

**Texas Diabetes Council
Meeting Minutes
October 10, 2019
1:00 p.m.**

**Moreton Building, Public Hearing Room M-100
1100 W. 49th Street, Austin, TX 78756**

Table 1: Texas Diabetes Council member attendance at the Thursday, October 10, 2019 meeting.

MEMBER NAME	IN ATTENDANCE
Dr. Mitchel Abramsky	Yes
Ms. Joan Colgin	Yes
Ms. Felicia Fruia-Edge	Yes
Ms. Lisa Golden	Yes
Mr. John Griffin	No
Dr. Manda Hall	No
Dr. Kathy LaCivita	Yes
Ms. Aida (Letty) Moreno-Brown	Yes
Dr. Feyi Obamehinti	Yes
Ms. Ardis Reed	No
Mr. Jason Ryan	Yes
Mr. William (David) Sanders	Yes
Dr. Curtis Triplitt	Yes

Agenda Item 1: Welcome

Dr. Kathy LaCivita, Chair of the Texas Diabetes Council (TDC), convened the meeting at 1:00 p.m.

Agenda Item 2: Introduction of New Texas Diabetes Council Members

Dr. LaCivita greeted everyone and introduced two new members, Ms. Averil Mullins, Texas Retirement System (TRS) and Ms. Diane Kongevick, Employee Retirement System (ERS). Each new member had an opportunity to provide an introductory speech. Dr. LaCivita turned the floor over to Ms. Stephanie Gutierrez, HHSC, Policy & Rules, Advisory Committee Coordination Office.

Agenda Item 3: Roll Call

Ms. Gutierrez reviewed logistics, called roll, requested members introduce themselves, and determined quorum. Ms. Gutierrez requested a motion to excuse the absences of members.

MOTION: Dr. Kathy LaCivita made a motion to approve the absence for Mr. John Griffin and Ms. Ardis Reed for the October 10, 2019 meeting. Ms. Joan

Colgin seconded the motion. A voice vote was taken. The motion carried with no objections nor abstentions.

Agenda Item 4: July 25, 2019 Meeting Minutes

Ms. Gutierrez asked if there were any necessary edits. Hearing none, Ms. Gutierrez requested a motion.

MOTION: Dr. Kathy LaCivita made a motion to approve the July 25, 2019 meeting minutes. Mr. William Sanders seconded. A voice vote was taken. The motion carried with no objections nor abstentions.

Agenda Item 5: Health Insurance for Diabetes Prevention Confers Health Benefits and Breaks Even on Cost Within 2 Years

Dr. LaCivita lead this agenda item and referenced the handout, *Health Insurance for Diabetes Prevention Confers Health Benefits and Breaks Even on Cost Within 2 Years*.

Dr. LaCivita stated:

- Prevention delays onset of Type 2 Diabetes by 58%
- Employer screening is a good opportunity
- Incentives are important for participants and employers

Agenda Item 6: Medicaid Pharmacy Benefits

Dr. LaCivita introduced and turned the floor over to Ms. Nahid Assadi, HHSC, Vendor Drug Program. Ms. Assadi referenced the PowerPoint and handout, *Medicaid Pharmacy Benefit*.

Members discussed:

- The dispensing fee to the pharmacy is paid by the state
- The prior authorization chart not being user friendly for providers
- Prior authorizations having an automation capability
- Managed Care Organizations (MCOs) can negotiate with manufacturers on specific blood glucose meters

ACTION ITEM: Ms. Assadi will provide information on whether manufacturers have to agree to terms of the agreement regarding the consumer price index penalty.

Agenda Item 7: Childhood Obesity and Diabetes

Dr. LaCivita introduced and turned the floor over to Dr. Ninfa Pena-Purcell, Texas A&M AgriLife Extension Service. Dr. Pena-Purcell referenced the PowerPoints and handouts, *Preventing Type2 Diabetes in Youth: Lifestyle Matters*, *Youth-Onset Type 2 Diabetes Consensus report: Current State*,

Challenges, and Priorities and Incidence Trends of Type 1 and 2 Diabetes Among Youth, 2002-2012.

Members discussed:

- All data in the PowerPoint is Texas data
- Cost savings

Agenda Item 8: Snapshot of Obesity & Diabetes in the Rio Grande Valley

Dr. LaCivita introduced and turned the floor over to Dr. Hazem Kanaan, All Women Medical Clinic, PA, Rio Grande Valley Medical Weight Loss Clinic. Dr. Kanaan referenced the PowerPoint and handout, *Snapshot of Obesity & Diabetes in the Rio Grande Valley*.

Members discussed:

- Improving access to fruits and vegetables
 - Medical weight loss education and lifestyle modification before prescribing medication
- Workgroups have started to update the health education Texas Essential Knowledge and Skills (TEKS)

Agenda Item 9: State Agency Representatives

A. Department of State Health Services

Ms. Nimisha Bhakta, DSHS, Health Promotion and Chronic Disease Prevention, provided an update.

