



Memorandum

#11-141

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: October 28, 2011

SUBJECT: November and December 2011 Interactive Distance Learning Class Schedules
and NECS Online Staff Training Schedules

To view the November and December 2011 Interactive Distance Learning (IDL) class schedules and NECS Online Staff Training schedules, scroll down to the bottom of this document. You may also log on to www.dshs.state.tx.us/wichd/tng to view the IDL class schedules and the NECS Online Staff Training class schedules and all class descriptions.

The *new* NECS Online Staff Training and the IDL network are two distinct and separate training systems. If you are interested in participating in a NECS Online Staff Training session, you must follow the instructions below. Technical assistance for NECS Online Staff Training is provided via a CenturyLink customer service representative at **1-800-485-0844**.

NECS Online Staff Training – Instructions for Log In

NOTE: The new CenturyLink Web Conferencing System can be used at any facility where you have a phone and a PC with internet connectivity.

If you are a first-time user of the *new* online web-conferencing system:

1. Perform a web browser test:
<https://stateoftx-dshs.qwestccc.com/utilities/fullbrowsertest.aspx>
2. Click on this link to install the latest version of Adobe Flash Player (free):
<http://www.adobe.com/software/flash/about/>

Once you have verified that your browser works and the Flash Player is up to date, follow these login instructions:

First, log in on the phone:

1. Call the toll-free telephone number listed with the class you want to attend.
2. Enter the participant passcode listed, including the pound sign (#) at the end.

Next, log in via your computer:

1. Enter the web page *exactly* as listed on the schedule into your internet browser (Internet Explorer, Firefox, Safari, etc.).
2. Click the “Guest” tab; enter your name and email address.
3. Click “Join Meeting” and “I’m Already Dialed In.”

#11-141, November and December 2011 Interactive Distance Learning Class Schedules and
and NECS Online Staff Training Schedules

October 28, 2011

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Plan on joining the training at least 15 minutes early in order to deal with any technical difficulties you may encounter. If you have issues logging in, contact Customer Support at 1-800-485-0844. To contact the Help Desk during a class, simply press “*0.” During the training, please use the following prompts on your telephone:

- Press *1 to hear a help menu.
- Press *6 to mute or “un-mute” line.
- Press *4 to increase meeting volume.
- Press *7 to decrease meeting volume.
- Press *5 to increase your voice volume.
- Press *8 to decrease your voice volume.

If you have any questions or require additional information, please contact Yolanda Baz Dresch, IDL Studio Manager, Nutrition Education/Clinic Services Unit, at (512) 341-4443 or yolanda.bazdresch@dshs.state.tx.us.

