

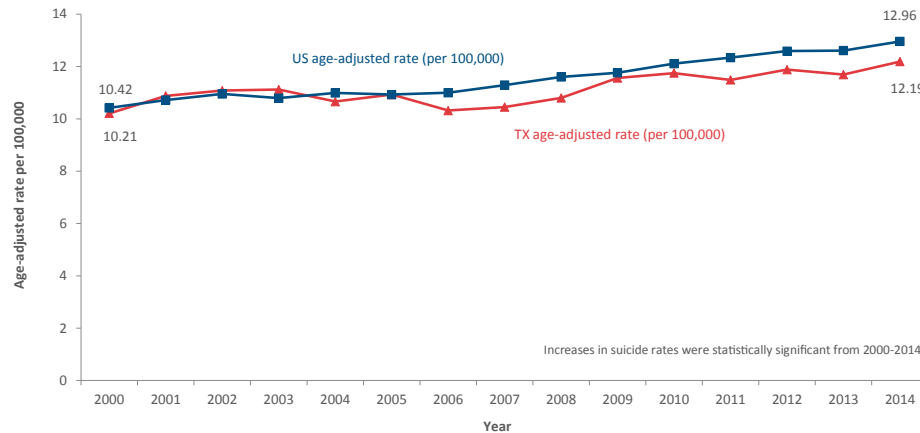
# TX Injury Data Brief



## Suicide trends and characteristics, Texas vs. United States

Suicide is a substantial and persistent public health issue in the United States (US) as well as Texas (TX). In 2014, suicide was the 10<sup>th</sup> leading cause of death in the US among all ages.<sup>1</sup> In both the US and TX, suicide was the second leading cause of death for people between the ages of 10-34 years.<sup>1</sup> Suicide, like all fatal and nonfatal injuries, is preventable. The following data brief summarizes the burden of suicide in Texas and describes which populations are at greatest risk.

Suicide trends, TX vs. US, 2000-2014

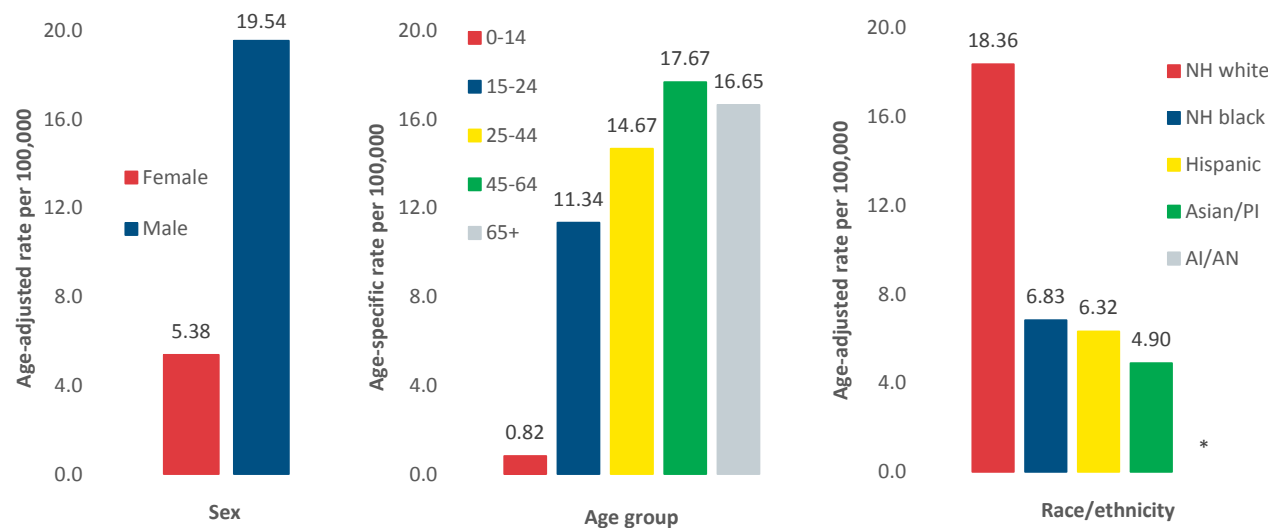


### Rates of suicide have increased over time

Suicide rates have increased in both the US and Texas from 2000-2014. In 2014, the rate of suicide was 12.96 per 100,000 in the US compared to 12.19 per 100,000 in Texas.

The rate of suicide in the US was greater than the rate of suicide in Texas in 2014.

