Texas Health Steps Presentation
This Texas Health Steps (THSteps) presentation will cover:

- Background
- THSteps Medical
  - Scheduling
  - Checkup Components
  - Laboratory
  - Special Circumstances
  - Documentation and Billing
- THSteps Dental
- Related Programs and Resources
What is Texas Health Steps?

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)

Federal Law in 1989 - Omnibus Budget Reconciliation Act (OBRA)

Social Security Act (SSA)

Comprehensive Care Program (CCP)
Statutory Requirements

- Communicable Disease Reporting
- Early Childhood Intervention (ECI) referrals
- Parental Accompaniment
- Newborn Blood Screen
- Newborn Hearing Screen
- Critical Congenital Heart Disease (CCHD) Screen
- Blood Lead Level Screen
- Abuse and Neglect Reporting

Texas Medicaid Provider Procedures Manual (TMPPM)
Children’s Services Handbook
5.1.2: THSteps Statutory State Requirements
Compliance with Federal Legislation

- HHSC complies with Health & Human Services (HHS) regulations that protect against discrimination.

- All contractors must agree to comply with the following:
Scope of THSteps Services

- Periodic Medical Checkups
- Dental Checkups and Treatment Services
- Diagnosis of Medical Conditions
- Medically Necessary Treatment and Services
Texas Health Steps
Medical Checkup
THSteps Checkup Scheduling

Selecting a provider

**Checkups** - In fee-for-service (FFS) Medicaid, clients have freedom of choice when choosing a THSteps checkup provider. In managed care, a client needs to contact their health plan to determine how to access THSteps checkups.

**Treatment (If non PCP)** - Referral may be required through PCP for evaluation and/or management of conditions identified during a THSteps medical checkup.
THSteps Checkup Scheduling

New Medicaid Clients:

For FFS - Should receive a THSteps checkup within 90 days of receiving their Medicaid eligibility.

For Managed Care - Should receive a THSteps checkup within 90 days of enrollment in Managed Care Organization (MCO).

Allowance to 90-day requirement can be made if the provider has documentation of a previous checkup and child is current/not due for a checkup.
THSteps Checkup Scheduling

Checkups should be scheduled based on the ages indicated on the THSteps Medical Checkup Periodicity Schedule. [Publication E03-13634]

Families should be encouraged to schedule as soon as the child becomes due for a checkup.
## THSteps Checkup Scheduling

<table>
<thead>
<tr>
<th>Age Range Allowed</th>
<th>Number of Checkups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth through 11 months <em>(Does not include the newborn or 12 months)</em></td>
<td>6</td>
</tr>
<tr>
<td>1 through 4 years of age</td>
<td>7</td>
</tr>
<tr>
<td>5 through 11 years of age</td>
<td>7</td>
</tr>
<tr>
<td>12 through 17 years of age</td>
<td>6</td>
</tr>
<tr>
<td>18 through 20 years of age</td>
<td>3</td>
</tr>
</tbody>
</table>
THSteps Checkup Scheduling

This allows:

- More flexibility in scheduling THSteps checkups.
- Scheduling more than one child for a checkup at the same time.
- Avoiding a checkup during flu season.
- Scheduling a checkup prior to or after returning to their home communities for children of migrant workers.
Checkup Timeliness for Managed Care

New Members-
- Newborns within 14 days of enrollment.
- No later than within 90 days of enrollment for all other eligible children.

Existing Members-
- For children under age 36 months, a checkup is defined as timely if received within 60 days beyond the periodic due date based on their birth date.
- For children 36 months and older, a checkup is defined as timely if it occurs within 364 calendar days after the child’s birthday in a non-leap year or 365 calendar days after the child’s birthday in a leap year.
- Checkups received before the periodic due date are not reportable as timely medical checkups.
THSteps Checkup Timeliness

Children less than 12 months of age-
Checkups in this age group occur within two weeks of due date based on child's date of birth.

Children 12 months of age or older-
- Should have a yearly checkup as soon as they become due.
- May be completed anytime after their birthday (timely).
- Will not be considered late unless the child does not have the checkup prior to their next birthday.
Medical Home

HHSC and THSteps encourage the provision of the THSteps medical checkup as part of a medical home. Texas Medicaid defines a medical home as a model of delivering care that is:

- Accessible
- Continuous
- Comprehensive
- Coordinated
- Compassionate
- Culturally Competent
- Family-Centered
THSteps Checkup
Required Components
Medical Checkup Requirements

Federally Mandated Components-

- Comprehensive Health and Developmental History
- Comprehensive Unclothed Physical Examination
- Immunizations
- Laboratory Screening
- Health Education/Anticipatory Guidance

State Requirement-
Dental referral every 6 months until a dental home is established.
## THSteps Medical Checkup Periodicity Schedule

### THSteps Medical Checkup Periodicity Schedule for Infants, Children, and Adolescents

#### COMPREHENSIVE HEALTH SCREENING* BIRTH THROUGH 10 YEARS OF AGE

<table>
<thead>
<tr>
<th>AGE</th>
<th>COMPONENT</th>
<th>MEASUREMENTS</th>
<th>VISION</th>
<th>HEARING</th>
<th>LABORATORY TESTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2 months</td>
<td>Developmental Screening</td>
<td>Height</td>
<td>Weight</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>2-5 years</td>
<td>Developmental, Mental Health, Vision, Hearing, Laboratory Tests</td>
<td>Height, Weight</td>
<td>Visual Acuity, Color Vision</td>
<td>Audiometry, Hearing</td>
<td>Laboratory Tests</td>
</tr>
</tbody>
</table>

**LEGEND OF SYMBOLS**

- **W**: When symbols appear at the same age for developmental, mental health, vision, hearing screening, perform the most appropriate level screen.
- **Risk-based**: If a component is not completed at the required age, it is mandatory for the provider to complete at the first opportunity if age-appropriate.