Attachments

	Monday	Tuesday	Wednesday	Thursday	Friday
		November 1	November 2	November 3	November 4
8:30		IDL MADE SIMPLE			
9:30		SCREENING FOR ELIGIBILITY Megan Downing			
11:00		Con't. SCREENING FOR ELIGIBILITY	TEXAS TEN STEP PROGRAM Veronica Hendrix, LVN, IBCLC, RLC	EMOTION-BASED MESSAGING ** Hildreth England, LD, RD	FRESH SPIN ON TEACHING GROUP CLASSES ** Hildreth England, RD, LD
12:00			IBCLC Study Group Kristie Arrieta, MPH, IBCLC		
1:00		1:30 DSHS CHILD ABUSE REPORTING POLICY Rachel Edwards	1:30 Civil Rights Complaints IRM Staff	1:30 DOES JUST ONE BOTTLE REALLY MATTER? Janet Jones, IBCLC	
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time, and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 7	November 8	November 9	November 10	November 11
8:30			IDL MADE SIMPLE		
9:30	MORE ABOUT RISK CODES Tiffany Brown, RD, LD	WIC APPROVED FOODS ** Elizabeth Bruns, RD, LD	HEALTH HISTORY / NUTRITION ASSESSMENT Tiffany Brown, RD, LD		
11:00	(continued) MORE ABOUT RISK CODES	CCNE LESSON DEVELOPMENT ** Meghan Coffey		A HEALTHY MEDIA DIET - A CCNE LESSON "BACKGROUND" ** Hildreth England, RD, LD	
12:00	TOOLS FOR BUILDING RAPPORT AND PERSONALIZING A COUNSELING SESSION ** Debbie Lehman, PhD, RD, LD	VENA COUNSELING SCENARIOS ** Angela Gil, RD, LD			
1:00		1:30 OVERVIEW OF GA:01.0 CONFIDENTIALITY OF APPLICANT/PARTICIPANT INFORMATION Megan Downing			
2:30					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time, and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 14	November 15	November 16	November 17	November 18
8:30		IDL Made Simple			
9:30	FORMULA APPROVAL 201 Sandra Brown, MS, RD	HANDLING INCOME AND ISSUANCE WHEN THERE IS A CHANGE IN CUSTODY Megan Downing	9:00 WEIGHING AND MEASURING TECHNIQUES Tiffany Brown, RD, LD	COMMON BREAST COMPLICATIONS ASSOCIATED WITH BREASTFEEDING Janet Jones, IBCLC	
11:00	DENTAL HEALTH – A CCNE LESSON BACKGROUNDER ** Meghan Coffey	VENA: GOAL SETTING ** Frances Diep, RD, LD	Con't. WEIGHING AND MEASURING TECHNIQUES	VENA TOOLS OF THE TRADE** Frances Diep, RD, LD	
12:00		VENA: NAVIGATING WITH OARS ** Erin Thornberry	“LUNCH WITH LINDA” STATE AGENCY UPDATED Linda Brumble & Benny Jasso	CHOOSE MYPLATE: AN INTRODUCTION** Angela Gil, RD, LD	
1:00	1:30 MEDICATION AND LACTATION Hellen Sullivan, RN, IBCLC	1:30 FOOD PACKAGES ** Elizabeth Bruns, RD, LD	1:30 ADVANCED INCOME SCREENING Megan Downing	1:30 FORMULA POLICIES: CONTRACT AND NONCONTRACT Elizabeth Bruns, RD, LD	
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time, and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 21	November 22	November 23	November 24	November 25
8:30			Thanksgiving Holiday	Thanksgiving Holiday	Thanksgiving Holiday
9:30		EBT CLIENT DISPUTES Megan Downing			
11:00	BRIDGING THE GAP: Using Marketing Principles to Promote Breastfeeding to Healthcare Professionals Veronica Hendrix, LVN, IBCLC, RLC	HOW CHILDREN DEVELOP FOOD PREFERENCES ** Kaylene Thompson, RD			
12:00	HELP YOUR CHILD HAVE A HEALTHY WEIGHT – A CCNE LESSON BACKGROUNDER ** Debbie Lehman, PhD, RD, LD	MOTIVATING FOR BEHAVIOR CHANGE ** Frances Diep, RD, LD			
1:00	1:30 IS MOM PRODUCING ENOUGH MILK? Marguerite Kelly, IBCLC	TIPS FOR COMPLETING THE VENA DOCUMENTATION TOOL Anita Ramos			
2:30					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time, and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	November 28	November 29	November 30		
8:30		IDL MADE SIMPLE			
9:30		I HAVE TOO MUCH MILK! Marguerite Kelly			
11:00		COMMUNICATING WITH LOW LITERATURE ** Erin Thornberry	UNDERSTANDING FOOD ALLERGIES ** Kaylene Thompson, RD		
12:00					
1:00		THE 400s RISK CODES Anita Ramos, RD	1:30 SKIN TO SKIN Hellen Sullivan, RN, IBCLC		
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time, and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
				December 1	December 2
8:30					
9:30				OVERVIEW OF GA:01.0 CONFIDENTIALITY OF APPLICANT/PARTICIPANT INFORMATION Megan Downing	
11:00				A HEALTHY MEDIA DIET - A CCNE LESSON "BACKGROUND" ** Hildreth England, RD, LD	
12:00				VENA: NAVIGATING WITH OARS ** Erin Thornberry	
1:00				1:30 FORMULA POLICIES: CONTRACT AND NONCONTRACT Elizabeth Bruns, RD, LD	
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	December 5	December 6	December 7	December 8	December 9
8:30				IDL MADE SIMPLE	
9:30	MORE ABOUT RISK CODES Tiffany Brown, RD, LD	WIC APPROVED FOODS ** Elizabeth Bruns, RD, LD	9:00 HEALTH HISTORY / NUTRITION ASSESSMENT Tiffany Brown, RD, LD	FOOD PACKAGES ** Elizabeth Bruns, RD, LD	
11:00	(continued) MORE ABOUT RISK CODES	VENA COUNSELING SCENARIOS ** Angela Gil, RD, LD	DENTAL HEALTH – A CCNE LESSON BACKGROUNDER ** Meghan Coffey	EMOTION-BASED MESSAGING ** Hildreth England, RD, LD	
12:00		TOOLS FOR BUILDING RAPPORT AND PERSONALIZING A COUNSELING SESSION ** Debbie Lehman, PhD, RD, LD	VENA: GOAL SETTING ** Frances Diep, RD, LD	FRESH SPIN ON TEACHING GROUP CLASSES ** Hildreth England, RD, LD	
1:00	1:30 DSHS CHILD ABUSE REPORTING POLICY Rachel Edwards	1:30 WIC Income Questionnaire WIC-35-3 Megan Downing	1:30 SCREENING FOR ELIGIBILITY Megan Downing	TIPS FOR COMPLETING THE VENA DOCUMENTATION TOOL Anita Ramos	
2:30			Con't. SCREENING FOR ELIGIBILITY		