Ms. Bhakta stated:

- Ms. Kelsii Dilley is the new Diabetes and School Health branch manager
- The diabetes program gave thanks to the Council for writing the Diabetes State Plan
- The diabetes program developed an assessment report in collaboration with HHSC
- Both reports are being routed to agency approval before submission to legislature
- The diabetes program will implement statewide engagement calls
 - Each call will be one hour long starting at 10:00 a.m. until 11:00 a.m.
 - Calls are scheduled for:
 - December 3, 2019
 - April 14, 2020
 - August 4, 2020

B. Health and Human Services Commission

Dr. Mitchell Abramsky, HHSC Medicaid and CHIP Services, Associate Medical

Director, stated the proposal for the continued glucose monitoring has been forwarded to the Executive Commissioner. If the proposal is approved the next step is to post for public comment for 30 days.

C. Texas Workforce Commission (TWC)

Ms. Lisa Golden, TWC, stated October is White Cane Day, a day to celebrate the achievements of people who are blind or visually impaired. Ms. Golden gave thanks to Dr. Manda Hall, DSHS, Community Health Improvement Division, Associate Commissioner, for collaborating with TWC regarding the Texas Confidence Builder training on sensory disabilities. The continuing education (CE) department is supporting TWC with CEs for diabetes educators that go through the training on sensory disabilities.

D. Teacher Retirement System of Texas (TRS)

Ms. Averil Mullins, Health Benefits Program Analyst Specialist, TRS. Ms. Mullins stated at the next meeting she will bring updates regarding diabetes or obesity.

E. Employees Retirement System of Texas (ERS)

Ms. Diana Kongevick, Director of Group Benefits, informed members of programs offered by ERS such as Naturally Slim and Real Appeal. Ms. Kongevick stated she will have more information to share with members at the next meeting.

Agenda Item 10: Workgroups

A. Advocacy and Outreach

Dr. LaCivita informed Council:

- On November 22, 2019, there is a conference at Parkland in Dallas for the 12th Annual Diabetes Conference
- On March 27-28, 2020, the Texas Chapter of the American Association of Diabetes Educators is meeting in Grapevine, Texas
- Certified Diabetes Educators will now be called Diabetes Care and Education Specialists
- Federal and state meetings have been conducted regarding insulin pricing

B. Health Professionals and Outcomes

Dr. LaCivita introduced and turned the floor over to Ms. Colgin, TDC member and co-facilitator of the Health Professionals and Outcomes workgroup.

Ms. Colgin informed Council, the workgroup:

- Is updating the Texas Medicaid Managed Care Organization survey
- Will work with Women, Infants, and Children (WIC) in providing specific nutritional education to nutrition interns
- Will provide nutrition resources for WIC staff that can be used throughout Texas and communicated through the WIC newsletter

Ms. Colgin turned the floor over to Dr. Shannon Brow, subject matter expert for the Health Professionals and Outcomes subcommittee and Ms. Aida Moreno-Brown, member of the TDC and Health Professional and Outcomes subcommittee. Dr. Brow and Ms. Moreno-Brown summarized the presentation they gave at the 2019 Nutrition and Breastfeeding Conference on diagnosing diabetes during pregnancy.

Agenda Item 11: Announcements

Dr. LaCivita made an announcement that Ms. Ardis Reed, TDC member, will be presenting Monday, October 14, 2019 to the Medicaid MCO Medical Directors on a diabetes self-management education and support and diabetes prevention program survey to solicit input for the 2020 survey. Dr. LaCivita stated the TDC is actively working with Maternal Health and WIC to identify women with gestational diabetes post-partum so they can receive resources they qualify for. The TDC will also be writing an article, assisting with providing gestational diabetes information to the WIC registered dietitian internship program, and revising the TEKS for obesity and Type 2 diabetes prevention in grades K-12.

Agenda Item 12: Public Comment

Dr. LaCivita turned the floor over to Ms. Gutierrez to read Public Comment Logistical Announcements for the record.

Ms. Gutierrez called Mr. Michael Bolen, Director of State Government Affairs for Medtronic, to the table to address members. Mr. Bolen provided real world evidence for cost savings and efficacy of continuous glucose monitoring (CGM). Mr. Bolen read highlights of a study completed earlier this year. Mr. Bolen offered to provide the study to members.

Dr. LaCivita informed Mr. Bolen that the TDC has submitted a letter of support of coverage for continuous glucose monitoring systems to Medicaid. The letter is currently under review. TDC does not recommend or endorse any CGM manufacturer. Ms. Colgin asked if the study has been published. Mr. Bolen stated the stand-alone portion has been published but the sensor-augmented pump portion has not been published.

Agenda Item 13: Future Meetings

Dr. LaCivita stated the next scheduled meeting is January 23, 2020 at 1:00 in M-100.

Topics of discussion for the January meeting:

- Rescheduling the diabetes garage presentation
- MCO 2020 survey update

- TEKS workgroup update
- Pharmacy benefit manager (PBM) transparency

Agenda Item 14: Adjournment

Dr. LaCivita adjourned the meeting at 3:05 p.m.

Webcast: <https://texashsc.swagit.com/play/10102019-1104>