Note: THSteps components may be performed at other ages if medically necessary. Check regularly for updates to this schedule: [https://www.capwic.org/thsteps purchasers disposable]. For free online provider instructions: [thsteps.com].

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#### COMPREHENSIVE HEALTH SCREENING* 11 THROUGH 20 YEARS OF AGE

<table>
<thead>
<tr>
<th>AGE</th>
<th>COMPONENT</th>
<th>MEASUREMENTS</th>
<th>VISION</th>
<th>HEARING</th>
<th>LABORATORY TESTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-12 years</td>
<td>Developmental, Mental Health, Vision, Hearing, Laboratory Tests</td>
<td>Height, Weight</td>
<td>Visual Acuity, Color Vision</td>
<td>Audiometry, Hearing</td>
<td>Laboratory Tests</td>
</tr>
</tbody>
</table>

**LEGEND OF SYMBOLS**

- **Mandatory at this age.**
- **Risk-based**: If a component is not completed at the required age, it is mandatory for the provider to complete at the first opportunity if age-appropriate.
- **When symbols appear at the same age for developmental, mental health, vision, hearing screening, perform the most appropriate level screen.**

Note: THSteps components may be performed at other ages if medically necessary. Check regularly for updates to this schedule: [https://www.capwic.org/thsteps purchasers disposable]. For free online provider instructions: [thsteps.com].
Complete THSteps Checkup

Complete only if it includes:
All required components, or documentation of why a particular component could not be completed.

Previous results may be used to meet the checkup requirements if completed within:

- Preceding 30 days for children who are two years of age and younger.
- Preceding 90 days for children who are three years of age and older.
Comprehensive Health History

- Nutritional Screening
- Developmental Surveillance and Screening
- Mental Health Screening
- Tuberculin Skin Test (TST)
Nutritional Screening

- Review of Measurements/BMI and Laboratory Screening
- Infants: Feeding Schedules
- Children and Adolescents: Dietary Practices
- Special Diets/Food Allergies
- Restaurant/Fast Food
Developmental Surveillance

Review of Milestones

*Subjective* review of milestones by parent report and observation.

Screening

- *Objective* screening using a standardized screening tool (CPT code 96110).
- Standardized autism screening (CPT code 96110 U6).
- Required at specific checkups.
## Developmental Screening

### Required Screening Tools

<table>
<thead>
<tr>
<th>Screening Age</th>
<th>Developmental Tool</th>
<th>Autism Tool</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 months</td>
<td>Ages and Stages Questionnaire (ASQ) or Parent's Evaluation of Developmental Status (PEDS)</td>
<td></td>
</tr>
<tr>
<td>18 months</td>
<td>ASQ or PEDS</td>
<td>Modified Checklist for Autism in Toddlers (M-CHAT™ or M-CHAT-R/F™)</td>
</tr>
<tr>
<td>24 months</td>
<td>ASQ or PEDS</td>
<td>Modified Checklist for Autism in Toddlers (M-CHAT™ or M-CHAT-R/F™)</td>
</tr>
<tr>
<td>3 years</td>
<td>ASQ or ASQ:SE, or PEDS</td>
<td></td>
</tr>
<tr>
<td>4 years</td>
<td>ASQ or ASQ:SE, or PEDS</td>
<td></td>
</tr>
</tbody>
</table>
Developmental Screening

The provider must complete a standardized developmental or autism screening:

- If missed at an earlier checkup and still age appropriate.

- For new patients 6 months through 6 years of age if no record of previous age-appropriate screening.

- If there are provider or parental concerns at any visit through 6 years of age.
Developmental Screening

Referrals - If delay or suspected delay is identified:

- Birth through 35 months: The provider must refer to Early Childhood Intervention (ECI), as soon as possible, but no longer than seven days after identified, even if also referring to an appropriate specialist.

- Ages 3 years and older: The provider is encouraged to refer to the appropriate school district program, even if also referring to an appropriate specialist.
Mental Health Screening

Mental Health Screening for
  o Behavioral,
  o Social, and
  o Emotional Development.

Required at each visit.
Mental Health Screening
Adolescent Requirement

Required once per lifetime between the ages of 12 through 18 years using one of the five validated and standardized mental health screening tools. - (Use procedure code 96160 or 96161)

- 96160: Screening tool completed by the adolescent.
- 96161: Screening tool completed by the parent or caregiver on behalf of the adolescent.
Mental Health Screening
Adolescent Requirement

- Pediatric Symptom Checklist (PSC-17)
- Pediatric Symptom Checklist (PSC-35)
- Pediatric Symptom Checklist for Youth (Y-PSC)
- Personal Health Questionnaire (PHQ-9)
- Car, Relax, Alone, Friends, Forget, Trouble (CRAFFT)

Download forms at brightfutures.aap.org.
Administer the THSteps TB Questionnaire annually beginning at 12 months of age.

The questionnaire is available at: www.dshs.texas.gov/thsteps/forms.shtm

Administer a Tuberculin Skin Test (TST) (CPT code 86580) if risk for possible exposure is identified.

A follow-up visit (CPT code 99211) is required to read all TSTs.
TB Screening

Positive TST:
- Further evaluation is required to diagnose either latent TB infection or active TB disease.
- Report a diagnosis of latent TB infection or suspected TB disease to your local or regional health department.