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	December 12	December 13	December 14	December 15	December 16
8:30		IDL Made Simple			
9:30		EBT CLIENT DISPUTES Megan Downing	Civil Rights Complaints IRM Staff	FORMULA APPROVAL 301 Sandra Brown, BS, RD	
11:00		CCNE LESSON DEVELOPMENT ** Meghan Coffey	TEXAS TEN STEP Veronica Hendrix, LVN, IBCLC	UNDERSTANDING FOOD ALLERGIES ** Kaylene Thompson, RD	
12:00		CHOOSE MYPLATE: AN INTRODUCTION** Angela Gil, RD, LD	IBCLC Study Group Kristie Arrieta, MPH, IBCLC	VENA TOOLS OF THE TRADE ** Frances Diep, RD, LD	
1:00		1:30 ADVANCED INCOME SCREENING Megan Downing	THE 400s RISK CODES Anita Ramos	1:30 DOES JUST ONE BOTTLE REALLY MATTER? Janet Jones, IBCLC	
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	December 19	December 20	December 21	December 22	December 23
8:30					
9:30		HANDLING INCOME AND ISSUANCE WHEN THERE IS A CHANGE IN CUSTODY Megan Downing			
11:00	BRIDGING THE GAP: Using Marketing Principles to Promote Breastfeeding to Healthcare Professionals Veronica Hendrix, LVN, IBCLC	HOW CHILDREN DEVELOP FOOD PREFERENCES ** Kaylene Thompson, RD	COMMUNICATING WITH LOW LITERATURE ** Erin Thornberry		
12:00	MOTIVATING FOR BEHAVIOR CHANGE ** Frances Diep, RD, LD	HELP YOUR CHILD HAVE A HEALTHY WEIGHT ** Debbie Lehman, PhD, RD, LD	“LUNCH WITH LINDA” STATE AGENCY UPDATED Linda Brumble & Benny Jasso		
1:00	1:30 SUPERMILK: OVERCOMING THE MARKETING OF BREASTMILK FORMULA Janet Jones, IBCLC				
2:30					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time and log in instructions.

	Monday	Tuesday	Wednesday	Thursday	Friday
	December 26	December 27	December 28	December 29	December 30
8:30	No classes scheduled for today				
9:30					
11:00					
12:00					
1:00					
2:30					
4:00					

** Training is also available online. Refer to the *NECS Online Staff Training* schedule for specific date, time and log in instructions.

