



Memorandum

#12-141

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: December 21, 2012

SUBJECT: Revised Self-Paced Lesson Available- *SP-000-18, Growing Up From a Baby to a Toddler*

Lesson SP-000-18, *Growing Up From a Baby to a Toddler*, will be available January 1, 2013 in the Self-Paced category on the WIC Lesson Plans website. This self-paced lesson is now available for download from the WIC website at <http://www.dshs.state.tx.us/wichd/nut/splessons-nut.shtm>. It has been revised to be more interactive and now incorporates the content from Lesson SP-000-19, *Introducing Finger Foods to Your Child*.

The newly revised *Growing Up From a Baby to a Toddler* will replace SP-000-19, *Introducing Finger Foods to Your Child*. If you are currently offering this lesson, please make the change on your *Nutrition Education Class Schedule* or contact your State Nutrition Education Liaison for additional information.

If you have any questions or require additional information, please contact Katie Lanier, Nutrition Education Consultant, at (512) 341-4514 or Katie.Lanier@dshs.state.tx.us