Contact the TB Services Branch at 512-533-3000 for more information.
Physical Examination

- Comprehensive
- Must be unclothed

- Completed by:
  - Physician
  - PA (Physician Assistant)
  - CNS (Clinical Nurse Specialist)
  - NP (Nurse Practitioner)
  - CNM (Certified Nurse-Midwife)
  - RN (Registered Nurse)
    - Under direct supervision of physician
    - Completion of online education modules
    - May not provide checkups at an FQHC or RHC
Physical Examination

- Height or Length
- Weight
- BMI
- Fronto-occipital circumference
- Blood pressure

Use age-appropriate growth graph to identify significant deviations.
Physical Examination

Sensory Screening

VISION-
- Visual acuity screening according to the THSteps Medical Checkup Periodicity Schedule.
- Subjective screening at all other checkups.

HEARING-
- Audiometric screening according to the THSteps Medical Checkup Periodicity Schedule.
- Subjective screening at all other checkups.
Dental Referral

An oral health exam and dental referral is a key part of the THSteps checkup.

A referral depends on the result of the oral exam:

- **Routine dental referral** - Beginning at 6 months of age until a dental home has been established.

- **Referral for dental care** - At any age if the oral exam identifies a possible concern.

- **Emergency dental referral** - If a child has bleeding, infection, excessive pain, or injury, refer directly to the dental provider.
Immunizations

Each medical checkup-

- Assess immunization status.
- Use diagnosis code Z23 to indicate immunization administration.
- Administer according to the Advisory Committee on Immunization Practices (ACIP) recommendations unless-
  - Medically contraindicated, or
  - Parent’s reason of conscience (including religious beliefs).

Providers **must not** refer children to the local health department or other entity for immunizations.
Immunizations

**THSteps ages birth through 18 -**
- Vaccine available through TVFC.
- Reimbursement covers administration fee.

**THSteps ages 19 and 20 -**
- Privately purchased vaccine.
- Reimbursed by Medicaid.
- Reimbursement covers vaccine and administration fee.
Laboratory Services

**G-THSTEPS (September 2016)**
Specimen submission form for THSteps only

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**FOR TEXAS HEALTH STEPS SPECIMENS ONLY!!!**

IS THIS LABORATORY SUBMISSION PART OF THE THSTEPS MEDICAL CHECKUP OR FOLLOW-UP VISIT?  

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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</table>

The specimen submission form must accompany each specimen.  
The patient’s name listed on the specimen must match the patient’s name listed on the form.  
Specimens must have two (2) identifiers that match this form.  
If the Date of Collection field is not completed, the specimen will be rejected.

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**Section 1. SUBMITTER INFORMATION — (REQUIRED)**

<table>
<thead>
<tr>
<th>Field</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Name</td>
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**Section 2. PATIENT INFORMATION — (REQUIRED)**

<table>
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**Section 3. ORDERING PHYSICIAN INFORMATION — (REQUIRED)**

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**Section 4. PAYOR SOURCE — (REQUIRED)**

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<tr>
<td>CMS</td>
<td></td>
</tr>
</tbody>
</table>

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Laboratory Services

Newborn Screening
- 1\textsuperscript{st} screen collected at 24-48 hours of age
- 2\textsuperscript{nd} screen collected at 7-14 days of age
- Up to 12 months if no record of testing
- Special circumstances, such as adoption

DSHS \textbf{NBS Clinical Care Coordination} will:
- Open case for each out-of-range result.
- Communicate abnormal results to the provider.
- Provide guidance for recommended actions.
- Monitor case until infant is cleared or diagnosis is determined.
Laboratory Services

Accessing Newborn Screening Results
All results reported to the submitting facility via mail, fax, HL7, or web application.

Additional copies can be accessed as follows:
Sign up as a registered user of the Texas Newborn Screening Web Application and access reports online—
or
Contact DSHS Laboratory Reporting—
Monday-Friday
8 a.m. to 5 p.m.
Send a fax request to 512-776-7533 or
Call 512-776-7578
Texas Newborn Screening Web Application
How to Sign up - 3 Easy Steps

1. Download forms from: http://www.dshs.texas.gov/lab/remotedata.shtm
2. Fill out:
   • Security/Confidentiality Agreement (1 per facility) AND
   • Web User Agreements (1 for each user)
3. Submit:
   • Fax: 512-776-7157, Attn: Remote Lab Support, L357.1
   • Or email: remotelabsupport@dshs.texas.gov

For help, call 1-888-963-7111 extension 6642 or 6030
Laboratory Services

Lead Screening and Testing

A blood lead level is mandatory at 12 and 24 months of age.

Initial screening:

- Venous or capillary specimen.
- Send specimens to DSHS Laboratory, or
- Provider may use point-of-care testing.
Laboratory Services

Lead Screening and Testing

Point-of-care testing:
- Initial screening only
- Clinical Laboratory Improvement Amendments (CLIA)
- Procedure code 83655 with modifier QW
- Separate reimbursement
Laboratory Services

Lead Screening and Testing

Follow-up

- Blood lead level of 5/mcg/dL or greater
- Venous specimen
- Laboratory of provider’s choice

http://www.dshs.texas.gov/lead/child.shtm
Laboratory Services

Lead Screening and Testing

Risk assessment may be addressed as part of anticipatory guidance-

- Using the questions on the back of the Child Health Record forms (optional).
- Using Risk Assessment for Lead Exposure questionnaire, Form Pb-110 (optional).
- Discussion of risk factors or other methods of education.

http://www.dshs.texas.gov/thsteps/forms.shtm
Laboratory Services

Lead Screening and Testing

Follow up assistance:

Contact MAXIMUS Special Services Unit at 1-877-847-8377
OR
Complete THSteps Provider Outreach Referral Form and Fax to 1-512-533-3867
Attn: Special Services Unit
Laboratory Services

Lead Reporting

- Must submit results to Childhood Lead Poisoning Prevention Program (CLPPP)
  http://www.dshs.texas.gov/lead/child.shtm

- Report all results
Laboratory Services

Anemia Screening

- Mandatory according to the THSteps Medical Checkup Periodicity Schedule
- Required at 12 months of age
- DSHS Laboratory
Laboratory Services

Dyslipidemia

• Required once for all clients 9 through 11 years of age and again at 18 through 20 years of age.
• Risk-based for all clients 24 months through 20 years.
• Child or specimen may be sent to laboratory of provider’s choice, including the DSHS Laboratory.