NOVEMBER 2011

Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
Emotion-Based Messaging To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/EmotionBasedMessaging Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us	Tue Nov. 1	12:30 Pm	5123414509#	1-877 820-7831
Contract/Noncontract Formula Approval To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/ContractandNonContractFormula Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us		3:00 pm	5123414585#	1-877 820-7831
Gastroesophageal Reflux To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/GastroesophagealReflux Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Friday Nov. 4	10:00 am	5123414585#	1-877 820-7831
Feeding Preterm Infants To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FeedingPretermInfants Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Mon Nov. 7	3:00 pm	5123414585#	1-877 820-7831
VENA: Navigating with OARS To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/NavigatingwithOARS Instructor: Erin Thornberry Erin.Thornberry@dshs.state.tx.us	Tue Nov. 8	12:00 pm	5123414580#	1-877 820-7831
How Children Develop Food Preferences To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FoodPrefs Instructor: Kaylene Thompson, RD Kaylene.Thompson@dshs.state.tx.us	Nov 9	10:00 am	5123414512#	1-877 820-7831
WIC Allowable Foods To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/WICAllowableFoods Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Thur Nov 10	10:00 am	5123414585#	1-877 820-7831

1. Log in on the phone

- Call the toll-free telephone number listed with the class you want to attend.
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2. Log in via your computer -

- Enter the web page exactly as listed into your internet browser (Internet Explorer, Firefox, Safari, etc)
- Click the "Guest" tab, enter your name and email address
- Click "Join meeting" & "I'm Already Dialed In"

NOVEMBER 2011

Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
VENA Counseling Scenarios To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAcounselingscenarios Instructor: Angela Gil, RD, LD Angela.Gil@dshs.state.tx.us	Thur Nov 10	11:00 am	5123414590#	1-877 820-7831
A Healthy Media Diet: A CCNE Lesson Backgrounder To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/HealthyMediaDiet Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us		12:30 pm	5123414509#	1-877 820-7831
WIC Foods Packages To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/WICFoodPackages Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us		2:30 pm	5123414585#	1-877 820-7831
Understanding Food Allergies To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/FoodAllergies Instructor: Kaylene Thompson Kaylene.Thompson@dshs.state.tx.us	Mon Nov 14	10:00 am	5123414512#	1-877 820-7831
Tools for Building Rapport & Personalizing a Counseling Session To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/ToolsforBuildingRapport Instructor: Debbie Lehman, PhD, RD, LD Debbie.Lehman@dshs.state.tx.us	Tue Nov 15	11:00 am	5123414517#	1-877 820-7831
Choose MyPlate: An Introduction To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/MyPlate Instructor: Angela Gil, RD, LD Angela.Gil@dshs.state.tx.us		11:00 am	5123414590#	1-877 820-7831
CCNE Lesson Development To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/CCNELessonDevelopment Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us		12:00 pm	5123414514#	1-877 820-7831

1. Log in on the phone

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- Enter the participant passcode listed, including the pound sign (#) after.

2. Log in via your computer -

- Enter the web page exactly as listed into your internet browser (Internet Explorer, Firefox, Safari, etc)
- Click the "Guest" tab, enter your name and email address
- Click "Join meeting" & "I'm Already Dialed In"

NOVEMBER 2011

Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
OPMG Quarterly Call – Getting Ready for a New Year To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/OPMG Instructors: Angela Gil, RD, LD and Meghan Coffey Angela.Gil@dshs.state.tx.us Megan.Coffey@dshs.state.tx.us	Wed Nov 16	11:00 am	5123414590#	1-877 820-7831
A Fresh Spin on Teaching Group Classes To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FreshSpinGroupClasses Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us	Thur Nov 17	12:30 pm	5123414509#	1-877 820-7831
Dental Health: A CCNE Lesson Backgrounder To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/OralHealthBackgrounder Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us	Mon Nov 21	11:00 am	5123414514#	1-877 820-7831
VENA Goal Setting To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAGoalSetting Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us		12:00 pm	5123414584#	1-877 820-7831
Benefits of Soy & Soy Food Packages To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/WICSoyFoodPackages Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Tue Nov 22	10:30 pm	5123414585#	1-877 820-7831
Communicating with Low Literature To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/CommunicatingwithLowLiterature Instructor: Erin Thornberry Erin.Thornberry@dshs.state.tx.us		12:00 pm	5123414580#	1-877 820-7831
Motivating for Behavior Change To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/MotivatingForBehaviorChange Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us	Mon Nov 28	12:00 pm	5123414584#	1-877 820-7831

1. Log in on the phone

- Call the toll-free telephone number listed with the class you want to attend.
- Enter the participant passcode listed, including the pound sign (#) after.

