

Texas School Health Advisory Committee Meeting Minutes
September 16, 2019
10:00 a.m. – 3:00 p.m.
Moreton Building, M100
1100 West 49th Street, Austin, TX 78756

Texas School Health Advisory Committee member attendance at the September 16, 2019, meeting.

Member Name	Yes	No	Member Name	Yes	No
Josette Saxton	x		Scott Moger	x	
Nomita Bajwa	x		Alexandra Molina		x
Fancy Flores		x	Neel Naik	x	
Barney Fudge	x		Helenka Ostrum	x	
Julie Gardner	x		Eduardo Rios		x
Tamara Gilstrap	x		Mandy Tyler	x	
Bena Glasscock	x		Anita Wheeler	x	
Michael Kelly	x				
Danielle Leon	x				

Agenda Item 1: Welcome/Call to Order/Introductions of members and staff. The meeting of the Texas School Health Advisory Committee was called to order at 10:00 a.m., Monday, September 16, 2019 by Ms. Josette Saxton, Presiding Officer. Ms. Saxton welcomed committee members and members of the public and asked committee members and staff around the table to introduce themselves. Mr. John Chacón, HHSC Advisory Committee Coordination Office, announced the meeting was being conducted in accordance with the Texas Open Meetings Act. Mr. Chacón conducted the roll call and announced that a quorum of the Committee was present. Mr. Chacón also provided an overview of the webcasting protocol.

Agenda Item 2: Approval of the February 4, 2019 TSHAC Minutes. Ms. Saxton asked for a motion to approve the minutes from the February 4, 2019 meeting. Mr. Barney Fudge, with the Texas Education Agency (TEA), requested changing “Health and Physical Education Review Board” to “State Board of Education” on item 9. Dr. Scott Moger moved to approve the minutes from the February 4, 2019 meeting with edits noted by Mr. Fudge. Ms. Tamara Gilstrap, Vice Chair, seconded the motion. The Committee members unanimously approved the minutes by voice vote, with thirteen yeas’, no nays and no abstentions.

Agenda Item 3: Presentation to the TSHAC by Dr. Hellerstedt, Commissioner of the Texas Department of State Health Services. Ms. Saxton introduced Dr. John Hellerstedt. Dr. Hellerstedt thanked the TSHAC for the work the committee has accomplished since its inception. Dr. Hellerstedt stated that local school health advisory councils (SHACs) look to

the TSHAC for guidance and support on topics such as bullying, mental health, recess, e-cigarettes, and physical education. Dr. Hellerstedt acknowledged the work that the TSHAC is currently doing, including discussing health education for all Texas students.

Dr. Hellerstedt briefly reviewed bills from the 86th Legislative Session that impacted school health. Senate Bill 435 addressed SHACs and opioids. House Bill 961 addressed concussions. House Bill 2243 addressed schools stocking and administering asthma medication. House Bill 684 addressed seizure disorders, and Senate Bill 869 addressed food allergies.

Dr. Hellerstedt noted that the agency is soliciting membership for the Food Allergy Ad Hoc Committee in response to Senate Bill 869. Dr. Hellerstedt acknowledged the epinephrine auto-injector rules for schools and stated that the School Health Program redesigned the Awards for Excellence in Texas School Health program.

Dr. Hellerstedt acknowledged the key partnerships the School Health Program has with the agency's Immunizations Branch and Vision, Hearing, and Spinal Screening Programs and with the Texas Education Agency, Texas Department of Agriculture, Texas Board of Nursing, Texas School Nurse Organization, Texas Association of School Boards, and Texas Action for Healthy Kids. Dr. Hellerstedt thanked the TSHAC for the recommendations the committee has made to the agency and to local SHACs. Dr. Hellerstedt also briefly discussed the harms of vaping.

Agenda Item 4: Review of the Texas Open Meetings Act

requirements for committee members. Ms. Saxton introduced Ms. Kym Oltrogge. Ms. Oltrogge, HHSC Legal Counsel, provided an overview to the members regarding duties and responsibilities as it relates to the Open Meetings Act (OMA) and referenced a handout entitled "Texas School Health Advisory Committee – Open Meetings Act (OMA)." Ms. Oltrogge stated that the OMA requires governmental bodies hold all meetings in public, accessible locations. Ms. Oltrogge noted that the TSHAC is an advisory committee and is subject to the OMA per Texas Health and Human Services policy and committee rule. Ms. Oltrogge noted that deliberation of a quorum can occur in a verbal or written exchange. Ms. Oltrogge stated that the current rule states that a quorum for the TSHAC is ten members.