Type 2 Diabetes

• Risk-based test.
• Child or specimen may be sent to laboratory of provider’s choice, including the DSHS Laboratory.
Laboratory Services

Gonorrhea and Chlamydia Screening
- Risk-based.
- Amplified probe technique.
- Specimens must be submitted to the DSHS Laboratory.
- Supplies may be obtained from the DSHS Laboratory.

Syphilis
- Risk-based.
- Child or specimen may be sent to laboratory of provider’s choice, including the DSHS Laboratory.
Laboratory Services

HIV:
- Required once for all clients 16 through 18 years of age.
- Risk-based for all clients 11 through 20 years of age.

Provide information that testing for HIV is-
- Routinely available, confidential.
- Completely anonymous by choice.

Child or specimen may be sent to laboratory of provider’s choice, including the DSHS Laboratory.
Completing the Checkup – Anticipatory Guidance

- Each checkup.
- Child development.
- Benefits of healthy lifestyles and practices, accident and disease prevention.
- Must include time period for next checkup.
- Written material may be given, but does not replace counseling.
Oral Evaluation and Fluoride Varnish (OEFV) - Optional

During THSteps medical checkup for ages 6 through 35 months -
  • Limited oral evaluation
  • Fluoride varnish application
  • Referral to dental home

Provided by trained and certified -
  • Physicians
  • Physician Assistants
  • Advanced Practice Registered Nurses

http://www.dshs.texas.gov/thsteps/OEFV.shtm
Exception to Periodicity

- Needed in addition to regularly scheduled checkups.
- Must be a complete medical checkup.
- Must be medically necessary.
Exception to Periodicity

- The same procedure codes,
- Provider type modifier, and
- Condition indicators (NU, ST, S2)

Modifiers in table shown below indicate the reason for exception.

<table>
<thead>
<tr>
<th>Modifier</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>SC</td>
<td>- Medically necessary (developmental delay or suspected abuse).</td>
</tr>
<tr>
<td></td>
<td>- Environmental high-risk (sibling of child with elevated blood level).</td>
</tr>
<tr>
<td>32</td>
<td>To meet state or federal requirements for Head Start, daycare, foster care, or pre-adoption.</td>
</tr>
<tr>
<td>23</td>
<td>Dental services provided under general anesthesia.</td>
</tr>
</tbody>
</table>
THSteps Follow-up Visits

A return visit may be required to complete necessary procedures:

- Reading the Tuberculin Skin Test (TST).
- Immunizations.
- Specimen collection for a laboratory test.
- Completion of a component.
- Separate reimbursement may not be available.

CPT code 99211 with-
THSteps provider identifier, and THSteps benefit code.
Children in Foster Care

Children entering or re-entering foster care require the following:

- THSteps checkup within 30 days
- Tuberculin Skin Test (TST)

Checkups must be performed by a medical provider enrolled in Medicaid and THSteps, and who is contracted with STAR Health.

STAR Health member connection representatives call caregivers immediately once a child is enrolled in STAR Health to offer assistance with scheduling the THSteps checkup.
THSteps Documentation

All components must be documented in the medical record:

Quality review activities include:
- Random chart review, and
- Focused studies of THSteps medical checkup completeness.
THSteps Documentation

A component may be omitted due to:

• Provider’s assessment of child’s condition
  -or-
• Lack of cooperation
  -or-
• Parent’s refusal to give consent.

May also omit specific screening tools if a related condition has been identified, and child is currently receiving treatment.

Documentation must include the rationale for the omission.
THSteps Child Health Record Forms

- **Optional**
- **Age-specific**
- Reflect current THSteps policy

Available online at: http://www.dshs.texas.gov/thsteps/childhealthrecords.shtm
THSteps Documentation

Tuberculosis (TB) Questionnaire
The only required form for a THSteps checkup.

Ways to document the questionnaire:
- Document the results of the completed tool in the checkup record - or -
- Retain or scan completed questionnaire in the record - or -
- Include and document the answers to the TB Questionnaire within a provider-created medical record.
Other *Optional* Forms:

- Form Pb-110 Risk Assessment for Lead Exposure
- Parent Hearing Checklist
THSteps Documentation

For all electronic, online, or web-based tools:

Consent/release of information may be needed for:

- Transfer of patient data stored electronically in external databases, or
- If data will be used for purposes other than THSteps checkups.
THSteps Documentation

Previous results may be used to meet the checkup requirements if completed within:

- Preceding 30 days for children who are two years of age and younger.
- Preceding 90 days for children who are three years of age and older.

Documentation must include:

The date(s) of service.

Clear reference to previous visit by the same provider, or results obtained from another provider.
THSteps Billing


Providers, including Rural Health Clinics (RHCs) and Federally Qualified Health Centers (FQHCs) should contact:

- The appropriate medical or dental managed care plan, or
- TMHP for patients with fee-for-service coverage.

