobin and hematocrits. Instructor: Elizabeth Bruns, RD., LD Elizabeth.Bruns@dshs.state.tx.us	Monday August 8	11:30	*4776786*	(877) 768-0032
Information Systems Security Awareness Automation Training	Tuesday August 9	9:00	*2208368*	(866) 633-3380
WIC Systems Hardware Training Automation Training		1:30	*2208368*	(866) 633-3380
Clinic Tape/CD-RW/DVD Clinic Backup Training Automation Training; required for new WIC directors.		3:00	*2208368*	(866)633-3380
Admin Functions Automation Training; required for new WIC directors	Thursday August 11	9:00	*2208368*	(866) 633-3380
Void Benefits Automation Training		10:30	*2208368*	(866) 633-3380
FoxFire Level I Automation Training		1:30	*2208368*	(866) 633-3380

Nutrition Education & Clinic Services Qwest Training Schedule August 2011 - Technical Assistance 1-800-860-8000

Class Title and Description	Date	Time	Qwest Room # (include **)	Qwest Phone #
CCNE Lesson Development Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us		1:30	*6550118*	(866) 921-2204
“A Storm is Coming:” How to Protect WIC Systems – Automation Training		3:00	*2208368*	(866) 633-3380
F5 Refuse Benefits Automation Training	Tuesday August 16	9:00	*2208368*	(866) 633-3380
Formula Exchange Automation Training;		10:30	*2208368*	(866) 633-3380
End of Day Processing Automation Training; required for new WIC directors.		1:30	*2208368*	(866) 633-3380
FoxFire Level I Automation Training		3:00	*2208368*	(866) 633-3380
How Children Develop Food Preferences Instructors: Kaylene Thompson Kaylene.Thompson@dshs.state.tx.us	Wed., August 17	10:00	*5141936*	(866) 539-1119
End of Day Processing Automation Training; required for new WIC directors	Thursday August 18	9:00	*2208368*	(866) 633-3380
RD-1000 Clinic Backup Training Automation Training; required for new WIC directors		10:30	*2208368*	(866) 633-3380
Information Systems Security Awareness Automation Training		1:30	*2208368*	(866) 633-3380
Feeding Preterm Infants Review of feeding regimen for preterm and low birth weight infants. Instructor: Elizabeth Bruns, RD., LD Elizabeth.Bruns@dshs.state.tx.us	Monday August 22	11:30	*4776786*	(877)-768-0032
FoxFire Level I Automation Training	Tuesday August 23	9:00	*2208368*	(866) 633-3380
VENA Goal Setting: Setting Clients Up for Success Required: view DVD segment prior to attendance. <i>The Real WIC World: Applying VENA in the Clinic, Module 4: Helping Clients Set Goals</i> For more information about the DVD, refer to All-Project Memo 11-016. Instructor: Frances Diep, R.D., L.D. Frances.Diep@dshs.state.tx.us		9:30	*1796544*	(866) 921-2204

Nutrition Education & Clinic Services Qwest Training Schedule August 2011 - Technical Assistance 1-800-860-8000

Class Title and Description	Date	Time	Qwest Room # (include **)	Qwest Phone #
WIC Systems Hardware Training Automation Training		10:30	*2R08368*	(866) 633-3380
Inventory Reports Automation Training; required for new WIC directors.		1:30	*2208368*	(866) 633-3380
HotCard Reports Automation Training; required for new WIC directors.		3:00	*2208368*	(866) 633-3380
Tools for Building Rapport and Personalizing a Counseling Session NE-VENA Training Instructor: Debbie Lehman, PhD, R.D., L.D.,	Wed., August 24	11:00	*5915227*	(877) 326-0664
A Fresh Spin on Teaching Group Classes Instructor: Hildreth England Hildreth.England@dshs.state.tx.us		1:30	*1133224*	(877) 326-0664
Formula Exchange Automation Training;	Thursday August 25	9:00	*2208368*	(866) 633-3380
Health Benefits of Soy & Soy Food Packages Instructor: Elizabeth Bruns, RD., LD Elizabeth.Bruns@dshs.state.tx.us		9:30	*4776786*	(877)768-0032
VENA: Navigating with OARS NE-VENA Training Required: View DVD segment prior to attendance. <i>The Real WIC World: Applying VENA in the Clinic, Module 3: Identifying and Exploring Concerns</i> For more information about the DVD, refer to All-Project Memo 11-016. Instructors: Frances Diep & Erin Thornberry Frances.Diep@dshs.state.tx.us Erin.Thornberry@dshs.state.tx.us		9:30	*1796544*	(866) 921-2204
Void Benefits Automation Training		10:30	*2208368*	(866) 633-3380
VENA Counseling Scenarios Instructor: Angela Gil Angela.Gil@dshs.state.tx.us		11:00	*3357839*	(866) 921-2203
F5 Refuse Benefits Automation Training		1:30	*2208368*	(866) 633-3380
Dual Participation Automation Training; required for new WIC directors		3:00	*2208368*	(866)633-3380
“A Storm is Coming:” How to Protect WIC Systems – Automation Training	Tuesday August 30	9:00	*2208368*	(866) 633-3380

Nutrition Education & Clinic Services Qwest Training Schedule August 2011 - Technical Assistance 1-800-860-8000

Class Title and Description	Date	Time	Qwest Room # (include **)	Qwest Phone #
WIC Approved Foods Clinic Services Training Instructor: Elizabeth Bruns, R.D., L.D. <u>Elizabeth.Bruns@dshs.state.tx.us</u>		9:30	*4776786*	(877) 768-0032
Farmers Market 2011 Automation Training.		10:30	*2208368*	(866) 633-3380
Food Packages Clinic Services Training Instructor: Elizabeth Bruns, R.D., L.D. <u>Elizabeth.Bruns@dshs.state.tx.us</u>		11:00	*4776786*	(877) 768-0032
Clinic Tape/CD-RW/DVD Clinic Backup Training Automation Training; required for new WIC directors.		1:30	*2208368*	(866) 633-3380
WIC Systems Hardware Training Automation Training		3:00	*2208368*	(866) 633-3380