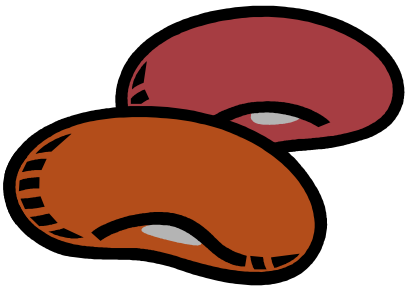
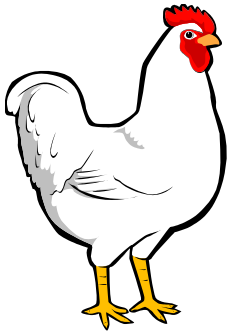
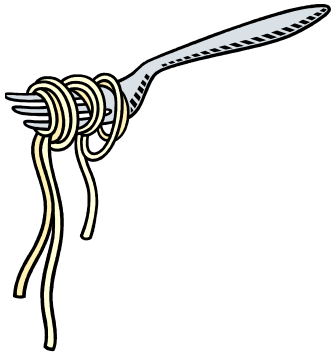
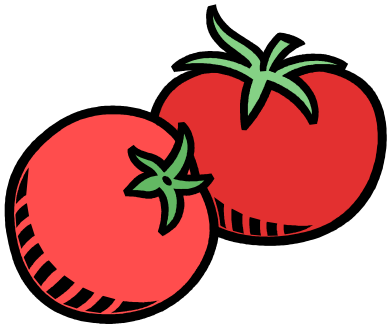


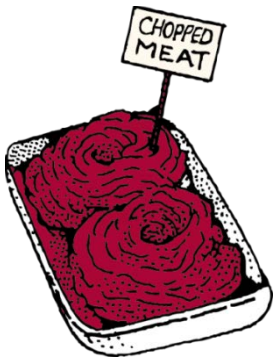
MILK

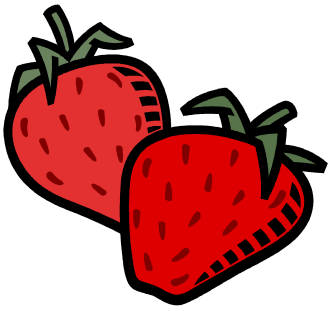


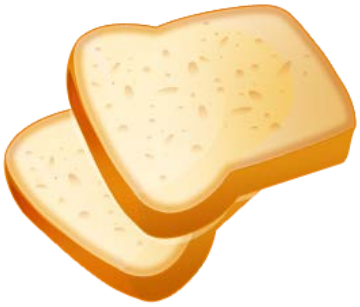


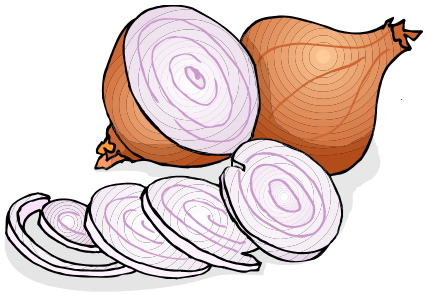


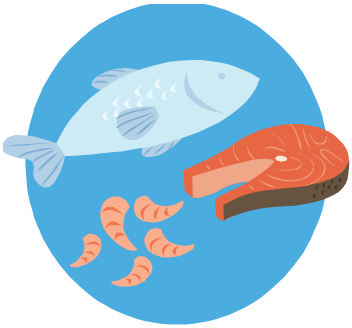
Yogurt

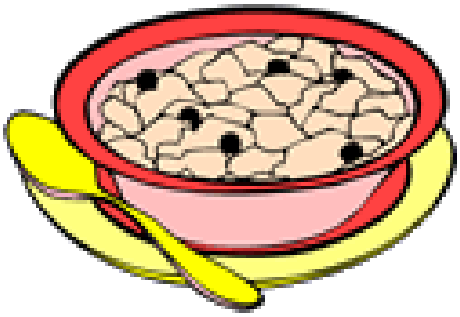

CHOPPED
MEAT

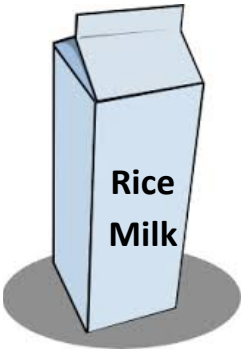




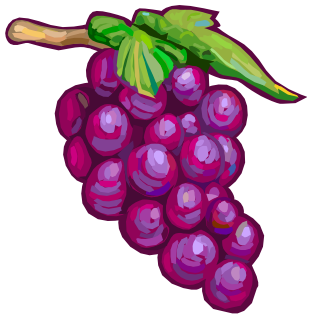
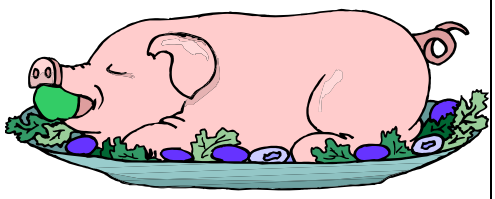
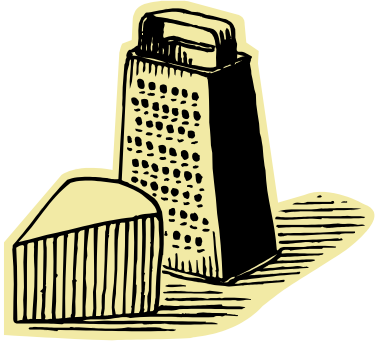
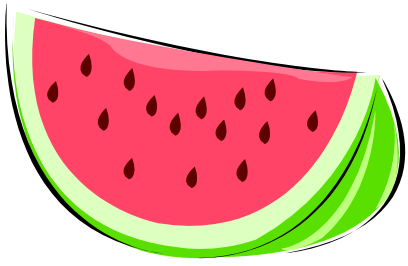







Rice
Milk

COTTAGE
CHEESE



Soy
Milk