RHCs and FQHCs receive an all-inclusive encounter rate.
# ICD-10-CM Coding for Texas Health Steps

<table>
<thead>
<tr>
<th>ICD-10 CM Code</th>
<th>Descriptor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Z00110</td>
<td>Newborn exam, birth to 7 days</td>
</tr>
<tr>
<td>Z00111</td>
<td>Newborn exam, 8 days to 28 days</td>
</tr>
<tr>
<td>Z00129</td>
<td>Routine child exam</td>
</tr>
<tr>
<td>Z00121</td>
<td>Routine child exam, abnormal</td>
</tr>
<tr>
<td>Z00000</td>
<td>General adult exam</td>
</tr>
<tr>
<td>Z00001</td>
<td>General adult exam, abnormal</td>
</tr>
</tbody>
</table>

[http://www.tmhp.com/Pages/CodeUpdates/ICD-10.aspx](http://www.tmhp.com/Pages/CodeUpdates/ICD-10.aspx)
**THSteps Quick Reference Guide (QRG)**

**Texas Health Steps Quick Reference Guide**

**THSteps Medical Checkup Billing Procedure Codes**

<table>
<thead>
<tr>
<th>Procedure Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>9931X</td>
<td>QM: Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
</tr>
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<td>QM: Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9932X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9933X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9934X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9935X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9936X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
</tr>
<tr>
<td>9937X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<td>9938X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
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<tr>
<td>9939X</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
</tr>
<tr>
<td>993AX</td>
<td>QM: Plan Jahr 1 Initial QM Visit for plan Jahr 1 or 2 of plan Jahr 3, 4 or 5 if the QM visit was performed in Year 1</td>
</tr>
</tbody>
</table>

**ICD-10 Diagnosis Codes**

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>QUAG</td>
<td>QM: Gastroesophageal reflux disease (GERD)</td>
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**Texas Health Steps Quick Reference Guide** - revised 03/03/2017

[http://www.tmhp.com/Pages/Medicaid/Medicaid_THSteps_Program_Info.aspx](http://www.tmhp.com/Pages/Medicaid/Medicaid_THSteps_Program_Info.aspx)
THSteps Quick Reference Guide

THSteps medical checkup CPT codes:

• **New Patient:**
  - 99381, 99382, 99383, 99384, 99385

• **Established Patient:**
  - 99391, 99392, 99393, 99394, 99395

**Follow Up visit:** 99211

**Immunizations:**

• Diagnosis code Z00110, Z00111, Z00129, Z00121, Z0000, or Z0001 in addition to Z23.
• Appropriate immunization administration and vaccine codes.
THSteps Quick Reference Guide

Additional requirements:
THSteps Benefit Code EP1

Identify the provider completing the physical examination-
- AM-Physician
- SA-Nurse Practitioner
- TD-Registered Nurse
- U7-Physician Assistant

Condition indicators-
- NU-Not used (no referral)
- ST-New services requested
- S2-Under treatment
Procedures which are a benefit may be reimbursed on the same day as a medical checkup-

- Developmental screening (CPT code 96110).
- Autism screening (CPT code 96110 with U6 modifier).
- Mental health screening in adolescents (CPT code 96160 or 96161).
- Tuberculin Skin Test (TST) (CPT code 86580).
- Point-of-care lead testing (CPT code 83655 with QW modifier).
- Immunizations administration (Individual MCOs may require the use of a modifier).
Separate Identifiable Acute Care Evaluation & Management (E/M) Visit

Acute or chronic condition that requires care in addition to the checkup:

- May be treated at the same time of the medical checkup, or
- Child may be referred.

Child's medical record must contain documentation of Medical necessity.

A separate claim is not indicated when treatment for an insignificant or trivial problem/abnormality does not require additional work.
Separate Identifiable Acute Care Evaluation & Management (E/M) Visit

Both the checkup and E/M visit may be reimbursed as a *NEW patient visit* if child meets new patient requirements.

Contact the MCO or TMHP for claims filing information.

- Appropriate diagnosis code
- Appropriate evaluation and management code
Texas Health Steps
Dental Checkup
THSteps Dental Services

THSteps dental services are benefits of Medicaid eligible children from birth through 20 years of age.

- Early detection and treatment of dental health problems.
- Oral health preventive services.
THSteps Dental

THSteps dental providers may provide medically necessary dental services:

- Emergency
- Diagnostic
- Preventive
- Therapeutic
- Orthodontic
First Dental Home

First Dental Home (FDH) is a package of dental services aimed at improving the oral health of children, ages 6 through 35 months, who have Medicaid benefits.

Goals

- Begin preventive dental services for very young children to decrease the occurrence of Early Childhood Caries (ECC).
- Provide simple and consistent oral health messages to parents and caregivers.
First Dental Home

Children ages 6 through 35 months of age may be referred at 6 months of age and receive services at:

- 3-month intervals based on their caries risk assessment.
- 6-month intervals thereafter through 3 years of age.
First Dental Home

Benefits

- Comprehensive oral examination.
- Oral hygiene instruction with primary caregiver.
- Dental prophylaxis.
- Topical fluoride application using fluoride varnish.
- Caries risk assessment.
- Dental anticipatory guidance.
First Dental Home providers must complete training and certification from DSHS.

Link to the online training at [http://www.txhealthsteps.com](http://www.txhealthsteps.com) and click on “Course Listing”, scroll down to Oral Health and then click on First Dental Home.

For more information on First Dental Home, link to [http://www.dshs.texas.gov/thsteps/FDH.shtml](http://www.dshs.texas.gov/thsteps/FDH.shtml)
Dental checkups and visits may be scheduled:

- At 6 months of age for preventive care.
- At more frequent intervals if in First Dental Home.
- At any age for appropriate therapeutic procedures or emergency dental services.
THSteps Dental

Exceptions to six-month periodicity for dental checkup services:

• Medically necessary.
• Required to meet federal or state requirements.
• Patient requests second opinion or service provider change.
THSteps Dental

Some services may require prior authorization.