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- Enter the web page exactly as listed into your internet browser (Internet Explorer, Firefox, Safari, etc)
- Click the "Guest" tab, enter your name and email address
- Click "Join meeting" & "I'm Already Dialed In"

NOVEMBER 2011
Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
Screening Iron-Deficiency Anemia To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/ScreeningIronDeficiencyAnemia Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Tue Nov 29	10:00	5123414585#	1-877 820-7831
VENA Tools of the Trade To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAToolsoftheTrade Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us		12:00 pm	5123414584#	1-877 820-7831
Help your Child Have a Healthy Weight: A CCNE Lesson Backgrounder To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/HelpYourChildHaveHealthyWeight Instructor: Debbie Lehman, PhD, RD, LD Debbie.Lehman@dshs.state.tx.us	Wed Nov 30	11:00 am	5123414517#	1-877 820-7831

10/19/11

1. Log in on the phone

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- Enter the participant passcode listed, including the pound sign (#) after.

2. Log in via your computer -

- Enter the web page exactly as listed into your internet browser (Internet Explorer, Firefox, Safari, etc)
- Click the "Guest" tab, enter your name and email address
- Click "Join meeting" & "I'm Already Dialed In"

DECEMBER 2011

Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
Contract/Noncontract Formula Approval To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/ContractandNonContractFormula Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Thur Dec 1	10:00 am	5123414585#	1-877 820-7831
Benefits of Soy & Soy Food Packages To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/WICSoyFoodPackages Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Friday Dec 2	11:00 am	5123414585#	1-877 820-7831
Screening Iron-Deficiency Anemia To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/ScreeningIronDeficiencyAnemia Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Mon Dec 5	11:30 am	5123414585#	1-877 820-7831
How Children Develop Food Preferences To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FoodPrefs Instructor: Kaylene Thompson, RD Kaylene.Thompson@dshs.state.tx.us	Tue Dec 6	10:00 am	5123414512#	1-877 820-7831
VENA Goal Setting To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAGoalSetting Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us		12:00 pm	5123414584#	1-877 820-7831
RD Biannual Sharing Session To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/RDSharingSession Instructors: Kaylene Thompson, RD Leona Duong, RD, LD Kaylene.Thompson@dshs.state.tx.us Leona.Duong@dshs.state.tx.us		12:00	5123414514#	1-877 820-7831
A Fresh Spin on Teaching Group Classes To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FreshSpinGroupClasses Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us	Wed Dec 7	11:00	5123414509#	1-877 820-7831

1. Log in on the phone

- Call the toll-free telephone number listed with the class you want to attend.
- Enter the participant passcode listed, including the pound sign (#) after.

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Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
Emotion-Based Messaging To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/EmotionBasedMessaging Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us	Wed Dec 7	12:30 Pm	5123414509#	1-877 820-7831
VENA: Navigating with OARS To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/NavigatingwithOARS Instructor: Erin Thornberry Erin.Thornberry@dshs.state.tx.us	Thur Dec 8	11:00 am	5123414580#	1-877 820-7831
VENA Counseling Scenarios To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAcounselingscenarios Instructor: Angela Gil, RD, LD Angela.Gil@dshs.state.tx.us		12:00 pm	5123414590#	1-877 820-7831
RD Biannual Sharing Session To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/RDSharingSession Instructors: Kaylene Thompson, RD Leona Duong, RD, LD Kaylene.Thompson@dshs.state.tx.us Leona.Duong@dshs.state.tx.us		12:00	5123414514#	1-877 820-7831
WIC Allowable Foods To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/WICAllowableFoods Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us	Friday Dec 9	10:00 am	5123414585#	1-877 820-7831
WIC Foods Packages To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/WICFoodPackages Instructor: Elizabeth Bruns, RD, LD Elizabeth.Bruns@dshs.state.tx.us		11:30 am	5123414585#	1-877 820-7831
A Healthy Media Diet: A CCNE Lesson Backgrounder To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/HealthyMediaDiet Instructor: Hildreth England, RD, LD Hildreth.England@dshs.state.tx.us	Mon Dec 12	12:30 pm	5123414509#	1-877 820-7831