Suicide demographic characteristics, TX, 2014



### Suicide rates are greatest among those who are male, middle-aged, and non-Hispanic white

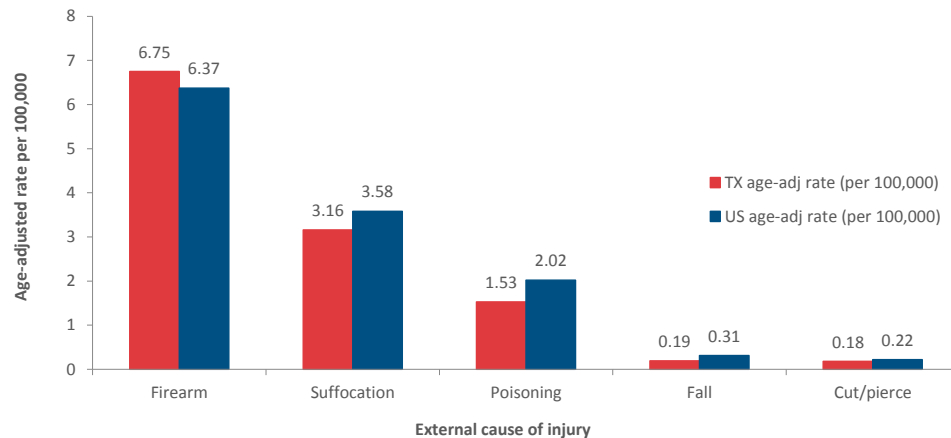
In 2014, rates of suicide in Texas were 3.6 times greater among males compared to females, 1.6 times greater among 45-64 year olds compared to 15-24 year olds, and 2.7 times greater among non-Hispanic whites compared to non-Hispanic blacks.

**Abbreviations:**

- NH = non-Hispanic
- PI = Pacific Islander
- Age-adj = age-adjusted
- AN = Alaska Native
- AI = American Indian

Rates based on 20 or fewer deaths are not calculated due to lack of reliability (\*).

### Rate of suicide by external cause of injury, TX vs. US, 2014

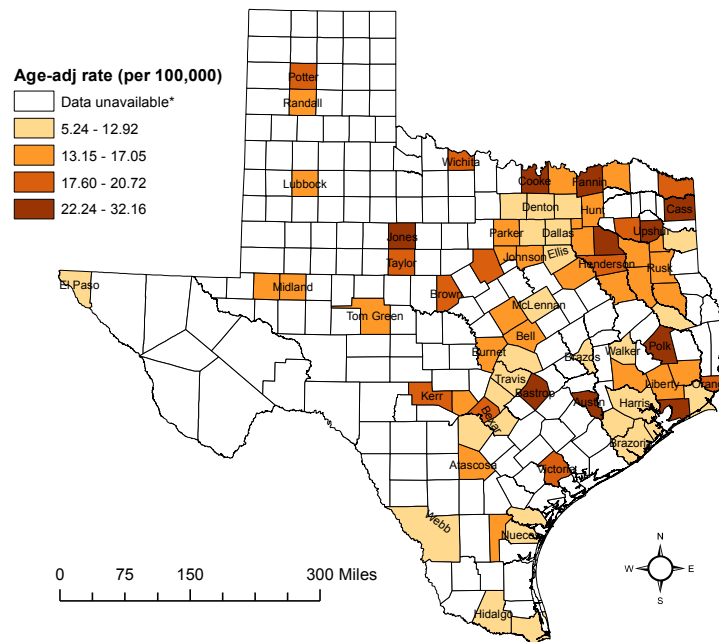


### Firearm suicide rates are greater in TX compared to the US

In 2014, firearm was the leading causes of suicide in both Texas and the US. The rate of firearm suicide was 6.75 per 100,000 in Texas vs. 6.37 per 100,000 in the US. The US had higher rates of suicide for most other leading external causes.

Suffocation and poisoning were the second and third leading causes of suicide, respectively.

### Suicide rates\* by county, TX, 2012-2014



### Suicide rates differ by county in Texas

The overall suicide rate in Texas was 11.92 per 100,000 from 2012-2014. County suicide rates ranged from 5.24 per 100,000 to 32.16 per 100,000.

Texas counties with suicide rates more than twice the statewide rate included: Jones, Cass, Cooke, and Upshur. Webb County had a suicide rate less than half the statewide rate.

**Suicide prevention resources:**  
 - National Suicide Prevention Life-line: 800-273-TALK (8255).  
 Confidential online chat: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).  
 - Trevor Hotline for LGBTQ youth: 866-488-7386  
 - Red Nacional de Prevencion del Suicidio: 888-628-9454

**Data source:**  
 CDC WONDER; CDC WISQARS

1 Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) [online]. (2014) [cited 2016 June 27]. Available from URL: [www.cdc.gov/injury/wisqars](http://www.cdc.gov/injury/wisqars)