Contact-
The appropriate dental managed care organization, or TMHP for further information.

Emergency and Trauma services-
- Prior authorization is not required.
- Contact the appropriate dental managed care organization or TMHP for further information.
Caries Risk Assessment (CRA)

- Prevention of childhood caries is a fundamental part of preventative dental care and it is crucial to oral health that Texas manages caries risk in our child population.
- HHSC made the decision to utilize Dental Quality Alliance (DQA) measures in 2017 so Texas would have nationally recognized standards for dental care.
Caries Risk Assessment (CRA)

- In order to implement the DQA sealant measure as part of its 2017 dental P4Q program, HHSC Quality Assurance (QA) initiated steps to track documented caries risk assessments.
- In order to track caries risk assessment results, providers append the CRA code to the oral evaluation on their claim form.
- The American Dental Association and the American Academy of Pediatric Dentistry support DQA measures and utilizing them would help Texas policy align with best practices and standards of care.
Caries Risk Assessment (CRA)

THSteps requires *caries risk assessment* and documentation to be included in all dental exams. Reimbursement for dental exams will be denied by Medicaid unless a caries risk assessment has properly been conducted, documented, and coded.

HHS offers training with step-by-step guidance about conducting and documenting caries risk assessment for patients ages 6 months through 20 years. Take the First Dental Home (FDH) training module for children 6 through 35 months old; and, the Promoting Oral Health through Caries Risk Assessment and Dental Anticipatory Guidance (OHCRA) for children 3 through 20 years old. **Both trainings provide links to all caries risk assessment forms and include documentation and billing information.**

To access the training modules, link to [http://www.txhealthsteps.com/cms](http://www.txhealthsteps.com/cms), select Find a Course>>, then scroll down to Oral Health.
Related Programs
Texas Vaccine for Children (TVFC)

THSteps providers are strongly encouraged to enroll in TVFC.

Vaccines available at no cost to providers.

To enroll, or for more provider information, go to
www.dshs.texas.gov/immunize/tvfc/default.shtm
Texas Vaccine for Children (TVFC)

Children birth through 18 years of age, who meet at least one of the following criteria, are eligible to receive TVFC vaccine from any TVFC-enrolled provider.

- Medicaid eligible
- Uninsured
- American Indian or Alaskan Native
- Underinsured
- Enrolled in CHIP
Texas Vaccine for Children (TVFC)

UNDERINSURED

A child who has commercial (private) health insurance, but:

• Coverage does not include vaccines;
• Insurance covers only selected vaccines (TVFC-eligible for non-covered vaccines only); or,
• Insurance caps vaccine coverage at a certain amount. (TVFC-eligible after amount reached)
ImmTrac Texas Immunization Registry

- State law requires that all providers must report.
- Child’s immunization information is stored electronically.
- Free Service.

One centralized system-
Consent is during birth registration process.

or
Completion of consent form.
Case Management for Children and Pregnant Women

Services

- Assist eligible clients in gaining access to medically necessary medical, social, educational and other services.
- Provides health related case management services to Medicaid eligible children and pregnant women.
- A Medicaid benefit and a component of THSteps services.
Case Management for Children and Pregnant Women

Eligibility

To be eligible for case management services, the client must:

- Be Medicaid-eligible in Texas.
- Be a child with a health condition/health risk or a pregnant woman with a high-risk condition (pregnant at time of enrollment).
- Need assistance in gaining access to the necessary medical, social, educational, and other services related to their health condition/health risk or high-risk condition.
- Desire case management services.
Case Management for Children and Pregnant Women

Who are Case Management Providers?
- Registered Nurses
- Licensed Social Workers

Where do they work?
- Nonprofit Agencies/Organizations
- Individual Owners
- Healthcare Clinics
- Schools & School Districts
- Rehabilitation Centers
Case Management for Children and Pregnant Women

What Are Case Management Services?

- Identifying needs of clients and their family; develop plan to address needs; follow-up with client and family to ensure needs have been addressed or resolved.
- Identifying strengths and challenges.
- Assisting with accessing, advocating for, and coordinating needed services.
- Empowering clients to find and access services they need.
- Delivering services in a culturally sensitive manner.
Identifying Strengths and Challenges-

- Encourage families to identify their own strengths.
- Identify barriers to addressing client needs.

Empowering clients-

- Encourage clients and families to become active participants.
- Educate clients so they are able to access services in the future.
Case Management for Children and Pregnant Women

Assist with Accessing, Advocating for, and Coordinating -

- Durable medical equipment and supplies.
- Referral to developmental and mental health services.
- Education/school services.
Case Management for Children and Pregnant Women

How does it differ from other CM programs/Care Coordination?

• Home Visits are usually conducted.
• Visits are Face-to-Face.
• Case Manager may attend school meetings with parent to advocate for client.
• The whole family is assessed, not just the client.
• Services are provided only if client currently has needs related to their health condition or health risk.
Making a Referral

www.dshs.texas.gov/caseman/default.shtml
Making a Referral

Call THSteps at 1-877-847-8377 or Fax CM Referral form to 512-533-3867
Case Management Referral Pad

• Designed for providers to make referrals for Case Management
• Order publication number 05-13916 at http://www.dshs.texas.gov/thsteps/THStepsCatalog.shtm
• Two-sided pad with 50 referral forms
Personal Care Services (PCS)

PCS is a Medicaid benefit that assists eligible clients who require assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs) because of a physical, cognitive or behavioral limitation related to their disability or chronic health condition.
Personal Care Services (PCS)

**ADLs**
- Bathing
- Locomotion or Mobility
- Dressing
- Eating
- Personal Hygiene
- Positioning
- Transferring
- Toileting

**IADLs**
- Grocery/Household Shopping
- Light Housework
- Laundry
- Meal Preparation
- Medication Assistance or Administration
- Escort or Assistance with Transportation Services
- Money Management
- Telephone Use or Other Communication

Assistance is provided by non-skilled attendants. Nursing tasks are not covered under Personal Care Services.
Personal Care Services (PCS)

Who can receive PCS?