Ms. Oltrogge listed occasions that may not be a meeting if no action is taken and discussion of business is incidental. Ms. Oltrogge also described daisy-chain meetings. Ms. Oltrogge stated that postings of meetings must occur at least seven days before the meeting date, not counting the day of the posting or the day of the meeting. Ms. Oltrogge stated that under current committee rule, the committee may not meet in a closed meeting. Ms. Oltrogge ended her presentation with three problems for the committee members to discuss.

Agenda Item 5: Revisions to the Health Education for All Texas Students, Kindergarten through 12th Grade document.

Ms. Saxton asked Ms. Danielle Leon to lead the discussion. Ms. Leon stated that she, Dr. Neel Naik, and Mr. Eduardo Rios completed revisions to the document. Ms. Saxton noted that the handout is in the committee's meeting packet. Mr. Fudge stated that TEA provided written clarifying language to the Recommendation and Background sections. Ms. Leon stated that she did not revise those two sections. Mr. Fudge read TEA's suggested changes, and there was a brief discussion regarding accepting TEA's written comments. Mr. Fudge provided Ms. Crystal Beard with TEA's written suggested changes. Dr. Moger noted a typo on page seven and requested changing "if" to "of." Dr. Naik noted that he had two points of discussion regarding the document before it was voted on by the committee. Dr. Naik stated that he recommended adding information about safe sexual practices or prevention of sexually transmitted diseases and adding information on firearm safety. Ms. Leon noted the rise in sexually transmitted diseases in youth. Ms. Anita Wheeler, with DSHS, stated that if those items were added, DSHS will review the information. Dr. Naik stated that his opinion is to publish the document with the new items.

There was agreement among the committee. Ms. Saxton suggested including more information under the Tobacco and Vaping section. Ms. Tyler suggested including human trafficking. Dr. Michael Kelly suggested adding a definition for "use." Ms. Saxton noted that a motion was not needed and the workgroup would continue revising the document based on the discussion and suggestions from TEA. Ms. Saxton also suggested including information on opioid use. Ms. Wheeler agreed that including opioid information would be helpful. Dr. Bajwa volunteered to assist the workgroup.

Agenda Item 6: Revisions to the Sample Resolution on Health Education for All Texas Students, Kindergarten through 12th Grade.

Ms. Saxton asked Ms. Leon to lead the discussion. Ms. Leon stated that she implemented the changes from the previous meeting. Ms. Saxton noted a typo and asked to change "druge" to "drug." Ms. Saxton called for a motion to approve the Sample Resolution with the grammatical edit noted by herself. Ms. Wheeler moved to approve the Sample Resolution with edit noted by Ms. Saxton. Dr. Kelly seconded the motion. The Committee members unanimously approved the Sample Resolution by voice vote, with thirteen yeas', no nays and no abstentions.

Agenda Item 7: Discussion of TSHAC rule project (25 Texas Administrative Code 3§7.350).

Ms. Saxton asked Ms. Wheeler to lead the discussion. Ms. Wheeler stated that the TSHAC rules were currently being reviewed before they will be presented before the HHSC Executive Council. Ms. Wheeler noted that minor changes were made to the draft rule language for consistency. Ms. Wheeler stated that the School Health Program will notify the TSHAC when the rule packet will be presented to the Executive Council.

Agenda Item 8: Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services. Ms. Saxton asked Mr. Fudge to start the discussion. Mr. Fudge with the TEA stated that TEA was currently working on a “To the Administrator” letter that would cover the school health legislation from the 86th Legislative Session.

Mr. Fudge provided a handout that addressed SHAC legislation. Mr. Fudge noted the changes to law in relationship to House Bill 18, Senate Bill 11, and Senate Bill 435. Mr. Fudge stated that the review of the Health Education and Physical Education Texas Essential Knowledge and Skills was currently underway. Mr. Fudge also stated that two FitnessGram written reports were currently published. Mr. Fudge stated that the 2017-2018 FitnessGram data will be released in the fall.

