



Memorandum

#13-078

TO: WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: August 5, 2013

SUBJECT: Hot Topic for WIC Registered Dietitians – *Weight of the World: Culture and Obesity*

Are you curious about how culture relates to the obesity epidemic? Then join us for the upcoming Hot Topic training, *Weight of the World: Culture and Obesity*. This training will discuss the role that culture plays in health and obesity, including how weight perceptions and health risk factors vary between ethnicities. You'll leave with strategies and resources to remain culturally sensitive when counseling obese clients.

Kaylene Thompson, RD, LD, and Katie Lanier will be presenting the training. **Registered Dietitians and Dietetic Technicians, Registered, who attend the training are eligible for 1 CEU** (*note: name and local agency number must be submitted at the beginning of the session to receive credit*). The presentation will be repeated twice in one week to accommodate different schedules.

Session Dates and Times:

Wednesday, August 21, 2013: 12:00 P.M. – 1:00 P.M. CST
Thursday, August 22, 2013: 12:00P.M. – 1:00 P.M. CST

Instructions for logging on:

1. You will need a telephone and internet access.
2. Open your internet browser. Go to <https://stateoftx-dshs.centurylinkccc.com/CenturylinkWeb/RDHotTopic>
3. Click the "Guest" tab.
4. Enter your name and email address, then click "Join Meeting."
5. To join audio, type your phone number and click "Let the Meeting Call Me." The program will automatically dial your phone.
 - a. You may also dial toll free **1-877-820-7831**. Enter participant passcode **5123414512#** when prompted (including the # sign that follows the numbers).
6. For help logging in, contact CenturyLink Customer Support at 1-800-485-0844.

If you have questions or require additional information, please contact Leona Duong, RD, LD, at leona.duong@dshs.state.tx.us, (512) 341-4520 or Kaylene Thompson, RD, LD, at kaylene.thompson@dshs.state.tx.us, (512) 341-4512.