Individuals who are:
• Younger than 21 years of age.
• Enrolled with Texas Medicaid.
  • Fee-for-Service (FFS)
  • STAR
• Have physical, cognitive, or behavioral limitations related to a disability, or chronic health condition that inhibits ability to accomplish ADLs and IADLs.
• Have parental barriers that prevent the client’s responsible adult from assisting the client.
Personal Care Services (PCS)

The following needs of the responsible adult are also considered:

- The responsible adult’s need to sleep, work, attend school, meet his/her own medical needs.
- The responsible adult’s legal obligation to care for, support, and meet the medical, education, and psychosocial needs of his/her other dependents.
- The responsible adult’s physical ability to perform the personal care services.
Personal Care Services (PCS)

Client Referrals

A client referral can be provided by anyone who recognizes a client need for PCS including, but not limited to, the following:

- Client or family member.
- A primary practitioner, primary care provider, or medical home.

DSHS social workers process referrals, assess clients, and submit prior authorizations to TMHP for services.

PCS/CFC Referral Line: 1-888-276-0702
Community First Choice (CFC)

Community First Choice (CFC) is a program that enables Texas Medicaid to provide the most cost effective approach to basic attendant and habilitation service delivery.

CFC is a Medicaid benefit that assists eligible clients who require assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs) because of a physical, cognitive or behavioral limitation related to their disability or chronic health condition.

It also helps with habilitation - teaching a person how to do everyday tasks without help.
Community First Choice (CFC)

Services

- Personal assistance services is assistance with activities of daily living (ADLs), instrumental activities of daily living (IADLs), and health-related tasks through hands-on assistance, supervision or cueing.

- Habilitation services is the acquisition, maintenance and enhancement of skills-training to accomplish ADLs, IADLs, and health-related tasks.

- Support Management provides voluntary training for individuals who want to choose to select, manage and dismiss their own attendants.

- Emergency Response System is a service for members who would otherwise require extensive routine supervision and who live alone, alone for significant parts of the day, or do not have regular caregivers for extended periods of time.
# Community First Choice (CFC)

## ADLs
- Bathing
- Locomotion or Mobility
- Dressing
- Eating
- Personal Hygiene
- Positioning
- Transferring
- Toileting

## IADLs
- Grocery/Household Shopping
- Light Housework
- Laundry
- Meal Preparation
- Medication Assistance or Administration
- Escort or Assistance with Transportation Services
- Money Management
- Telephone Use or Other Communication

Assistance is provided by non-skilled attendants. Nursing tasks are not covered under Community First Choice.
Community First Choice (CFC)

- CFC follows the same rules for parental barriers as PCS for attendant care services only.
- Parent barriers are not taken into consideration for habilitation services.
Community First Choice (CFC)

Who can receive CFC?

Individuals who are:

• Younger than 21 years of age.
• Enrolled with Texas Medicaid.
  • Fee-for-Service (FFS)
  • STAR
• Have physical, cognitive, or behavioral limitations related to a disability, or chronic health condition that inhibits ability to accomplish ADLs and IADLs.
• Require an institutional level of care, e.g.:
  o A nursing facility
  o An institution of mental disease
  o An intermediate care facility for individuals with an intellectual disability or related condition
Community First Choice (CFC)

Client Referrals

A client referral can be provided by anyone who recognizes a client need for CFC including, but not limited to, the following:

- Client or family member.
- A primary practitioner, primary care provider, or medical home.

DSHS social workers process referrals, assess clients, and submit prior authorizations to TMHP for services.

PCS/CFC Referral Line: 1-888-276-0702
Children with Special Health Care Needs (CSHCN)

Benefit Summary

The Children with Special Health Care Needs (CSHCN) Program serves:
• Children who have special health-care needs.
• Individuals of any age who have cystic fibrosis.

The program helps clients with their:
• Medical, dental and mental health care
• Drugs
• Special therapies
• Case Management
• Family Support Services
• Travel to health care visits
• Insurance premiums
Children with Special Health Care Needs (CSHCN)

Eligibility Summary

The program is available to anyone who-
• Lives in Texas (includes undocumented residents).
• Is under 21 years old (or any age with cystic fibrosis).
• Has a certain level of family income.
• Has a medical problem that-
  ▪ is expected to last at least 12 months.
  ▪ will limit one or more major life activities.
  ▪ needs more health care than children usually need.
  ▪ has physical symptoms*.

*This means that the program does not cover clients with only a mental, behavioral or emotional condition, or a delay in development.
Children with Special Health Care Needs (CSHCN)

Contact the CSHCN Services Program -

Mailing Address:
Children with Special Health Care Needs Services Program
Department of State Health Services, MC 1938
P.O. Box 149347
Austin, TX 78714-9347

Ask questions by phone:
CSHCN Inquiry Line toll free at 1-800-252-8023
512-776-7355 Austin
512-776-7565 Fax
Medical Transportation Program (MTP)

The Medical Transportation Program (MTP), under the direction of HHSC, arranges transportation for all children eligible for Medicaid, and children in the Children with Special Health Care Needs (CSHCN) Services Program. MTP is responsible for the prior authorization of all MTP services.