Ms. Ostrum with the Texas Department of Agriculture stated that the Summer Meals program wrapped up for the summer. Ms. Ostrum noted that the National School Lunch Week will take place October 14-18. The theme will be superheroes. Ms. Ostrum stated that the Texas Farm Fresh Challenge will take place in October. The theme is “Eat Local. Teach Local. Be Social.” Ms. Ostrum stated that the Farm to School Census is currently underway by the U.S. Department of Agriculture.

Ms. Wheeler with DSHS introduced Ms. Kelsii Dilley, Branch Manager, Diabetes and School Health Branch, to the TSHAC. Ms. Wheeler briefly discussed House Bill 2243 from the 86th Legislative Session. Ms. Wheeler stated that the Stock Epinephrine Advisory Committee will make recommendations regarding House Bill 2243. Ms. Wheeler stated that the TSHAC will also review the rules related to House Bill 2243.

Ms. Wheeler stated that the Awards for Excellence in Texas School Health has been restructured. Ms. Wheeler stated that Reaching for Excellence is an implementation grant focused on nutrition, physical activity, and injury prevention. Ms. Wheeler stated that the Discovery and Vanguard Awards fund schools who have created sustainable projects that have been in place for at least one year. Ms. Wheeler noted that the applications are currently posted to the School Health Program’s Awards for Excellence webpage.

Ms. Wheeler stated that the School Health Survey has closed. Data will be available in February. Ms. Wheeler stated that the survey was focused on chronic disease. Ms. Wheeler addressed Senate Bill 869 and the permanent creation of the Food Allergy Ad Hoc Committee. The application for membership closed on Friday, September 13. Ms. Wheeler stated that the agency still needs school representative applicants, and the application will open again in an attempt to reach school representatives.

Agenda Item 9: Scheduling of the next TSHAC meeting and future meeting dates, including the next TSHAC meeting on November 4, 2019. Ms. Saxton noted that the next TSHAC meeting is slated for November 4, 2019. Ms. Wheeler stated that the deadline to submit handouts for a November meeting was October 4. Ms. Ostrum requested including the soda consumption document on the November 4 TSHAC agenda. Ms. Wheeler suggested postponing the November 4, 2019 and placing the current items on the February agenda. Ms. Wheeler stated that an April meeting could be held for additional items. Ms. Wheeler asked Mr. Chacón to reserve Moreton Building, M100, for Monday, April 27, 2020.

Future TSHAC meeting dates include:

- February 24, 2020
- April 27, 2020

Agenda Item 10: Future TSHAC agenda topics and priorities.

Ms. Saxton suggested having a guest speaker address the TSHAC on vaping and schools. Dr. Bajwa suggested including youth nicotine cessation. Dr. Kelly suggested including a policies and systems approach to sustainable school health. Ms. Saxton asked the committee if having a coordinated school health discussion would be helpful. Ms. Wheeler noted that coordinated school health has transitioned to the Whole School, Whole Community, Whole Child (WSCC) model. Ms. Wheeler suggested including systemic changes in the TSHAC recommendations documents. Ms. Leon suggested using the WSCC model to guide the revisions to the Health Education for All Texas Students, Kindergarten -12th grade document. Ms. Saxton suggested starting every document with the WSCC model. Ms. Wheeler stated that the agency would create language for the beginning of each document.

Future agenda topics include:

- Student Consumption of Regular and Diet Soda in High School.
- Health Education for All Texas Students, Kindergarten through 12th Grade.
- Recess and Physical Activity: Impact on Student Health and Academic, Social and Emotional Development.
- Senate Bill 435, 86th Legislative Session, 2019.
- Vaping – Guest speaker.

Action Item 11: General Public Comment. Ms. Saxton asked for general public comment. Mr. Chacón provided a brief overview of the public comment protocol. Public comment was provided by Dr. Josefine Ortiz Wolfe with the Texas Health Institute. Dr. Wolfe acknowledged the work of the TSHAC and asked that the TSHAC consider oral health when creating recommendations and resources for local SHACs.

Agenda Item 12: Adjournment. Ms. Saxton adjourned the meeting at 12:39 p.m.

Below is the link to the archived video of the September 16, 2019 Texas School Health Advisory Committee meeting.

(To view and listen to the entirety of the meeting click on the link below)

[Texas School Health Advisory Committee](#)

Approved:

2/24/20