1. Log in on the phone

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Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
VENA Tools of the Trade To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/VENAToolsoftheTrade Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us	Tue Dec 13	12:00 pm	5123414584#	1-877 820-7831
Tools for Building Rapport & Personalizing a Counseling Session To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/ToolsforBuildingRapport Instructor: Debbie Lehman, PhD, RD, LD Debbie.Lehman@dshs.state.tx.us	Wed Dec 14	11:00 am	5123414517#	1-877 820-7831
Dental Health: A CCNE Lesson Backgrounder To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/OralHealthBackgrounder Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us		10:00 am	5123414514#	1-877 820-7831
Communicating with Low Literature To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/CommunicatingwithLowLiterature Instructor: Erin Thornberry Erin.Thornberry@dshs.state.tx.us		12:00 pm	5123414580#	1-877 820-7831
Choose MyPlate: An Introduction To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/MyPlate Instructor: Angela Gil, RD, LD Angela.Gil@dshs.state.tx.us	Thur Dec 15	11:00 am	5123414590#	1-877 820-7831
CCNE Lesson Development To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/CCNELessonDevelopment Instructor: Meghan Coffey Meghan.Coffey@dshs.state.tx.us	Tue Dec 20	11:00 am	5123414514#	1-877 820-7831
CCNE Sharing Session To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/CCNESharingSession Instructors: Frances Diep, RD, LD and Erin Thornberry Frances.Diep@dshs.state.tx.us Erin.Thornberry@dshs.state.tx.us		12:00	5123414584#	1-877 820-7831

1. Log in on the phone

- Call the toll-free telephone number listed with the class you want to attend.
- Enter the participant passcode listed, including the pound sign (#) after.

2. Log in via your computer -

- Enter the web page exactly as listed into your internet browser (Internet Explorer, Firefox, Safari, etc)
- Click the "Guest" tab, enter your name and email address
- Click "Join meeting" & "I'm Already Dialed In"

DECEMBER 2011

Nutrition Education & Clinic Services - Online Staff Training

Class Title and Web address	Date	Time	Participant Passcode (include #)	Toll-free phone number
CCNE Sharing Session To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/CCNESharingSession Instructors: Frances Diep, RD, LD and Erin Thornberry Frances.Diep@dshs.state.tx.us Erin.Thornberry@dshs.state.tx.us	Wed Dec 21	12:00	5123414584#	1-877 820-7831
Motivating for Behavior Change To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/MotivatingForBehaviorChange Instructor: Frances Diep, RD, LD Frances.Diep@dshs.state.tx.us	Thur Dec 22	12:00 pm	5123414584#	1-877 820-7831
Help your Child Have a Healthy Weight: A CCNE Lesson Backgrounder To attend this class, log in at: http://stateoftx-dshs.qwestccc.com/QwestWeb/HelpYourChildHaveHealthyWeight Instructor: Debbie Lehman, PhD, RD, LD Debbie.Lehman@dshs.state.tx.us	Thur Dec 29	11:00 am	5123414517#	1-877 820-7831
Understanding Food Allergies To attend this class, log in at http://stateoftx-dshs.qwestccc.com/QwestWeb/FoodAllergies Instructor: Kaylene Thompson, RD Kaylene.Thompson@dshs.state.tx.us	Friday Dec 30	10:00 am	5123414512#	1-877 820-7831

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- Enter the participant passcode listed, including the pound sign (#) after.

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