Clients can request transportation services by calling toll free:
- Statewide 1-877-633-8747
- Houston/Beaumont area 1-855-687-4786
- Dallas/Ft. Worth area 1-855-687-3255
The THSteps Provider Outreach Referral Service is utilized by THSteps providers who request outreach and follow-up on behalf of a THSteps patient. This service provides necessary outreach such as:

- Contacting a patient to schedule a follow-up appointment.
- Contacting a patient to reschedule a missed appointment.
- Contacting a patient to assist with scheduling transportation to the appointment.
- Contacting a patient for other outreach services.
THSteps Provider Outreach Referral Service

A THSteps provider may submit a request for patient outreach to the THSteps Special Services Unit (SSU) using the THSteps Provider Outreach Referral Form.

Once received, SSU will process each referral and attempt to respond to it in a timely and efficient manner.

Successfully contacted patients are:

- Assisted with scheduling or rescheduling an appointment and/or obtaining transportation to the appointment.
- Educated about the importance of keeping or canceling appointments when appropriate.
- Engaged in a problem-solving process to overcome barriers preventing them from keeping appointments.
# THSteps Provider Outreach Referral Service

**Texas Health Steps Provider Outreach Referral Form**

**FAX:** 512-533-3867

**Provider Information**

<table>
<thead>
<tr>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provider/Client Name:</td>
</tr>
<tr>
<td>Office Address:</td>
</tr>
<tr>
<td>City:</td>
</tr>
<tr>
<td>County:</td>
</tr>
<tr>
<td>Zip Code:</td>
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**Referral Service**

**Patient/Guardian Information**

<table>
<thead>
<tr>
<th>Language Preference:</th>
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</thead>
<tbody>
<tr>
<td>English</td>
</tr>
<tr>
<td>Spanish</td>
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**Patient #1 Information**

<table>
<thead>
<tr>
<th>Date of Birth:</th>
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<tbody>
<tr>
<td>Medical ID:</td>
</tr>
<tr>
<td>Appointment Type:</td>
</tr>
<tr>
<td>3 Steps Checkup</td>
</tr>
<tr>
<td>3 Steps Followup</td>
</tr>
<tr>
<td>Sick Visit</td>
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<tr>
<td>Other</td>
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**Reason for Referral (other than apply):**

<table>
<thead>
<tr>
<th>Follow up appointment for additional lab testing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provide updated patient address (Case Management Only)</td>
</tr>
<tr>
<td>Other, see comments</td>
</tr>
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**Outreach Services Results (SSU Use Only):**

<table>
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<th>Appointment scheduled, date</th>
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</thead>
<tbody>
<tr>
<td>Patient provided education about appointment site(s)</td>
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<tr>
<td>Patient assisted with transportation to appointment</td>
</tr>
<tr>
<td>Patient will contact provider directly</td>
</tr>
<tr>
<td>No action taken; patient declined assistance</td>
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<tr>
<td>Unable to locate patient, letter mailed to patient</td>
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<td>Other</td>
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**Patient #2 Information**

<table>
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CONFIDENTIALITY NOTICE: This fax and any pages transmitted with it are confidential and intended solely for the use of the individual or entity to which they are intended. If you are not the intended recipient, you are hereby notified that any use, disclosure, dissemination, distribution, copying, or taking of any action because of this information is strictly prohibited. Please notify the sender immediately if you receive this fax in error and destroy this fax and any pages transmitted with it.
THSteps Provider Outreach Referral Service

THSteps provider may submit the referral form by fax to the THSteps Special Services Unit (SSU) at: 512-533-3867

THSteps providers who have questions about the THSteps Provider Outreach Referral Service or need technical assistance with completion and submission of the referral form should contact their THSteps Provider Relations Representative.

Contact name and information can be found at: http://www.dshs.texas.gov/thsteps/regions.shtm
OPE offers more than 50 FREE online CE courses on a variety of preventive health topics that support the THSteps program.

http://www.txhealthsteps.com/
Online Provider Education (OPE)

The courses are available 24/7 and offer education covering:

• Best practices.
• Case-based evaluation and diagnostic training.
• Texas Health Steps preventive and screening services.
• Overall Medicaid benefits.
Online Provider Education (OPE)

The site also offers mobile-friendly quick courses and case studies. These 5-minute courses provide targeted instruction and up to date information on timely Medicaid topics.

Stay connected to OPE!
Sign up for OPE updates with GovDelivery
THSteps Resource Catalog

THSteps offers brochures, posters and other outreach resources, at no cost to Medical and Dental Providers, Schools, Community Based Organizations (CBO's), Case Managers and other THSteps Partners.

Materials cover a variety of topics, including:

- Medical or Dental Checkup
- Newborn Hearing Screening/TEHDI
- Medical Transportation Program
- Case Management for Children and Pregnant Women

http://www.dshs.texas.gov/thsteps/THStepsCatalog.shtm
Email a request to txmailhouse@maximus.com to receive a log in/password to place an order, or call 512-919-1623.

Include the following information:
1. Organization Name
2. Physical Street Address (Cannot ship to PO Box)
3. City, State, Zip Code
4. Contact Person
5. Telephone (With area code)
6. Email address (Email address is required to receive an online account to order publications)
Sign up for THSteps Alerts

You can sign up for email notifications that will let you know when information, forms, and/or documents on the THSteps internet have been updated. To begin receiving notifications, go to the HHS internet home page at https://hhs.texas.gov/ and click on Subscribe.
QUESTIONS?
Contact Information:

Texas Health Steps (THSteps) Provider Relations

Name:

Phone:

Email:

Revised Dec 2017