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**#13-054**

**TO:** WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** May 22, 2013

**SUBJECT:** Self-Paced Lessons Now Available in Vietnamese

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The following self-paced lessons have been translated to Vietnamese and posted on the WIC website for your use:

- SP-000-34 | *Anytime, Anyplace- Breastfeeding in Public*
- SP-000-35 | *Picky Eaters- Making Peace with Food*
- SP-000-36 | *Be Active, Feel Great*
- SP-000-50 | *Growing Up... and off the bottle*

These lessons are now available for download only from the WIC website at:

<http://www.dshs.state.tx.us/wichd/nut/spllessons-nut.shtm>

If you have any questions or require additional information please contact Katie Lanier, Nutrition Education Consultant at 512-341-4514 or by email at [katie.lanier@dshs.state.tx.us](mailto:katie.lanier@dshs.state.tx.us).